

**FREE**

calls and texts to  
mobiles on our  
network  
see pp 8, 16, 17, 19

# THE *PORTUGAL* News

Portugal's *National* Newspaper in English

**PUZZLE  
PAGE**

on P. 34 - Sudoku  
Prize Crossword  
Spot the Difference  
Codeword  
Word Search

13 Nov 2010 • Edition N° 1087 • €1.50 inc. IVA • Publisher: Paul Allen-Luckman • Editor: Brendan de Beer • [www.theportugalnews.com](http://www.theportugalnews.com)

## Inconsistent weather patterns continue

Portugal suffered a wetter and warmer than average October this year, according to data released by the Portuguese Met Office. (See Page 4)

## Car club slams Galp's low-cost prices

Portuguese Automobile Club ACP this week lifted the lid on fuel that Galp sells at its so-called 'low cost' Galp Base station in Setúbal, claiming international tests have shown it is the same as any other fuel sold in other petrol stations. (See Page 6)

## Portuguese 'OK' with life in general

A new report by the UN has revealed that while the majority of Portuguese are satisfied with their jobs and personal health, more than half of the population are not happy with their daily routines. (See Page 8)

## Doing business gets easier in Portugal

Doing business in Portugal is becoming increasingly easier according to an annual global report, which compares the business practices and procedures of around 183 countries across the world. (See Page 13)

## Tame Benfica thrashed by brilliant FC Porto

Defending Portuguese champions looked anything like the country's best football team over the weekend as they were systematically taken apart by bitter rivals FC Porto in a 5-0 drubbing. (See Page 64)

## Weekend weather

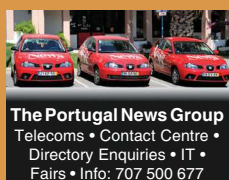
**Lisbon:** Rain is set to make a return this weekend in the capital. The weather will clear at the start of the week, though thermometers are set to resemble wintery conditions with minimums falling to single-figures. **Algarve:** Rain is forecast in the south this Sunday, but as is the case in Lisbon, the clearing skies will bring with them colder temperatures with maximums not expected to pass the 15-degree mark on Monday and Tuesday. **North:** The north will be cold and wet, with thermometers struggling to pass 13 degrees.



## Home Insurance

underwritten  
by Lloyds of  
London  
see p.20

up to  
**40%**  
off



**The Portugal News Group**  
Telecoms • Contact Centre •  
Directory Enquiries • IT •  
Fairs • Info: 707 500 677

**directory  
enquiries  
in English**

**760 50 60 70**



## Town halls across the country reduce Christmas decorations to the bare minimum

# LIGHTS OUT

Full story, see page 2



THE PORTUGAL News



ANGLOPRESS  
Edições e  
Publicidade, Lda

Copyright ©2005 Anglo Press Lda. The Portugal News is part of the Portugal News Group established 1977. Depósito Legal Nº 80258/94

### Contacts

**Postal Address:** Apt 13 • 8401-901 • Lagoa  
**Courier:** Rua Município de S. Domingos • Urb. Lagoa Sol • Lote 3 r/c • 8400-415 Lagoa  
**Tel:** 707 500 655 (+351 282 341 100)  
**Newsdesk:** 707 500 655 (+351 282 380 313)  
**Sales:** 707 500 677 (+351 282 380 310)  
**Classified:** 707 500 646 (+351 282 380 315)  
**Fax:** Gen 707 941 201 (+351 282 341 201)  
**Sales:** 707 942 053 (+351 282 352 053)  
**Email:** info@theportugalnews.com  
sales@theportugalnews.com  
**Web:** www.theportugalnews.com

### Print & Distribution

**Printers:** MIRANDELA Gráfica, Lisbon  
**Tiragem:** 20,878 copies this week  
**Distributors:** VASP  
**Member of:** apct audited circulation

### Production

**Publisher:** Paul Luckman • publisher@theportugalnews.com  
**Editor:** Brendan de Beer • newsdesk@theportugalnews.com  
**Production:** Madeline Luckman • copy@theportugalnews.com  
**Journalists:** Carrie-Marie Bratley  
Eloise Walton

**Photos:** LUSA • Press Association • Portugal News

### Sales Team

**Bella Talhadas** 914 393 736 • 707 500 677  
Sales Manager  
**Marilyn Holmes** 914 863 604  
Area Manager  
**Tom Chapman** 912 583 188  
Area Manager  
**Debbie Santos** 919 421 869  
Area Manager  
**Angela Bell** 938 344 920  
Area Manager  
**Steve Goodwin** 938 384 829  
Area Manager  
**Sales Administrator** 916 643 236 (Sónia Seixas)

www.theportugalnews.com

NEWS ONLINE

click on these icons at  
www.theportugalnews.com

Add your events

Event Calendar

add YOUR event or see what's on



**TRAVEL PAGE**  
Airline links,  
Travel news, Live  
arrival and  
departures,  
On-line tickets.



**HISTORY PAGES**  
Turn back the  
clock and see  
what the Al-  
garve was like  
20-30 years ago.



**PROPERTY SEARCH**  
Hundreds of  
properties to see,  
classified by Price  
Range.

facebook

FAN PAGE

twitter

### Support

**Accounts:** Gaby Rodrigues  
**Subscriptions:** Samantha Hoather

### Subscriptions

52 editions of The Portugal News. cost €67.50 (Portugal), €135 (Europe) or €210 (World Airmail). Send your name and address plus cheque or credit card details to Apt 13, 8401-901 Lagoa or email sam@theportugalnews.com. Queries, please call 707 500 655.

### Newsletters

To subscribe to our free weekly newsletters, sent by email every Friday please email Becky@theportugalnews.com

### Disclaimer

Although we do everything possible to ensure the integrity and suitability of advertisements in The Portugal News, ANGLOPRESS Edições e Publicidade Lda, The Portugal News, its employees or representatives cannot accept any responsibility for claims made by advertisers in their publicity, and cannot become involved in any disputes or litigation, howsoever arising.

# Lights out

Brendan de Beer

While the Portuguese capital is by far the biggest spender on decorations this year with a budget of €846,000, this total is around 20% under what was spent in 2009.

Lisbon's famous giant Christmas tree, once Europe's biggest, which is usually erected at the top of the Parque Eduardo XII, is another victim of the crisis and will this year not be looking down at the statue of Marquês de Pombal or the Tagus River in the distance.

Cascais, arguably the nation's wealthiest council per capita, has slashed its budget by 68% to a figure of just €70,000.

In Oporto, the cuts are in the region of 70%, falling from a figure last year that topped €300,000 to one in 2010 that will struggle past €100,000. The cut is even more notable when com-

pared with spending two years ago, when €500,000 was used from coffers containing revenue obtained from council taxes to decorate the city.

Albufeira, renowned in the Algarve for its extravagance in years gone by in celebrating Christmas and New Year, will only be spending a quarter of what it did 12 months ago, with a budget this year of €70,000.

The decision has been explained to constituents as being one of necessity, with Mayor Desidério Silva saying his priorities lie elsewhere, such as in areas of social welfare for Albufeira residents and education.

Lights in this Algarve city will be switched on during the first few days of December the mayor was reported as saying this week.

The crisis has taken its toll on Christmas in a number of areas this festive season. While shoppers are cutting back on their expenditure on gifts, town halls across the country have imposed widespread cuts on Christmas decorations. Some cities have even elected not to adorn their streets with any lights at all, as was the case in Benavente, outside Santarém, where a Facebook page calling for no decorations whatsoever was enough to convince the council to opt for a Christmas blackout. Similarly, even sprawling metropolitan areas, such as Loures and Palmela will not be spending a cent on decorations this festive season.

In cash-strapped Faro, cuts on Christmas lights amount to 40% of last year's expenditure, having in 2009 already halved the festive season spending in relation to the year before.

Faro Mayor Macário Correia admitted that he will look at additional cuts in 2011, saying that limiting decorations to the town square is a distinct possibility, a scenario which is already a reality for a number of towns and villages this year.

Unperturbed at a potential backlash from constituents accustomed to a party atmosphere in the Algarve capital, Macário Correia told Lusa News Agency

it is "more important to feed the hungry than it is to spend money on fireworks".

Portimão, however, as has become customary in recent years, is looking to defy the adverse effects of the crisis, saying it has maintained its budget at €200,000, which is double that of much bigger cities such as Oporto and Coimbra.

The town hall has justified its apparent lavishness by explaining the money will not be spent uniquely on decorations, but will also be used in organising events in downtown Portimão in support of small traders and traditional stores.

# Businesses pull out all stops to encourage seasonal spending

Carrie-Marie Bratley

Town Halls across the country may have slashed their budgets for Christmas trimmings, but business associations from key areas of Portugal have taken it upon themselves to pull out all stops to entice reluctant spenders to visit and shop in places of traditional commerce such as downtown Lisbon and Oporto's city centre.

Street entertainment, public shows, cheaper parking and lots of discounts are the tactics being applied to attract Christmas-shoppers to areas of traditional commerce.

It is hoped that by implementing the attractions it will in some way help ease the tightening of purse-strings expected for the upcoming festive season.

"We have been developing an entertainment plan for the city to captivate people so they'll choose traditional outlets for their shopping", said Nuno Camilo, president of the Oporto Traders' Association.

He added that, in his opinion, local shop owners "are of the perception that, with unemployment rising and the general cost of living going up next year, there will be a reduction in consumption".

"The solution that we have been defending for a long time is that people should buy, especially national products, to increase employment in Portugal and in turn increase the flow of commercial transactions."

Downtown Lisbon is also to invest in street entertainment to attract shoppers.

Manuel Sousa Lopes, president of the Baixa's Traders' Association, told Lusa News Agency, "The association is preparing some events in collaboration with Lisbon Town Hall to, as well as having lights, also have entertainment to attract shoppers".

In Setúbal entertainment will take place mainly in the city's historic areas, organised in cooperation with cultural entities.

"We are going to prepare vari-

ous street shows for the month of December to draw in consumers and to ease feeling the effects of measures like the rise in tax, which will lower spending power", said Francisco Carriço, head of the Setúbal Traders' Association, echoing the views of his counterparts.

However, in the Algarve, the mood seems to be one of defeat and helplessness.

"Traders are feeling impatient", said João Rosado, president of the Regional Algarve Association for Commerce and Services.

"Given the current set of economic circumstances, competition from large retail centres, cutbacks in investment from local councils for livening up city centres and Christmas lights, these factors make the prospects for this Christmas very worrying", he concluded.

João Rosado added that, taking into account "commerce is fighting for survival, not only for sustenance", the most affected sectors will be those that are in competition with large retail centres, from restaurants to footwear and clothing shops.

Another concern is "the opening of hypermarkets on Sunday [afternoons] will also cause a reduction in [local] shopping this Christmas".

Meanwhile consumer support associations within the financial sector have guaranteed that this Christmas will be one of frugality.

While in some cases, because of the economic circumstances, people are becoming thrifter and more responsible with their spending, other more impulsive citizens who are caught up by the trappings and trimmings of Christmas, may opt to take out another instant loan or use their credit card and spend money that, in reality, they don't have.

Associations such as consumer rights watchdog DECO and the Association for Institutions of Specialised Credit (ASFAC) told Lusa that many

families over the past years have become embedded in debt and end up having to ask for help in resolving the problem.

"If people intend giving presents then they should make a list with the names of people they are going to give a gift to, stipulate a budget and try to find gifts within the price-range they have set", recommended Natália Nunes, coordinator of DECO's debt-advice bureau.

Speaking to Lusa News Agency, ASFAC gave exactly the same advice and urged those who are not in a position to offer gifts to "just give affection" as "that is the essence of Christmas".

Susana Albuquerque, ASFAC Secretary General revealed: "This year we have verified a drop in families taking out loans, which shows responsibility in the matter. This data leads us to predict that, during the third quarter [of this year] there will not be a significant rise in families resorting to credit, particularly if we take into account that the imminent future will be one of making savings."

DECO reinforced that theory by explaining many families have changed their spending habits and savings have increased.

In some cases, families are making their own presents to give. In other cases, where priority is given to children and presents are bought, promotions and discounts offered in hypermarkets are taken advantage of.

In related news, it has been calculated that this year Portuguese consumers will spend an average of €575 this Christmas, a six percent reduction in comparison to last year.

The findings were made in a study by consultancy company Deloitte, released this week.

Deloitte concluded that financial difficulties and austerity measures adopted by the Government have caused the Portuguese to reduce their festive season budget. Nonetheless, Portugal's Christmas-budget-restrict-

tions have been inferior to those experienced in other countries, namely Greece and Ireland.

According to the Xmas Survey 2010, capping on festive expenditure in Greece and Ireland saw budgets fall by 21 percent and 11 percent respectively.

Deloitte says that the reduction on spending in Portugal is not as acute as in other countries because of "the importance of the festive season in this country."

Despite Portugal being the country where pessimism regarding the economy has most grown, consumerism during the festive period seems to be based on "greater emotionality or lesser economic rationality", Sérgio Oliveira, associate partner of Deloitte explained to Lusa News Agency.

The 2010 Xmas survey is Deloitte's 13th survey of year-end, holiday season purchasing intentions among European consumers. The survey covered 19 countries this year, including in particular countries directly affected by severe budget rationalization measures such as Greece, Ireland, the United Kingdom and Spain, as well as Portugal.

Over the last two weeks of September a broad representative sample of consumers (20,655 respondents) were questioned about their frame of mind and planned expenditure on gifts, extra food for festive meals and out-of-home entertainment and leisure.

Three out of four Portuguese said they would start their Christmas shopping earlier this year, to make the most of promotions and sales, as well as trying out more 'in-named brand' products.

Just one in ten Portuguese said they would buy Christmas presents without worrying about prices.

In 2007 the Portuguese said they allocated more than half of their Christmas budget towards presents, approximately €275, while this year the allocated amount increased to two thirds of the budget, to €375.





## THE SUPERMARKET OF CHOICE

As a family run supermarket, we pride ourselves in bringing you a vast array of over 30,000 products, 22,000 of which are imported from more than 40 countries across the globe.

We import directly from our producers enabling us to provide you with all your favourite products at competitive prices.

Make Apolónia your first choice.

Your number one, home from home, one stop shop.

So come and really see the difference . . . TAKE A FRESH LOOK

### ALMANCIL STORE

Av. 5 de Outubro 271

Almancil

Tel 289 351 440

37° 05' 32.65" N | 8° 02' 22.76" W

### GALÉ STORE

Sítio Vale do Rabelho

Guia

Albufeira

Tel 289 583 950

37° 04' 57.49" N | 8° 18' 44.84" W

[www.apolonia.com](http://www.apolonia.com)





A big wave crashes into a lighthouse in Foz do Douro near Oporto on 9 November. The Civil Protection Authority declared a red alert on the north coast due to strong winds and big waves. (Photo: Lusa / Estela Silva)

## Inconsistent weather patterns continue

Portugal suffered a wetter and warmer than average October this year, according to data released by the Portuguese Met Office (IM).

According to the Met Office, the average rainfall in mainland Portugal was higher than normal (taken from measurements between 1971 and 2000), with a difference of 53.1 millimetres.

The wettest days were 3 and 4 October in northern Portugal and 8, 10, 29 and 31 October in the rest of the country. Rainfall on the island of Madeira was 94.6 millimetres above the average for the month.

The air temperature on the mainland was just below average throughout the month, although it was above average in the Azores and in Madeira.

According to the Met Office's drought monitor, on 31 October, the drought situation that covered most of the country the previous month lessened and ended in many parts of Portugal. A total of 40 percent of the country is under a period of light rain, 34 percent is under normal conditions and 26 percent is suffering mild drought.

The drought index, which is measured on a scale of nine levels between extreme rain and extreme drought, does not correspond to the hydrological or agricultural droughts. This is due to the time lapse between meteorological and hydrological values as it takes time for rainwater to replenish water sources after it has fallen.

This follows a report published last month which, after news that July had been the hottest since 1931, it was revealed that the summer of 2010, taking into account the months of June, July and August, was the hottest for 79 years.

This past summer, according to the Met Office, witnessed average temperatures of 23°C on mainland Portugal, which is 1.7°C above the average for the reference period, which is 1971 to 2000.

Average maximum temperatures this past summer were 30°C, which is a staggering 2.5°C above what the Met Office considers normal, while thermometers sat at an average minimum of 15.9°C, which is 1°C above what weathermen would expect for that time of the year.

Thermometers exceeded 35°C in all districts of the country, with the Alentejo reporting 50 out of 90 days where temperatures were closer to 40°C than they were to 30°C.

In July, the Algarve reported record numbers of tropical nights which occurs when minimum temperatures fail to fall beneath 20°C.

July was also particularly hot, with average temperatures of 31.75°C being 3°C above normal.

Last December, the Met Office revealed that Portugal has warmed by 1.2 degrees Celsius over the past few decades and is increasingly prone to extreme weather patterns such as heavy rains, heatwaves and extended cold snaps.

"Extreme phenomena could occur with greater frequency than they have in the past. We are constantly setting new records for the hottest summers", predicted the president of the National Met Office, Adérito Serrão.

Earlier this year, the Met Office said last winter had been the wettest since 1870 in Lisbon.

Not surprisingly, flood-ravaged Madeira also managed to beat all existing rainfall records, which were first compiled on the island in 1865.

## LE MERIDIEN PENINA GOLF & RESORT



Le MERIDIEN

### EVENTOS DE NATAL PARA EMPRESAS

A PARTIR DE € 24 POR PESSOA, COM BEBIDAS INCLUÍDAS

Para reservas confirmadas até 30 de Novembro, oferecemos o Aperitivo de Boas-Vindas (Espumante, sumo de laranja e frutos secos)

### CORPORATE CHRISTMAS EVENTS

STARTING FROM € 24 PER PERSON, BEVERAGES INCLUDED

For reservations confirmed until 30th November, the Welcome drink is included (Sparkling wine, Orange juice and dry snacks)

Contacte-nos para mais informações e reservas.

Contact us for further information and bookings.

T + 351 282 420 200

### REVEILLON

Menus de Fim de Ano já disponíveis no nosso site.

New Years Eve Menus available on our Website.

[www.lemeridienpenina.com](http://www.lemeridienpenina.com)

LE MERIDIEN  
PENINA GOLF & RESORT

N 37°9' W 8°34'

**Holy Communion with  
Act of Remembrance**  
with Bishop John Ellison  
Sunday 10.30 • 14th November  
Community Centre • ALMANCIL

**ALL Saints**  
(ASCA - Associação Social e Cultural de Alcantil)

For directions, call  
282 380 311 any time

ANGLICAN CHURCH





**How much risk are you willing to accept when investing? Would you like a professional eye on your situation so that you are in a better position to invest in harmony with your attitude to risk?**

For one thing, risk management comprises clarification of risk appetite, for another risk diversification suitable to your situation. The object is to manage risk in the best possible way

on the basis of your expectations – and we can offer you several solutions.

Visit [jyskebank.gi/products](http://jyskebank.gi/products) or call an adviser direct.

**JYSKE BANK (GIBRALTAR) LTD.** • Private Banking  
76, Main Street • P.O. Box 143 • Gibraltar  
Tel. +350 200 72782 • Fax +350 200 76782  
[info@jyskebank.gi](mailto:info@jyskebank.gi) • [www.jyskebank.gi](http://www.jyskebank.gi)

Jyske Bank (Gibraltar) Ltd. is licensed by the Financial Services Commission, Licence No. FSC 001 00B. Services and products are not available to everybody, for instance not to residents of the US.

 **JYSKE BANK**  
PRIVATE BANKING

## Car club slams Galp's low-cost prices



Portuguese Automobile Club ACP this week lifted the lid on fuel that Galp sells at its so-called 'low cost' Galp Base station in Setúbal, claiming international tests have shown it is the same as any other fuel sold in other petrol stations.



Prime Minister José Sócrates during a visit to the Galp refinery in Sines on 14 May. (Photo: Lusa / Tigao Canhoto)

Galp originally claimed that the fuel could be sold at a lower price due to the absence of additives, though this was allegedly contradicted by the tests.

"Laboratory tests prove that the ACP is right: fuels sold at the Setúbal Galp Base station have additives and therefore quashes the justification given by Galp for the lower prices", a statement released from the ACP this week read.

The car club further revealed that on Monday it submitted a response to the lawsuit brought against the ACP by Galp, which was announced in Parliament in October, and added that the as-

sociation is now defending itself "from this unprecedented attack on its role in society".

After Galp announced it would be opening a low-cost petrol station in Setúbal the ACP warned the public of indications of price-fixing and reported the situation to the European Commission in September.

Addressing the affair, three weeks ago Manuel Sebastião, head of the Portuguese Competition Authority (AdC), said the introduction of no-brand products as well as more expensive options "proves that the market is working and so is the competition."

## E.Leclerc counts the cost of the crisis in the Algarve

Carrie-Marie Bratley

The E.Leclerc supermarket in Parchal, Lagoa, will be closing its doors for good on 19 November, after profits plummeted by nearly half in the three years that the store has been open.

In recent weeks discounts of up to 80 percent have been placed on hundreds of products, prompting suspicions that the reductions are in fact part of a massive clearance sale ahead of imminent closure.

A statement sent to **The Portugal News** from the group's administration board confirmed these rumours: "The E.Leclerc Lagoa store will close on 19 November due to a 42 percent reduction in revenue, since its opening in 2007 until now."

Struggling tourism as well as unemployment are two causes blamed for the store's poor performance.

"The tourism sector has been significantly affected by the crisis and unemployment in the Algarve is higher than the national average, two factors affect citizens' buying power", the statement read.

E.Leclerc said it was, however,

taking the necessary steps to ensure the employment of its workers.

"With the aim of supporting its employees, E.Leclerc's administration has been in contact with the Regional Board of Employment and Professional Training Institute, in advance, and its employees are already enrolled in recruitment procedures, being able to find new jobs in a short space of time."

"Clients are encouraged to go to the E.Leclerc store in Portimão, which is just five minutes' away and has been expanded. In Portimão clients will find a bazaar area, a space [dedicated to] electrical goods, and a fuel station with the lowest prices in the region."

It is thought more than 30 employees will be affected by the closure, along with around half a dozen other independent businesses located within the store, which will also reportedly close.

These include a hair dressing salon belonging to the Victor Picardo group, a pet shop and a paper shop.

## British man and woman arrested over kidnapping and 'torture' of Scotsman



A British man and woman have been arrested by Algarve police in connection with the kidnapping and torturing of a Scottish citizen over an unpaid drugs debt.

PJ police made the arrests in the Algarve as part of an ongoing investigation into the crime.

Last month news emerged that a Scottish citizen, identified as James Ross, 26, reportedly a married father-of-two from Wicks, Caithness, had been kidnapped by a group of Brits. He is believed to have been abducted immediately after landing at Faro Airport on 5 October and was held for nearly two weeks in Boliqueime.

It has been suggested that Mr. Ross was lured to the Algarve with the offer of carrying out

physical labour to pay off his drug debt.

PJ police initially arrested four British men in relation to the incident, aged between 20 and 50, all resident in the Algarve and all of whom had criminal records and were known to the police. The suspects were identified in reports as John Mclean, Terrence MacGurk, Calum McAleod and Ronnie Rose.

This week a source close to the investigation told Lusa News Agency that recently a 57-year-old man had been arrested and charged with crimes relating to

kidnapping and drug-dealing, and had been heard in Lisbon's Central Criminal Court (TCIC).

Pending trial the suspect is being held in police custody.

Under police instruction the woman has been prohibited from making contact with other suspects related to the case. She is also believed to have been arrested.

The arrests were made by the PJ's National Unit Against Terrorism (UNCT). A "sophisticated" laboratory used to produce and dry cannabis in Montijo, near Pinhal Novo, was also dis-

mantled as a result of the investigation. The drugs were believed to be intended for international distribution.

The case dates back to last month, when Scottish citizen James Ross was found alive after being kidnapped by a gang of British citizens in the Algarve. Having been alerted to his disappearance Portuguese police were about to launch a murder investigation following concerns for his welfare.

Mr. Ross had been held by the gang for 13 days and tortured, allegedly over an unpaid drug debt said to have been in the region of £10,000. After managing to escape he was found to have had an ear, fingers and toes amputated, as well as having suffered extensive physical abuse.

LOVE MUSIC, LOVE

DEPT. COMERCIAL: Tel: (+351) 289 587 705  
info@kissfmalgarve.com  
Listen Live: www.kissfmalgarve.com

KISS FM  
Rua do Pacifico  
Lote 25  
Cerro Alagoa  
8200-166  
Albufeira

BETO FITNESS CLUB

• ginasio body combat • body pump • rpm • localizada • staff simpático e dedicado  
• acompanhamento constante • banho turco • zona de lounge

www.betofitnessclub.com 282 419 950



# Casa Pia trial could reopen due to alleged 'null' verdict

One of Portugal's most publicised trials, the Casa Pia paedophile case, could be reopened according to defence lawyer Ricardo Sá Fernandes, after the Public Prosecutor's Office agreed that part of the verdict was in fact null and void.

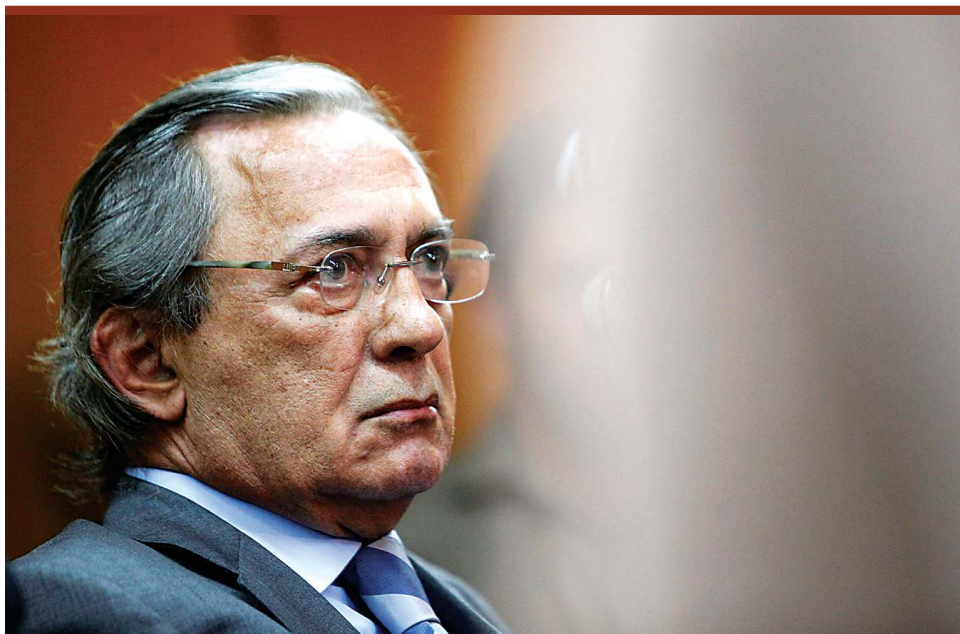
Speaking to Lusa News Agency, Mr. Fernandes, lawyer for the former television presenter Carlos Cruz said that the court through "error" or other reasons, did not tell his client that the crime of abuse of which he was accused in Elvas was not committed on a Saturday afternoon after all as the prosecutors said, but on a weekday.

"This alteration was never communicated to Carlos Cruz and it should have been. As it was not, it makes the verdict null and

void, meaning that the trial should be reopened," said the lawyer, adding that there is "a high probability" that that part of the trial will be reopened for new evidence to be produced and a new verdict.

According to Mr. Fernandes, a change in the facts that occurred in Elvas also has implications for lawyer Hugo Marçal and ex-Casa Pia driver Carlos Silvino, both of whom were tried for inciting prostitution.

The Casa Pia case, which dealt with the sexual abuse of minors in one of Portugal's most renowned children's homes, lasted six years, with a verdict that condemned six out of the seven suspects to prison sentences and the paying of compensation to their victims. Carlos Cruz was sentenced to seven years in prison.



Carlos Cruz during a press conference on 3 September. (Photo: Lusa / José Sena Goulão)

## Germany refuses to extradite Algarve murder suspect



Germany has rejected a request from Portugal to extradite presumed double murderer Gunnar Dorries, who is a German national, and who is believed to have murdered an Angolan woman and their daughter in the Algarve in July this year.

Munich Public Prosecutor Joachim Ettenhofer told Lusa News Agency "we have decided that the trial should be carried out in Germany as there are means of gathering evidence here as well as in Portugal and the same goes for the witnesses and the case's background".

The decision regarding the request from the Portuguese justice system, made around four months ago, was pronounced last week by the Munich Public Prosecutor's office. A start date for the trial has not yet been scheduled as investigations are still ongoing.

The suspect initially appealed against the extradition request via his German lawyer Sascha Petzold, because of the different languages but also so as his family could continue to visit him in jail.

In Germany the suspect could

face a maximum sentence of life, which in reality could be as little as 15 years, but could be held indefinitely if he is still considered a danger to society. In Portugal the maximum sentence the suspect would face is 25 years in jail.

Dorries, a 43-year-old engineer is believed to have killed Angolan Georgina Zito, with whom he was having an affair despite living with another woman, while they were on holiday in Lagos. He is also believed to have killed his and Zito's 21-month-old daughter Alexandra.

As far as German and Portuguese police are aware the suspect travelled to Portugal on 6 July 2010 accompanied by Georgina Zito, an Angolan national residing in Stuttgart, and their daughter Alexandra. They were staying in a hotel in Lagos.

On 10 July he is believed to have dragged Georgina into the sea

on Canavial beach, where he drowned her, trying to make it look like an accident. He is believed to have then fled the scene, carrying Alexandra, who has been missing ever since.

He arrived back at the hotel hours later without his daughter, and on 13 July he travelled to Lisbon in a rented vehicle, from where he caught a flight back to Munich.

On 15 July a German police officer from a special command unit detained Dorries in his apartment after a European warrant for his arrest was issued by Portuguese authorities.

Since then he has been held in police custody and has been interrogated several times about the whereabouts of his daughter, though he refuses to disclose any further information.

Nevertheless he did say that the child was still alive the last time he saw her and claims that he handed her over to a couple of tourists in the Algarve. Both German and Portuguese police have carried out searches in the areas that he indicated in his statements though found no leads. Police now assume she is dead.

## PJ arrest suspected fuel station robber

Criminal investigation police (PJ) have arrested a 39 year-old man on suspicion of carrying out armed robberies on two petrol stations along the A22 motorway in August 2009.

According to a statement re-

leased by the PJ on Wednesday, the suspect "threatened staff at the petrol stations with a firearm in order to obtain cash from the tills."

The firearm used in the crimes was found during a po-

lice search of the suspect's house. Following a court appearance, the suspect has been released pending trial, although he must present himself three times a week at a police station.

## overseas legal

law offices

### our services

To provide 24/7 legal support, through our dedicated emergency helpline for expatriates.

Bureaucratic mediation between expatriates and Portuguese Authorities.

Incorporation of Companies; Corporate and Business law.

Real Estate, Construction and Planning

Family and Inheritance Law.

Tax Law.

### head office

Av. de Berna - nº 46 - 4º Esq.  
1950-042 Lisboa  
phone (+351) 919 300 160  
fax (+351) 217 958 349  
email legal@overseas.pt  
website www.overseas.pt

### Algarve office

R. Município de São Domingos  
Lote 3 r/c 8400-415 Lagoa  
fax (+351) 282 380 308

### Other office

Central Portugal - Tomar

Call us to schedule a meeting.

**Emergency helpline**  
(+351) 937 084 995  
World Telecom SPEAK FREELY  
clients can call free of charge

Wealth Management  
Tax Mitigation  
Estate Planning  
Trustee Services  
Retirement Benefit Solutions

unique solutions for tax and private wealth



**BLEVINSFRANKS**  
www.blevinsfranks.com

## Investment solutions for preserving your wealth

contact Gavin Scott SENIOR PARTNER gavin.scott@blevinsfranks.com  
Adrian Hook PARTNER adrian.hook@blevinsfranks.com

289 350 150

Blevins Franks Financial Management Limited is authorised and regulated by the UK Financial Services Authority only for the conduct of investment and pension business. Blevins Franks Trustees Limited is authorised and regulated by the Malta Financial Services Authority for the administration of trusts and companies. Blevins Franks Tax Limited only gives taxation advice; all of the advisers are fully qualified tax advisers.





# Portugal rally rakes in €85 million



The 2010 Portugal rally brought in more than €85 million in revenue to the country's tourism industry, an amount only surpassed by the Euro 2004 football event, according to a study revealed by the national automobile club (ACP)



The winners of the 2010 FIA Rally of Portugal, pilot Sebastien Ogier of the Citroën Junior team, at the end of the final stage at Algarve Stadium, Almancil 30 May. (Photo: Lusa / Luis Forra)

According to the study carried out by the international investigation for territory and tourism and the University of the Algarve, "more than €50 million was made in direct expenditure, such as accommodation and meals" in the lower

Alentejo and Algarve regions during the event held between 27 and 30 May.

Indirectly, around €35 million was made from media coverage of the event in the press and on international television channels.

"In total, €85,199 million is a record result for sport events carried out in Portugal," said a statement from ACP, which organised the event. It added: "ACP is proud of the image and tourism promotion of the country thanks to this event."

## Portuguese 'OK' with life in general

A new report by the United Nations (UN) has revealed that while the majority of Portuguese are satisfied with their jobs and personal health, more than half of the population are not happy with their daily routines. Overall, it was concluded that the Portuguese are 'more or less OK with life in general.'

## EU patients to be treated in any hospital in the union

The possibility for an EU citizen to be treated in any EU country should be a reality next year, according to an announcement made by the European health commissioner John Dalli on 8 November.

During a press lunch at the Jean Monet centre in Lisbon, John Dalli said that despite the majority of people continuing to use the health service of their resident country, sometimes the best medical care can be given abroad.

The Commission is trying to "facilitate the movement of patients" and clarify the search for healthcare centres. He said that although he would like to say that it would be possible "tomorrow", he believes that "it will be possible from next year."

Mr Dalli added that: "people don't like to move from one country to another, especially when they are ill," so another measure being worked on by the Commission to improve health services is 'e-health'.

Without great expense, telemedicine will allow better healthcare without people needing to travel, although the greatest obstacle to the e-health project is the incompatibility of the EU's different health services.

Meanwhile, the EU Commission is working on a system to evaluate and compare new discoveries in the healthcare industry to decide whether they are better than existing methods and provide any real benefits.

"The big question is understanding who will be responsible for evaluating that, and who will make the scientific decision about whether it is better or not and whether it is economically viable," he said.

This year the UN evaluated 169 countries based on the well-being of populations.

Nine out of ten Portuguese say they are satisfied with their jobs, but more than half of the population do not like their routines, the report claims.

Portugal ranked 40<sup>th</sup>, having dropped six places in comparison to last year but still being amongst the countries where human development is "very high". The country's population showed it was "more or less OK with life in general", having achieved a result of 5.7 on a scale of one to ten in that category.

Eighty percent of Portuguese individuals involved in the report said they were satisfied with their personal health, and 90 percent said they were happy with their jobs, though 18.5 percent of workers admitted to being in a 'vulnerable' position, being "involved in a non-remunerated family business or self-employed".

Based on figures from 2008, this latest UN report showed that 55.7 percent of the national population aged between 15 and 61 were employed. Employment was in fact scarcer for those with

an education. That year, eight percent of individuals with a primary or lower schooling were unemployed, in comparison to the 15.6 percent of individuals with a secondary or superior education, who were jobless.

Regarding child labour, Portugal and Bahrain are the only two countries belonging to the 'very high human development' group where cases of underage employment were detected.

In Portugal, according to the UN report, three percent of children aged between five and 14 have a form of job, while in Bahrain, which ranks 39<sup>th</sup> on the list, that percentage rises to five percent.

Within the category dedicated to civic and community well-being, in Portugal seven in every one hundred people claim to have been mugged, more than double the number of citizens who are robbed in Norway, the country that tops the UN's list.

Six in ten Portuguese say they feel safe in this country.

Regarding indicators of happiness, 92 percent of the Portuguese respondents say they have goals in life and 93 percent feel they are treated with respect.

## Are you wasting money on your business telecoms?



- How many connections are you paying for that you don't USE?
- Is the cost of your calls in line with the current telecoms market?
- Is your telecoms package applicable for the way your company communicates?
- Do you know exactly what you are paying for ALL your calls?
- Are you getting the cheapest mobile package for your staff?

Allow us to conduct a forensic audit FREE OF CHARGE of all your telecoms and provide answers and solutions to the questions posed. We will clearly illustrate historically what you should have been paying.

Many companies appreciate our expertise which streamlines their business connectivity and future proof your commercial terms. Remember, our telecoms audit is free and without any obligation.

Call World Telecom today on 707 500 600 and arrange a date for your free telecoms audit.



The Telecoms experts

www.worldtelecom.pt

## Thinking of getting married in the Algarve?



Why not take advantage of the low season - airfares are a real bargain and hotels are offering superb rates. In one day we can help you choose suppliers and view possible venues that will meet your requirements. Our preview day service is unique, personal and very cost effective.

Call +351 934 809 144

algarveblessings.com



# Chestnuts worth their weight in gold

Carrie-Marie Bratley



November in Portugal is traditionally a month that heavily features the humble chestnut. Across the country, fairs and celebrations are held for *Dia de São Martinho* (Saint Martin's Day), which is officially on 11 November, though events can last for days. Roasted chestnuts and wine are inextricably linked to São Martinho. In certain regions of Portugal, chestnuts are the main source of income for the majority of the population and the overall profit generated by chestnut sales and exports is today estimated at tens of millions of euros.

In Terras de Montenegro, Valpaços (Northern Portugal), chestnut production is a primary source of employment that provides an income to nearly 90 per cent of families in that region. Annually it is worth an estimated €20 million in sales, being exported to countries including Brazil, Canada and the USA.

Flávio Sousa, head of the Regional Terras de Montenegro Farmers' Association (ARATM), told Lusa News Agency that many producers from that region "survive only on chestnuts".

"When a year is poor production-wise it is a miserable year for them", he stressed.

Around 90 per cent of the families from that region depend solely on income from chestnut production. As well as being sold on the internal market Portuguese chestnuts are exported to countries such as France, Italy, Spain, Brazil, Canada and the USA.

Francisco Tavares, Mayor of Valpaços Town Hall estimates that chestnut production is a business worth in the region of "€20 million in direct sales". Chestnuts, according to Valpaços Mayor, are the "gold of the mountain" which the local population "knows how to make the most of". They represent 50 per cent of all agricultural production in that region, where other major products include almonds, olive oil and wine.

This harvest, though, producers have complained about a drop in production, a consequence believed to have been caused by the recent weather conditions with summers being very hot and dry which has stunted the fruit's growth.

Nonetheless, according to Flávio Sousa, "the quality is better", which has caused a rise in the

price and currently sell at an average of two euros per kilo.

This year it is thought that production will total at around 7,500 kilos.

According to the Northern Regional Board for Agriculture and Fisheries (DRAPN), 30 per cent of the 'Transmontana' region's chestnuts are produced in Padrela.

Meanwhile, with advances in technology it seems the future of traditional chestnut-picking could be in jeopardy. Some producers from Terras de Montenegro are swapping manpower for machinery with the technology to pick in one hour the equivalent of what 20 hand-pickers can do in a day.

Flávio Sousa explained, "Manpower is expensive compared to the income that we get and on top of that, there aren't even people to do the groundwork".

A local producer added: "There is a big lack of manpower around here. Sometimes even foreigners come to pick chestnuts".

Last weekend Valpaços was once again host to the fourth consecutive Castmante 2010 fair, which took place in Carrazedo Montenegro.

Featuring around 60 exhibitors all relating to the chestnut, this year's star of the show was a 600-kilo chestnut cake which was distributed amongst Sunday's visitors.

Some €25,000 was invested in the fair, which saw an estimated 20,000 people visit it.

**Photo above right: Luísa Marques (right), the president of the Association of Chestnut and Ice cream Vendors in Lisbon, roasting chestnuts in the capital in December 2008. (Photo: Lusa / Pedro Pina)**




Enjoy your retirement without the worry of healthcare

International private medical insurance from Bupa ensures quick and easy access to local general practitioners and centres of medical expertise. You'll have use of a 24/7 multilingual help line, for both minor or major treatments. And if you ask us, we can now consider covering your existing conditions. To give you peace of mind.

**Bupa International Healthcare. Everywhere.**

**+44 (0) 1273 322 076**  
[www.bupa-intl.com](http://www.bupa-intl.com)  
 or contact any of our worldwide distributors

 **Bupa** 

THE QUEEN'S AWARDS FOR ENTERPRISE 2010



# China agrees deals worth one billion



Chinese President Hu Jintao with President Aníbal Cavaco Silva, first lady, Maria Cavaco Silva and Chinese first lady Liu Yongqing before the dinner at Ajuda Palace, Lisbon, 6 November. President Hu Jintao was starting a two day state visit to Portugal accompanied by his wife Liu Yongqing. (Photo: Lusa / António Cotrim)



China's President Hu Jintao signed trade and business deals worth US\$1 billion during his trip to Lisbon, Chinese media reported this week as he returned home after his visit to Portugal.

"Hu Jintao and Portuguese Prime Minister José Sócrates presided over the signing of deals and contracts in infrastructure, renewable energy and tourism up to US\$1 billion", the 'China Daily' wrote.

Hu returned to Beijing after a four-day trip to Europe that took him to Paris and Lisbon. After meeting with Portuguese President Cavaco Silva on Saturday, Hu said Beijing and Lisbon had found "ample consensus on bilateral relations and other issues of common interest".

Portuguese officials told Lusa News Agency the two sides inked three institutional documents and a raft of business agreements at the conclusion of the visit.

They said the institutional accords included a joint declaration for bolstered economic cooperation within the framework of the bilateral "strategic partnership" established five years ago.

"We are ready to back, through concrete measures, Portugal's efforts to face the impacts caused by the international financial crisis and broaden our economic and trade cooperation",

Hu said after the signing of the agreements.

"We will do everything for commercial exchanges between China and Portugal to double by 2015", he added.

Sócrates thanked Hu for his "personal engagement" in helping boost bilateral trade and giving "an impulse" to greater Chinese investment in Portugal in order to create a "more balanced" dynamic.

According to Chinese figures, two-way trade increased nearly 41% during the first nine months of the year, with China taking the lion's share of US\$1.85 billion to Portugal's US\$547 million.

Sócrates said bolstered economic cooperation would complement the existing "excellent political relations". He underlined that the accords brought a "diversification of economic cooperation", embracing new areas like tourism, information technology and telecommunications.

However, there was no public mention of Beijing's earlier indication it was considering buying Portuguese sovereign debt bonds.

TPN/Lusa

## High alert for terrorist threats during NATO summit but "no reason for alarm"



Portugal's terrorist threat alert level will be high during the 19-20 November NATO summit in Lisbon but there is "no reason for alarm", Portuguese Interior Minister Rui Pereira said.

"There is no reason for alarm although we must be vigilant and pay attention to every sign", Minister Pereira said on Wednesday. Reminding a series of recent incidents with letter-bombs in several European countries, Pereira noted that "caution is necessary regarding commercial aviation, which has been terrorist groups' preferred medium".

The Portuguese government will also impose border controls between 16-20 November, thus temporarily suspending Schengen agreement rules.

A government dispatch explains that due to the NATO summit's "dimension, media visibility and complexity", including the presence of "high level officials from 28 nations", the "exceptional measure" of suspending the unchecked movement of people was "necessary".

Meanwhile, Portugal's postal service operator CTT has improved its security mechanisms for mail and package verification ahead of the summit, sources were reported as telling the Lusa News Agency.

The sources wouldn't specify what the additional security measures were, simply stating that "some specific security measures were enhanced".

Asked whether the additional security was linked to recent incidents with bomb packages in Greece, the sources declined to comment, merely saying that "CTT always has preventive security measures in place regardless of the situation".

Security specialist João Ruxa Pereira told Lusa that added security "makes total sense" considering that Portugal "is hosting a NATO summit". TPN/Lusa

## MP complains defence issues have been "ghettoed"

National defence issues have been "ghettoed" in a Portuguese political debate, Social Democrat MP José Pacheco Pereira said.

In a symposium in parliament about the upcoming 19-20 November NATO summit, Pacheco Pereira blamed his own party and the ruling Socialists for "the scarce debate" over national defence.

The military is perceived "as a money drain, not a central function of the state", the MP

said, adding that the result of this "indifference" is the "loss of legitimacy for the military ethos".

"It's absurd that [in a country] with so much flag-waving patriotism, defence issues are discussed in terms of how much a submarine costs", Pacheco Pereira said.

TPN/Lusa

## Candidate Alegre criticises "silent" President

Portuguese presidential candidate Manuel Alegre attacked incumbent Cavaco Silva on Friday for remaining silent in the face of "an extremely serious threat to national sovereignty".

Manuel Alegre, a former Socialist MP, was referring to the rise in interest rates for Portuguese bonds, which he described as the "biggest threat since [the April 25, 1974 revolution] to our ability to make autonomous decisions".

"This week the prime minister [José Sócrates] said we wouldn't kneel before anyone, but nobody has heard a word from the president", Alegre told Lusa News Agency.

Mr. Alegre added that, as a president with economic training, Cavaco Silva should "say

something", considering "the hardships that are being imposed upon the Portuguese people".

Portugal will hold a presidential election on 23 January.

In a related story, Manuel Alegre has called on Portuguese citizens living abroad to "decisively" take part in the presidential election and vote for a candidate "with a progressive worldview".

In a letter addressed to emigrant communities, Alegre praised recent changes to election laws that "eliminated all discrimination and restriction" on emigrant voters in presidential elections.

"That was a major step in citizens' rights that improves our democracy and the presidential elections", Alegre wrote.

TPN/Lusa

**every thursday**

- special menu available
- friendly atmosphere
- great staff

**BOOK NOW**

**934 954 348**

**8.30pm**

starring

**New Orleans Jazz Band**

and

**the Dixie Kings**

*Casa Inglesa*

live

**JAZZ**

nights

Casa Inglesa - Prç Manuel Teixeira Gomes Nº 2 - 8500-542 Portimão (river side) - GPS 37°08'82" N / 8°32'05" W



# EU dismisses 'speculation' on bailout need

The European Commission dismissed as mere "speculation" Friday the eventuality of Portugal having to request EU bailout aid.

"There have been no contacts in this sense", Brussels' spokesman for economic affairs Amadeu Altafaj Tardio told Lusa News Agency.

Mr. Tardio said the Portuguese parliament's approval last week of a 2011 austerity budget

was "an important development, the best possible to strengthen the credibility of the Portuguese economy" before the markets.

He declined to comment on the fact interest on Portuguese sovereign debt had risen to nearly 7% since parliament passed the budget, saying Brussels did not comment on short-term market developments.

In a similar vein, former IMF Director-General Jacques de

Larosière said in Lisbon he was favourably "impressed" with the budget's belt-tightening measures.

He said the "very significant" steps would allow the government to reduce the deficit next year to 4.6%, as planned.

"Portugal is doing its work very well; it's doing the right things", Larosière said, adding that the IMF "wouldn't do much more".

TPN/Lusa

## Clean bill of health for EU accounts; auditors find fewer errors in payments

For the third year running the EU's annual accounts have received a clean bill of health from its external auditors, the European Commission said in a statement earlier this week.

As for payments, the overall evaluation improves visibly, with a significant drop in errors found in aid to the EU's regions.

Algirdas Šemeta, Commissioner for Taxation, Customs, Anti-Fraud and Audit, said: "In the current economic climate, citizens need particular reassurance that EU funds are being efficiently managed and effectively spent. This is a top priority for the Commission. We can be pleased with the improvements in EU financial management, which are recognised today by the Court of Auditors. But there is always more that can be done, and the Commission will continue its intense efforts to ensure that EU funds are properly accounted for and well spent."

The accounts were found to be "true and fair", meaning a clean bill of health.

The Commission also managed for the first time to bring down the overall error rate for EU spending below 5%. This means at least 95% of total payments made in 2009 were correct.

For cohesion expenditure (i.e. aid to EU regions and to boost employment), the Commission wel-

comes the Court's acknowledgement of the visible progress in this area, and will step up efforts to consolidate the improvements made.

In agriculture, the situation has been stable over recent years, with the level of error oscillating around the 'clean bill of health' threshold of 2%. A very good result given the complexity and scope of farm subsidies, paid directly to millions of farmers across Europe.

The value of funds clawed back from projects where errors were found, or from national authorities responsible, continued to grow – a sign of Commission determination to protect the EU budget in times of financial austerity. Recoveries and financial corrections confirmed or decided in 2009 rose to €3.3 billion, compared to €2.9 billion in 2008. The Commission will continue to encourage member states to improve their reporting on national recoveries made.

On the preventive side, the Commission says it is stepping up efforts to simplify, where possible, its financial rules, a measure advocated by the auditors. A new proposal setting up simpler procedures for EU grants and contracts has been tabled this year and is now with the European Parliament.

The transparency of pay-

ments is another way to improve the quality of EU spending. The Commission's own online database accessible at [http://ec.europa.eu/beneficiaries/fts/index\\_en.htm](http://ec.europa.eu/beneficiaries/fts/index_en.htm) now provides details of more than 114 thousand grants and contracts awarded directly by the European Commission, as well as links to national sites providing details of beneficiaries of farm subsidies and regional aid grants.

### Unemployment rate holds steady at 10.6%, OECD's fifth highest

Portugal's unemployment rate held steady at 10.6% in September according to Organisation for Economic Cooperation and Development (OECD) figures released.

Portugal continues to have the fifth highest unemployment rate among OECD's 33 member-countries.

The OECD average also remained unchanged at 8.5%. The highest unemployment rates among OECD countries are Spain's (20.8%), the Czech Republic (14.7%) and Ireland's (14.1%).

TPN/Lusa



EU Commission President Manuel José Barroso and former President of the European Bank for Reconstruction and Development French Jacques de Larosière. (Photo: Waem Belgium Out Belga / Lusa)

## EC adopts 2010 enlargement package

The European Commission has this week adopted its Enlargement Package. This presents the Commission's annual assessment of the European Union's enlargement agenda. It outlines the current state of preparations, the challenges ahead, and the way forward for the Western Balkans, Turkey and Iceland.

In the report, the Commission is proposing Candidate Status for Montenegro, and recommends that accession negotiations with Montenegro and Albania should be opened once these countries have met a number of key priorities set out in the opinions.

The Commission confirms that Croatia is entering the final phase of its accession preparations.

Presenting the annual enlargement package, Commissioner Füle said: "The enlargement policy enables the EU to meet the challenges of a shifting, multi-polar world, in which we need to continue projecting our value-based system beyond our borders. A Union that shall once again build cooperation between former rivals, while upholding the highest standards of human rights, will have the magnetic soft power needed to shape the world

around it, rather than be shaped by it."

As the Lisbon Treaty removes institutional bottlenecks and creates the opportunity for the joint implementation of all foreign affairs tools (CFSP and community tools), the enlargement agenda can move forward. Negotiations with Croatia have entered their final phase, while negotiations with Turkey advance, albeit at a slow pace.

Accession negotiations with Iceland have been launched and Serbia's EU membership application is being processed. The Commission renewed its 2009 recommendation that accession negotiations with the former Yugoslav Republic of Macedonia should be opened, and

reconfirmed the European perspective for Bosnia Herzegovina and for Kosovo.

"The EU's enlargement policy provides an excellent example of how we can turn serious challenges on our doorstep into opportunities for a more secure and prosperous Europe," added Commissioner Füle. "To be successful, we need to keep this process credible. For the EU, credibility means that the accession perspective is offered on the basis of strict and rigorous conditionality. For the candidates and potential candidates, this involves committing to reforms that are designed to bring them closer to EU standards and laws, as well as a credible EU perspective."



### SHOW YOUR COMPANY TO THE WORLD

Websites, Logotypes, Flyers and Much More!

http://www.conarqeng.pt

Urbanização Horta da Raminha, Lt 32, Loja D. 8500-549 Portimão  
Tel. 282 414 256 - geral@conarqeng.pt - www.conarqeng.pt

ConArq Eng. Ltd.

## stress-free currency exchange

with no minimum amount – and completely free of any charges!

- ❖ Superior exchange rates
- ❖ Fast, free money transfers
- ❖ No minimum amounts
- ❖ No commission, fees or hidden charges
- ❖ Fixed rates up to two years
- ❖ Personal, courteous service
- ❖ Direct access to the markets
- ❖ A variety of foreign exchange products
- ❖ Expert knowledge of financial markets
- ❖ Free advice on your requirements

Premier FX will enroll their new clients as afpop Members FREE!

**afpop**

[www.premfx.com/pnews](http://www.premfx.com/pnews)

+351 289 358 511

**PREMIER FX**  
currency exchange specialists



## PM in two-day trip to Macao this weekend

Portuguese Prime Minister José Sócrates will travel to Macao this weekend (13 and 14 November) for business talks and is expected to meet his Chinese counterpart, Wen Jiabao, at a time when China is considering buying Portuguese sovereign bonds, the prime minister's office announced.

Prime Minister Sócrates will attend the 'Macao Forum', a business and trade event joining Community of Portuguese Language Countries (CPLP) and Chinese officials.

The trip is "part of a recent set of talks with a view to strengthening

political and economic ties" between Portugal and China, the prime minister's office wrote in a statement.

Mr. Sócrates sojourn in Macao follows a visit to Portugal by Chinese President Hu Jintao.

TPN/Lusa



**Gibro Group**

Gibraltar · United Kingdom · Spain · Portugal

## Insurance Cover beyond your Expectations



### A Modern Approach With Traditional Values

As a company we deal with a selection of reputable and financially stable insurers who offer bespoke cover across Europe for the following:

- Commercial Business Insurance
- Home, Buildings, Contents
- Motor Vehicles - All Classes
- Boats/ Yachts
- Private Aircraft
- Travel
- Wealth Management
- Investments and Pensions
- QROPS

[www.gibro.com](http://www.gibro.com)

## This time it's different

Human endeavour, frailty and failure can be seen quite clearly during economic cycles from booms, to busts and to their inevitable recessions. Heaven knows that we really have seen them all right across the financial globe during the last few years. The traditional phases that populate an economic cycle have happened before, but this time it really is different so don't be fooled by the daily rhetoric in the public domain.

In this article, I will aim to provide you with some opinion that I almost always scrutinise on a daily basis with the intention to provide you with some logical explanation. It is up to you whether you agree or not.

The phase immediately after recession is a recovery. Normally a recovery phase as experienced from previous recessions has its foundations in increased bank lending. Almost everyone working in the field of mortgages will know this is not happening anywhere near as fast as it should be. As an example in the UK after the 1991 recession, from 1992 to 1995 this type of lending grew at 5% a year whereas today following the recent/current recession for the first time it is contracting by 1.6% year-on-year.

The failure of the money supply to expand at this juncture of a recovery is much more important than governments' economic and fiscal policies. This is why politicians are becoming increasingly as reckless as the individuals who almost brought the financial world to its knees during the recent crisis.

Here we are two to three years down the line and in Europe, Jean-Claude Trichet is speaking of increased short term rates spiralling up and out of control. Back in the UK, Mervyn King the Governor of the Bank of England has forecasted that 10 years of austerity are likely.

What is also quite unprecedented during this recession are the Quantitative Easing (QE) programs made by the Bank of Eng-

land and the Federal Reserve have also failed to get money pumping through the small and medium size businesses. Again, the majority flows through the investment banking sectors into high yielding currencies. So you can thank QE for having created major currency instability in the world.

Many non-Euro denominated residents here in Portugal ("sterling-based" investors/recipients of income, i.e. Brits) have come to experience that what drives the market's expectations of currency movements is a law unto itself. Nearly every concerned Brit living in Euroland has undoubtedly thought that Sterling Euro rate to be 1.25 and possibly on 1.30. It is instead going the other way.

It would be far easier to accept that these volatilities are caused by daily exchange rates, short-term interest rates and annual inflation rates, but alas life is not that simple. However, it is never wise to discount every possible factor that makes a considered influence on exchange rates which currently are:

- expectations about the mid-term elections in the United States
- whether Greece and Ireland will be able to pay their debts when called upon (and other new entrants into the fray)
- German local elections may have the potential to oust the current Chancellor and punish Merkel for her support or apparent support for Greece (although she has demonstrated a new bed fellow in Sarkozy)
- whether France accepts an increased retirement age to 62

With the Federal Reserve acknowledging that maybe another round of money printing is required (estimated at \$500 billion for QE2), the above may have very little influence and volatilities may

ensue in the currency markets even further, especially if bank lending doesn't get re-directed to local businesses or directly into governments' tax coffers.

Even if you do not deal in currencies, then your international portfolio of investments may very well be affected, especially emerging markets. An ideal way of protecting the downside is to hedge your portfolio. A tried and tested method is to balance and diversify your investments, otherwise known as "natural hedging". The other alternative is to allocate a small amount of your investments into hedging techniques such as publicly traded future and options that all investors can access (both humble, modest and expert) through personal investment managers or fund managers themselves. Either way, you should seek professional and independent opinion to back up what you already know.

This article is intended to provide a general review of certain topics and its purpose is to inform but NOT to recommend or support any specific investments or course of action.

Raoul Ruiz Martínez is a resident and independent consultant for Finesco Financial Services Ltd., Glasgow and advises private clients on financial investments in both the UK and throughout Europe under MiFID regulation. He can be contacted at the offices of euroFINESCOs.a. either by telephone on 289 561 333 or on email [Raoul.Ruiz@Finesco.com](mailto:Raoul.Ruiz@Finesco.com).

Finesco Financial Services Ltd is authorised and regulated by the Financial Services Authority (FSA). Some of the services provided are not regulated by the FSA because they are not included within the Financial Services and Markets Act 2000.

## Business coaching franchise opens in Portimão

A branch of the business coaching franchise ActionCOACH has opened an office in Portimão, offering a range of services for companies across the region.

With more than 15 years of international business coaching experience, ActionCOACH is now able to help companies in the Algarve, helping them to focus on development and gain better results.

Leading the new branch of this franchise is Helder Gonçalves.

In a statement, he says: "As your coach, I will be working with you in five key areas. The emphasis on each area depends on your

needs, the type of business you have, and your goals. The key areas are: Sales; Marketing and Advertising; Team Building and Recruitment; Systems and Business Development; and, Customer Service."

According to Mr. Gonçalves, ActionCOACH's first step to get a business going is to take a 'Business Health Check.'

For further information, as well as a free, no obligation consultation, please visit the website, available in English at [www.actioncoach.com/heldergoncalves/](http://www.actioncoach.com/heldergoncalves/).



Helder Gonçalves

**ActionCOACH** The World's Number 1 business coaching Business Coaching Firm

### Seminário "6 passos"

Como construir a escadaria do sucesso



**Data:** 18 de Novembro de 2010  
**Local:** Hotel Jupiter – Praia da Rocha  
**Horário:** 18h – 20h  
**Preço:** **Gratuito**

**Dinamizado por Helder Gonçalves, Business Coach certificado pela ActionCOACH.**

**Inscrições limitadas, reserve já o seu lugar até dia 17 de Novembro!**

**Venha descobrir a fórmula do sucesso para a sua empresa.**

Neste seminário vai conhecer segredos simples que podem alavancar de forma decisiva o seu negócio em áreas como o Marketing, Vendas e Equipa!

Participe e sugira a empresários que possam beneficiar desta temática.

Solicite a sua ficha de inscrição em: [heldergoncalves@actioncoach.com](mailto:heldergoncalves@actioncoach.com) | phone: 929 273 352 | [www.actioncoach.com/heldergoncalves/](http://www.actioncoach.com/heldergoncalves/)



# 'Doing business' gets easier in Portugal

Eloise Walton

Doing business in Portugal is becoming increasingly easier according to an annual global report, which compares the business practices and procedures of around 183 countries across the world.

The Doing Business 2011 report, which was published online earlier this month shows that Portugal has improved overall by 17 positions, having moved up from being ranked at 48 to a position of 31 out of 183 countries.

Portugal came top out of all the countries included in the report in the real estate industry, for the speed of registering a property. Along with countries such as Georgia, Sweden, Norway and the United Arab Emirates, Portugal has the fewest number of procedures required for registering a property. It is also the fastest country in the world in which to register a property, requiring only one day.

This has been achieved by the establishment of a 'one-stop-shop' for property registration.

A spokesman from Vernon Real Estate, which has been established for more than 25 years in the Algarve, told **The Portugal News**: "The actual buying process in Portugal has improved in recent decades, with the process having become very straightforward, fast and transparent for buyers. If the funds are available and the property has no legal issues, then a sale can be completed

from start to finish in as little as a week."

"For the real estates themselves however, the process is becoming more complex, with a lot of bureaucracy involved," added the spokesman.

In comparison, Brazil was found to have the most procedures to register a property, with 14, while registering a property takes the longest in the Pacific island nation of Kiribati, at 513 days.

Other improvements for doing business in Portugal noted by the report included the fact that the country had revised its tax laws as well as reduced labour taxes and mandatory contributions between 2009/10.

Overall, Portugal beat off competition from other southern EU countries such as neighbouring Spain, which has been ranked 49<sup>th</sup> position, Italy, which is in 80<sup>th</sup> place and Greece, which is ranked 109<sup>th</sup> out of 183.

Portugal has also improved its ranking from last year's report within the EU countries, having risen from 18<sup>th</sup> to 13<sup>th</sup> position. The report has ranked Portugal higher in the EU than countries such as Austria, Luxembourg,



Prime Minister José Sócrates during the presentation of the Simplex Programme in May 2010. (Photo: António Cotrim / Lusa)

Poland and the Czech Republic, among others.

"This position is due to the positive impact of the Simplex Programme and its 809 measures to simplify people's and businesses lives, which has been adopted over the last four years," said a spokesman from the Portuguese government following the report's release.

According to results from an annual reader survey carried out by **The Portugal News**, 7.69 percent of expatriate readers who have businesses believe that setting up a company in Portugal is much better and easier than it has been in the past. This has improved from the 2008 survey re-

sults, where only 3.30 percent of business owners thought that opening a business was better and easier.

In the 2009/10 survey, a total of 30.77 percent of business owners believe that setting up a company in Portugal is improving but still not easy, while the majority (58.24 percent) believe that the process is difficult and time consuming.

Meanwhile, the expatriate community has seen a steady improvement in the country's bureaucracy, with 18.90 percent having noticed improvements in the most recent survey, compared to 16.32 percent in 2008.

Chris Barton, CEO of the British Portuguese Chamber of Commerce told **The Portugal News**: "Things have improved significantly in recent years for companies looking to set up in Portugal, especially regarding the registration of new companies, which is much quicker now. Portugal is also pretty good in automating things electronically; it is ahead of the game."

The Doing Business 2011 report is an annual project from the World Bank, which provides objective measures of business regulations and their enforcement across 183 economies and selected cities at the sub national

and regional level.

Launched in 2002, the project looks at domestic small and medium-size companies and measures the regulations applying to them through their life cycle. The rankings from the Doing Business 2011 report cover the period June 2009 through May 2010.

Overall, Singapore has been ranked in first position in the Doing Business 2011 report, with Chad in Africa coming in final place.

For more information or to read the full Doing Business report please visit the website available in English at [www.doingbusiness.org](http://www.doingbusiness.org).

## EFRBS: A Non-aggressive Retirement Package

The UK government announced in the 2010 budget that it will be introducing anti-avoidance legislation to combat the use of employee trusts and other vehicles in remuneration arrangements.

It released a statement which says, "The Government will be taking action to prevent efforts to avoid tax and National Insurance Contributions (NICs) on earnings provided through the use of trusts and other vehicles."

"Employers and employees are entering into arrangements using trusts and other vehicles that seek to avoid, defer or reduce liabilities

to income tax and NICs on earnings or that seek to avoid restrictions on pensions tax relief."

"Arrangements in some cases seek to rely on the use of complex intermediary structures, some of which may be offshore."

"The Government is considering options for tackling these arrangements, including those which seek to avoid the restrictions on tax relief for pension schemes, and intends to introduce legislation in due course to take effect from 6 April 2011." No further details are given, but Ian Jones, founder of EFRBS specialist Castellan, believes the

Government is likely to include the use of sub-trusts, where close companies give monies to trusts which are then allocated so they are restricted for the benefit of individuals and families. Alternatively, benefits are provided tax-free after the end of employment.

Since it appears the measures will be preventing or deterring arrangements to disguise payments of remuneration, it is assumed that the employee would receive some sort of benefit, for example a loan. To disguise payments would infer that it is a non-commercial arrangement.

For many months, Castellan has been advocating strongly that any loan made to a member must be made by the trustees on a commercial basis.

STMLife Health and Pensions Director, David Erhardt, commented, "Our view is that with our conservative approach and robust structure we will survive any attack." We believe that EFRBS will be maintained as a long-term planning solution that can efficiently accumulate funds outside of an individual's estate for inheritance tax, due to the way that the trust deed has been structured and the benefits it provides.

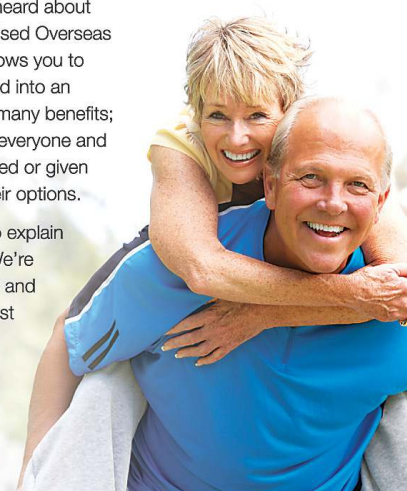
In particular we have always advocated that loans may be restricted, especially where the loans are not of a commercial nature. It may be that in future companies decide to take the most prudent route and remove the loans to members altogether.

Steve Whittam  
00441244812357  
[swittam@gibro.com](mailto:swittam@gibro.com)

## Transferring your UK pension to QROPS? Make sure you get the right advice

As an expat, you may have heard about QROPS - Qualifying Recognised Overseas Pension Scheme - which allows you to transfer your UK pension fund into an international scheme. It has many benefits; however, it's not suitable for everyone and many expats have been misled or given the wrong information on their options.

Our advisers take the time to explain everything in plain English. We're Chartered Financial Planners and fully regulated, so you can rest assured that we have the necessary experience and qualifications to advise you.



### why not find out more?

Call +351 289 355 685 to arrange an informal chat with one of our qualified and experienced advisers or visit [www.blacktowerfm.com](http://www.blacktowerfm.com)

**BLACKTOWER**  
FINANCIAL MANAGEMENT GROUP

**Kaza**  
Seguros  
medição de seguros k/a

**Insurance Solutions**

• HOUSE  
• MOTOR  
• DENTAL HEALTH  
• BOAT  
• LIFE & HEALTH

• WORKERS  
• BICYCLE  
• BUSINESS  
• INVESTMENT  
• TRAVEL

**SPECIAL OFFERS FOR EX-PATS**

Discounts up to: **50% OFF**

**BEST MARKET RATES** **PROFESSIONAL SERVICE**

Contact us for a quote!

R. 25 de Abril, 91-1º Dto - 8600-763 Lagos  
 e-mail: [kazaseguros@mail.telepac.pt](mailto:kazaseguros@mail.telepac.pt) [www.kazaseguros.pt](http://www.kazaseguros.pt)  
 Tel: 282 761 612 Fax: 282 769 378 Mob: 919 694 025

Blacktower Group with offices in the United Kingdom, Gibraltar, Portugal, Spain & France. Blacktower Financial Management (International) Ltd is Licensed in Gibraltar by the Financial Services Commission (FSC) Licence No. 03055B. Blacktower Financial Management Ltd is Authorised and Regulated in the UK by the Financial Services Authority





## About Algarve Mobility

Quality mobility equipment for hire and sale in the Algarve - now open - a mobility shop based between Lagos and Chincato on the EN125 near Solmate and FurnitureWorld.

Algarve Mobility was formed in 2007 by Prosper and his wife Christina. Christina is a trained Disability Equality and Diversity Consultant (since 1995), and is a qualified professional Independent Living Adviser, qualified on all aspects of disability. Christina has been a very proud wheelchair user all her life and is very aware of the lack of professional and quality mobility hire and sales services here in the Algarve.

Since 2007 Algarve Mobility has grown rapidly due to their expertise and awareness of what clients want and need to enhance their mobility requirements, hence the reason why quantity is completely over-ridden by their focus on product quality.

They are rated the leading provider of Mobility Equipment Hire and Sales in the Algarve by all their clients, especially in comparison to their previous experiences here in the Algarve. Christina's passion for equality for her peers and people with restricted mobility goes deeper than just a business; to her and her husband, it's about the need for a well informed disability service for everyone to tap into.

Algarve Mobility has the latest, high quality, stylish and robust

mobility equipment in the Algarve, such as electric scooters, electric wheelchairs plus the electric beach wheelchair (the only one of its kind in Portugal and Spain). With this in mind, Algarve Mobility intend their equipment speaks for itself making a quality statement on its own.

They are unique in their service because they offer additional advice and support around the key areas of independence such as travel, access audits, adaptation, equipment servicing, repairs, mobility scooter spares, batteries for all mobility products, measuring and fitting of stair lifts, care beds and hoists.

They can also offer you support in seeking to apply for your UK Benefits while living here in Portugal. Algarve Mobility is all about promoting independence and equality of life.

Pay them a visit or contact them by phone. They are always willing to assist and not just try to sell you something.

Tel: 915 504 1005 or 282 763 299. Web-site [www.algarvemobility.com](http://www.algarvemobility.com). Prosper & Christina, Algarve Mobility, Lote N - Lote 14, Urb. Industrial Da Marrateca, Lagos 8600-306.

## Image matters

Freelance graphic designer, Alison Trafford, is here to help small businesses and the self-employed obtain their full potential client numbers which, in this current economic climate, is vital to business survival.

No matter what size business you have, creating a professional visual image is key to your success. After all, your image — as seen on your business cards, marketing materials and website etc — is the first, and sometimes only, chance you have to introduce your company to potential customers. If your customers like what they see, you are one step closer to getting their business.

Alison has been a graphic designer for over 15 years and has during that time produced work for a variety of clients, both large companies through to the self-employed, and for a whole range

of businesses. She moved to the Algarve with her husband Michael (who offers mini-digger and groundwork services) and their two children, seven years ago. Since moving here Alison has undertaken more website work, (both new sites and re-vamp of existing sites), including sites for consultant surgeons (Alison has a lot of experience in medical graphics) through to villa owners promoting their holiday rental properties.

"I pride myself in working closely with my clients, providing tailor-made, comprehensive website and graphic design solutions at affordable prices."

Visit Alison's own website [www.alisontrafford.com](http://www.alisontrafford.com) to see some of the work she has produced. Alison can be contacted by email: [a.trafford@sapo.pt](mailto:a.trafford@sapo.pt) to discuss your requirements.



Alison Trafford with her husband Michael

## Business Club Algarve - first meeting huge success

Patrick Molenaar of Pure Alure Interiors launched the new Business Club Algarve networking meetings with a fantastic drinks and snacks get-together at Cubo, Quinta do Lago. The response was overwhelming; Patrick was asked many times when the next event would take place. Business men and women from all over the Algarve mingled freely with a glass of wine from one of the sponsors at the event. As we all know, it is easier to chat to people in a relaxed atmosphere and this is exactly what Patrick had in mind when he established this club. Considering many big deals have been sealed over a few drinks after work, surely this manner of networking should work now in these tough times. The food served at the event was of such a high quality that the catering companies involved sealed a few deals for themselves, exactly what they were expecting from this event.

This manner of networking is as old as time itself but getting the

right group of people together, with networking at the forefront can be a challenge. This club has only two rules for members to qualify, being in business and wanting to promote your business to the right people on a one-to-one basis.

Patrick is aiming for one informal meeting a month at various locations in the Algarve, where members are all welcome to bring a guest with them, this will give the guest an opportunity to evaluate the club and hopefully become a member themselves, also ensuring there are always new business people to meet at the meetings.

You can have a look at a movie in four chapters which was taken on the evening of the first meeting on [www.1000companiesalgarve.com](http://www.1000companiesalgarve.com).

If you would like to join Business Club Algarve or need further information please contact Patrick Molenaar on [patrick@1000companiesalgarve.com](mailto:patrick@1000companiesalgarve.com) or mobile: 919 186 453.



## A psychological advantage in Silves and Rocha

Dra. Catarina Boal Pontes is a new addition to the mental health profession in the Algarve. She is a trained, certified psychologist who has relocated from Lisbon, where she studied and worked, and has recently returned to her native Algarve in order to provide services to Algarve residents.

She is enthusiastic about offering people methods of coping with the difficulties of stressful life events. Catarina is a fluent English speaker, and can conduct sessions in both English and her native Portuguese.

Covering a wide range of issues which include insomnia, eating disorders and addictions, her specialist area is in the treatment of depression and anxiety.

She says "Depression is one of the biggest problems in our society as it is a silent disease, and people can find it difficult to ask

for help.

With the proper clinical treatment, people can rediscover how enjoyable life can be."

Her other area of expertise is with children's behavioural issues at school or home, such as hyperactivity or ADHD, which can be due to emotional factors.

"Through a psychotherapeutic approach it is possible to understand the nature and origin of these problems that legitimately cause so much stress to both child and family."

Sessions are available at two clinics: Clinica João de Deus in Silves (282440030) and Clinica da Rocha in Praia da Rocha (282430880). If you would like further details about how she can help you, or would like to find out about available sessions, phone: 965 303 702, or email: [catarinapontes@netcabo.pt](mailto:catarinapontes@netcabo.pt).

## Messi Roast

Following the success of their recently launched Bistro and due to popular demand, Vicky and Fernando at Avenida Sol in Messines, will be serving traditional Sunday roast lunches starting from this weekend. There will be a selection of delicious roasts to choose from - lamb, beef, pork or chicken with all the usual trimmings and accompaniments you would expect. These are followed with delicious desserts to

tempt your tastebuds, such as apple crumble, rice pudding, apple pie and custard and all at great prices

Messi Roast is open from 10:00am on Sundays. Treat yourself and the family to a delicious roast dinner and you will receive a free bottle of house wine for every party of four. It is a good idea to book to avoid disappointment. Tel: 282 339 258 Rua da Liberdade no 40, SB Messines



## The Baby Shop



Just opened last week is a new shop for babies and children up to 14 years old. The Baby Shop sells beautiful clothes, accessories and toys at accessible prices and most of the products are made in Portugal.

The Baby Shop is located in

Avenida dos Descobrimentos behind Adega da Marina very close to the city centre.

It is open from 10:00am to 7:00pm including lunch time on week days, and at weekends is open from 9:00am 1:00pm. At Christmas time it will be open all day on Saturdays.

## New Business? New Product? Why not let our readers know?

To be included on this page, send details of your new business or product in up to 250 words plus a photograph (optional) to [copy@theportugalnews.com](mailto:copy@theportugalnews.com)

With over 22,000 copies every week, The Portugal News is very effective in promoting viable business ideas.



# Online drink driving calculator now available



Drivers in Portugal are now able to calculate their alcohol level and whether they are safe to drive with a dedicated online calculator created by the national association of spirit companies (ANEBE).

**T**he calculator, created by ANEBE and available at [www.bebacomcabeça.pt](http://www.bebacomcabeça.pt), allows users to know their approximate alcohol level from a few key pieces of information such as sex, weight, type of alcohol consumed before, during and after a meal and the time the driver expects to set off home.

ANEBE spokesman Mário Barreto told Lusa News Agency that the calculator is aimed towards people who are "incapable of separating driving from the consumption of alcohol," helping them to make the decision "of

whether or not to drive" after drinking.

"We felt that it wasn't enough to appeal to moderate consumption. We think that the safest way to drive home is without drinking at all, but unfortunately many people cannot separate the two," he added.

Portugal is now the second country in Europe to provide this tool, along with France.

"Our aim will always be to alert youths to the risks of irresponsible behaviour and to contribute to raising awareness of the fact that there is no such thing as good or bad alcohol, but responsible and irresponsible actions," said Mr. Barreto.

The online calculator complements an existing feature on the website, allowing people to simulate what would be a responsible or moderate amount of alcohol to consume, which received 430,000 visitors in one year.

Created in 2000, ANEBE aims to unite Portugal's main spirit producing companies to combat social problems related to the consumption of alcohol. Their alcohol awareness campaign "100 percent Cool" has been running since 2003.

## EU seeks return of €46mn in irregular agriculture subsidies

The European Commission has asked a number of EU member countries to return nearly €580 million in irregular agriculture subsidies, with Portugal facing a €45.7 million charge, the third largest.

Brussels said the requested return of Common Agriculture Policy funds is due to irregularities in fulfilling EU regulations or to poor national control of disbursements.

Greece is the country most penalised, having to return €315 million, while Romania comes second with €46.3 million.

TPN/Lusa

## Only France better in new car CO2 emissions - 2009 study

Portugal placed second-best in the European Union in terms of CO2 emissions from new cars sold in 2009, according to a study published last week.

The report by the European Federation for Transport and Environment (T&E) showed France beating Portugal for first place for the first time in four consecutive years.

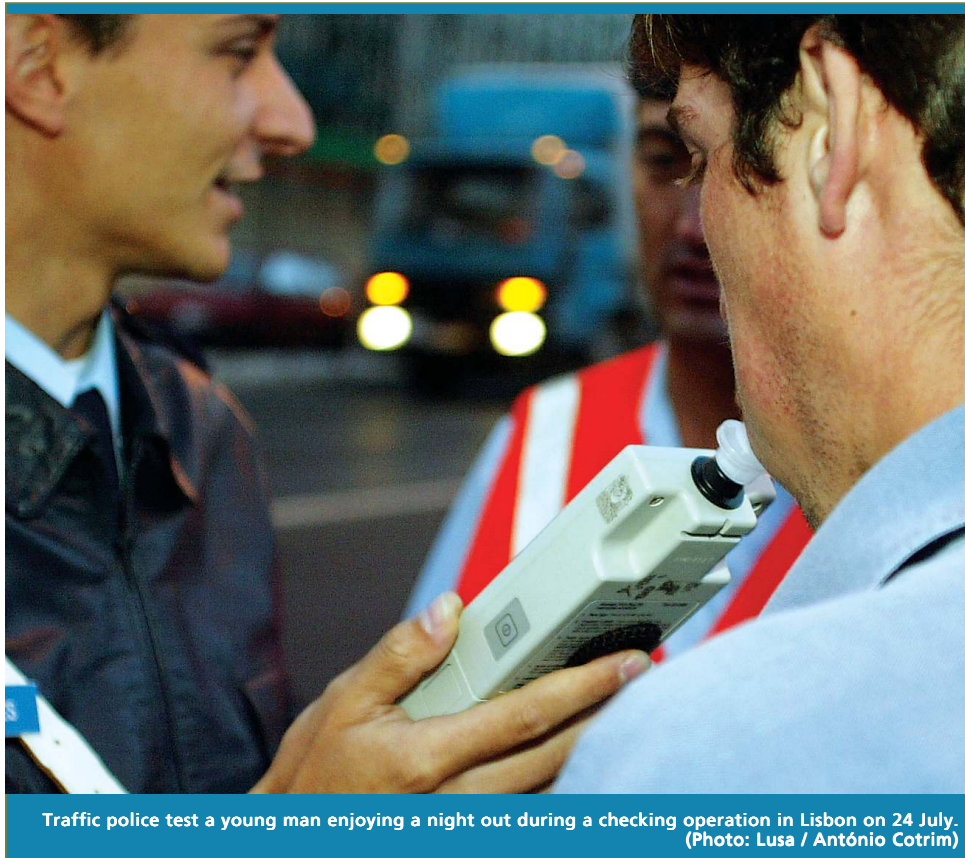
T&E explained the stellar Portuguese performance by the country's relatively low purchasing power, a fact that makes

the Portuguese "very sensitive to the price of the vehicle and to its fuel consumption".

The study showed new cars sold in Portugal last year had an average emission count of 134gCO2 per kilometre.

The EU target for 2015 is 130gCO2/km.

TPN/Lusa



Traffic police test a young man enjoying a night out during a checking operation in Lisbon on 24 July. (Photo: Lusa / António Cotrim)

## Break free from PT

Line Rental with UNLIMITED, ANYTIME calls to Portugal, Spain and UK for less than €1 per day

For more info Call 707 500 600



[www.worldtelecom.pt](http://www.worldtelecom.pt)



**VIPCHAUFFEURS**  
ALGARVE

AIRPORT TRANSFERS - GOLF TRANSFERS - TOURS

Vale do Lobo 30 € Albufeira 40 € Carvoeiro 50 € Lagos 70 €

Dedicated vehicles .... no sharing!




[www.vipchauffeurs-algarve.com](http://www.vipchauffeurs-algarve.com)

Tel.: 00351 914 479 300



# Algarve society celebrates all that is Scottish

 Eloise Walton

 Established around 15 years ago, the Algarve Saint Andrew's society is looking to boost its membership and raise awareness of its activities among the community, including its upcoming St. Andrew's Ball.



St Andrew's society chieftain Doug McAdam with his wife Susan.

Doug McAdam, who became the society's chieftain earlier this year, told **The Portugal News**: "As chieftain, my main aim is to increase awareness and membership of our society, which currently stands at 34 members."

Anyone wishing to join the society is welcome, although most members are either Scottish or have lived in Scotland, there are also English and Dutch members, among others.

"We welcome anyone who has an interest in Scotland or Scottish activities, but our society also hosts general social events such as wine tasting and ten pin bowling."

The main aim of a Saint Andrew's society is to celebrate Scottish traditions wherever there is a community of Scottish people around the world.

"During my career with the British diplomatic service, I joined Scottish societies such as Saint Andrew's and the Caledonian Society around the world."

He added: "In the Nigerian city of Lagos, for example, there is a very well established Caledonian Society, of which I was once deputy chieftain. Our events there were very popular and we even had a professional bagpiper flown from Scotland to play for us."

This month, the Algarve-based society will be hosting its annual Saint Andrew's Ball at Le Meridien Hotel, Penina, near

Portimão on 27 November.

St. Andrew's Day celebrates the patron Saint of Scotland, traditionally held on 30 November as Scotland's national day. Believed to be the brother of St. Peter, Saint Andrew became the patron Saint of Scotland around the middle of the tenth century. Several legends state that his remains were brought under supernatural guidance from Constantinople to where the town of Saint Andrew's now stands, after he was crucified on a diagonal cross, which is represented by the Saltire or St Andrew's cross, on the Scottish flag.

The festivities will include a champagne reception, followed by a buffet, with entertainment from Scottish piper Malcolm MacGillivray and music by Scottish dance band The Sounds of Islay.

"We are fortunate in having the Sounds of Islay band flying in to entertain us once again, and our superb Algarve-based piper Malcolm will also be playing for us. It promises to be a super evening and an excellent opportunity to air the glad rags and dig out the dancing shoes," said Doug McAdam.

As well as the Saint Andrew's Ball, the society also hosts a traditional Burn's Night each January at the Ponte Romana restaurant in Silves.

Burn's Night celebrates the life and poetry of Scotland's

most renowned poet, Robert Burns. A dinner is traditionally held on the poet's birthday, 25 January, which includes a number of traditions such as the 'address to a haggis', several toasts and speeches as well as the reading of works by Robert Burns.

"For this event, we import the haggis and the 'neeps' to ensure that we host a traditional Burn's night supper," said Mr McAdam.

Each year, the Algarve Saint Andrew's Society also makes a donation to a local charity. In previous years, the Alvor-based children's home Lar Bom Samaritano has been the benefactor, however this year's will be decided at the annual general meeting (AGM) in early 2011.

For more information about joining the society or the Saint Andrew's Ball, which will take place from 7:00pm on 27 November, please telephone Kathy Prentice on 916 635 246. Tickets cost €38.50 for non-members and €36 for members. Further details of the Burn's night supper will be released closer to the time.

If you are new to Scottish country dancing or would like to brush up on your steps, please contact Mardie Cunningham at mardie@sapo.pt. Classes are held on Monday evenings from 7:30pm until 9:30pm at the International School in Porches.

## Befreien Sie sich von PT

Grundgebür mit Unbegrenzte Telefongespräche in Portugal, Spanien und Deutschland oder England zu jederzeit für weniger als €1 pro Tag.

Für weitere Informationen Rufen Sie uns bitte an  
**707 500 600**



[www.worldtelecom.pt](http://www.worldtelecom.pt)



## MONTE's

Family Dining - Coffee Lounge. Separate children's menu



### CELEBRATE CHRISTMAS WITH YOUR FRIENDS, FAMILY OR COLLEAGUES

**Special Party Nights in December on 3rd, 4th, 10th, 11th, 17th, 18th, 22nd and 23rd December.** Price of €30.00 per person includes the following:-

- Glass of bubbly on arrival
- Choice of specially chosen 3 course menus (ask for details)
- Coffee with Mince Pies



**LIVE MUSIC** each night for the great party atmosphere. If your numbers are 30 or more, then the restaurant will be closed to any other bookings. Numbers less than 30 join us for our **SHARED PARTY NIGHTS**.



**Come and join the fun. Book now to avoid disappointment.**



Family dining for all ages. Children under 3 eat free. Open Wednesday-Saturday for lunch and dinner. Closed all day Monday and Tuesday. 2 course luncheon €7.50 and every Sunday 12.00 noon - 5.00 p.m.

**ALL YOU CAN EAT BUFFET** €10.00 per person children under 10 €6.00

**Located at Boavista Golf Resort, Lagos**  
Telephone: 282 764 382 Website: [www.montesrestaurantlagos.com](http://www.montesrestaurantlagos.com)



## Elderly use helpline to report abuse

Around 10 percent of the 2,570 calls made to Portugal's helpline for the elderly in the past year have been to report abuse.

According to the Provedoria da Justiça (Ombudsman), which runs the helpline, a total of 2,570 calls were received between 9 November 2009 and 8 November 2010, 194 of which were related to physical and psychological abuse towards the elderly.

The most common calls received relate to health (244 calls), home help (240 calls), abuse (194 calls), retirement homes (165 calls), complaints (113 calls), abandonment (106 calls), social action (93 calls) and support services (84 calls).

Prior to 9 November 2009, the

helpline was suspended for a three month period due to a decrease in calls.

According to the Ombudsman, since the helpline restarted one year ago, the number of calls relating to abuse have increased, while those requesting information about services and support have reduced. Helpline employees deal with each case individually, either offering advice and information or mediating between the caller and the competent authorities to resolve an issue as quickly as possible.

Portugal's helpline for the elderly

is free to call on 800 20 35 31 on weekdays between 9:30am and 5:30pm.

The helpline aims to inform the elderly about their rights and benefits in matters such as health, social security, housing, family obligations, equipment and services, among others.

Meanwhile, the GNR police have been undertaking a month long public awareness programme throughout churches, retirement homes and day care centres in Portugal, aimed at informing the elderly about tricks used by thieves and con artists.

## Citing lack of support for Africa, Lisbon leaves democracy organisation

Portugal has cancelled its membership of the International Institute for Democracy and Electoral Assistance (IIDEA) due to the organisation's lack of programmes for supporting democracy in Portuguese-speaking African nations, Portuguese State Secretary for Foreign Affairs João Gomes Cravinho told Lusa News Agency.

IIDEA is a Stockholm-based international organisation for the promotion of democracy worldwide.

Portugal was one of its founding member states in 2005.

"Despite IIDEA's activity

being very commendable, the fact is they never developed any programmes to support electoral democracy within the [Portuguese-speaking African nations], which was the ground for Portugal's membership", Cravinho said, adding that Portugal must

"make the most out of its resources".

IIDEA spokeswoman Monica Ericson declined to comment on Lisbon's decision, merely saying that the organisation has "yet to be officially notified".

TPN/Lusa



Members of the National Confederation of Pensioners and Elderly in Portugal demonstrate for their rights and justice in front of Parliament on 26 November 2009. (Photo: Lusa / Mário Cruz)

## Foreign residents decrease in Portugal

The number of foreign residents in Portugal decreased by 0.8 percent between 2008 and 2009 to a total of around 443,000, according to figures released by the Francisco Manuel dos Santos foundation's statistics department 'Pordata'.

According to their data, Portugal had a foreign resident population of 446,333 in 2008 which decreased to 443,102 the following year.

During the same time period, Portugal's national population increased slightly from 10.17 million to 10.18 million.

By contrast, Spain's foreign resident population increased by seven percent during the same time period, reaching 5.6 million. Spain's national population also increased between 2008 and 2009 to 40.177 million.

Our neighbouring country also saw an increase in the proportion of foreigners to nationals, with 11.6 foreign residents for every 100 Spanish national in 2008, which increased to 12.3 in every 100 in 2009.

In Portugal however, the proportion stagnated, with 4.2 foreigners for every 100 Portuguese

nationals in the country.

In relation to emigration, figures for Portugal show that between 2007 and 2008, the number of people who opted to leave Portugal fell from 26,800 to

20,357.

Spain however saw the opposite as the number of people who opted to emigrate increased from 227,065 in 2007 to 266,460 the following year.

# CalamITY?

- Your one-stop surgery for PC's Macs and laptops
- Quality hardware and software supplied
- Repairs without loss of data
- Software and Hard-ware issues resolved
- Upgrades and Technical jargon made simple
- PCs and Macs tailored to your specification
- Fully qualified English/Portuguese Technicians

## PC SURGERY

A name you can trust!

- Free consultation and advice over the phone
- No fix, no fee policy
- Collection and delivery service in the Algarve
- We beat any competitive quote in the Algarve

**We repair & maintain**

**Anything to do with a computer or network.**

**Call our Hotline:**

**707 940 332**

CASH & CARRY OPEN TO THE PUBLIC

### THE WHOLESALE BUTCHERY

with succulent South African & English specialities

Biltong • Chili Bites  
Boerewors • Dry Wors  
Ox-tail • Matured Beef  
Pork Loin with Cracking  
English Sausages  
Gammon Steaks  
and much more

Open Monday - Friday  
8am - 1.30pm & 2.30pm - 7pm  
Closed Saturdays, Sundays & Public Holidays

Largo Gil Eanes - Bloco A - r/c - Portimão  
(near Portimão Pharmacy Arade / railway)  
Tel: 282 410 590 Mob: 965 647 342  
dinisguia@hotmail.com

### ANDIFER

AND MANY MORE S. AFRICAN PRODUCTS

NOW ALSO IN LISBON



# Windows Phone 7



Microsoft has come back from the dead in smartphones with a slick, fast new phone platform that will prove a worthy challenger to Apple's iPhone and Google's Android platforms.

## New Design and User Interface

The first thing Microsoft has done right is throw out the clunky Start menus, folders and files to give us a brilliant integrated hub system built up by a series of 'live' tiles that are neater and more dynamic for the phone user.

The WP7 offers a sleek and minimalistic 2-column design that's not only incredibly easy-to-use but also lets you receive the latest updates from your social network at a glance.

Navigation is also smooth and intuitive by way of sliding, scrolling left to right, tilting and swiping to view the rich content on your phone.

What's most beautiful is that everything on the Start screen is

customisable and built entirely around the user experience.

Can't get through the day without calling your loved ones at least three times? Just 'pin' them to your Start screen and you can reach them with a tap of your finger, without needing to go through your address book or to do a search.

Each tile can represent anything (and everything) you love be it a contact, your favourite web page, a song, application or even a hub. Rearrange them any way you like or remove one simply by long-tapping a tile and choosing to unpin it.

A tap on the arrow at the top of the screen brings you a list of all your applications. One downside is that there's no way to classify or categorise these apps and so the screen gets pretty cluttered once you install more of them.

A big plus for Windows Phone 7 is how it seamlessly integrates social activities within six hubs – People, Pictures, Games, Music + Video, Office and the Marketplace.

If you are familiar with the Zune HD music player, navigating through the WP7 hubs becomes even more of a breeze. Both devices are defined by 'Metro', a typography-based design by Microsoft, which features large type fonts, a panoramic design, clean colours and fluid animation.

## People Hub

Everything you need to know about your friends and family can be found in the People hub as the phone automatically streams information about them from various sources such as Facebook or their email accounts. This is a function also offered by phones like HTC Sense.

Call, text, email your friends or check their latest status update from Facebook simply by tapping on a particular contact.

Simply scroll across the hub to see 'what's new' for everyone's Facebook updates.

## Pictures Hub

As with the People hub, all your photos (including albums from your Facebook account) can be displayed. They're shown in little thumbnails and viewable by date or favourites. Scroll to see your friends' latest uploads and even comment on them if you like. Capture those quick moments

on the go simply by pressing the shutter button to activate the camera even when the phone is off or locked, and you're ready to snap as soon as the phone's out of your pocket.

Once you're done, WP7 uploads and shares your pictures automatically on Facebook or SkyDrive, a Windows Live file storage and sharing system

## Games Hub

Several notable Microsoft features have also been incorporated into the phone and they include a mobile Office suite, Zune entertainment platform and of course, the highly anticipated Xbox LIVE.

The Avatar's is extremely adorable – you can tickle or hit him/her, or shake the phone and watch them fall to the ground with a pained expression. If you have the Xbox LIVE hub pinned to your Start menu, your Avatar will even pop up occasionally before disappearing back into the tile.

Basically Xbox presented in a mobile format, the Games hub lets you play your favourite games, look through Spotlight for the latest updates or check out your friends' or your own achievements and gamer profile.

While there are only over 60 game titles according to PC World, the fact is incorporating Xbox LIVE games will offer users rich graphic and gaming experiences.

## Music + Video Hub

You need not despair if you are unable to get your hands on Microsoft's Zune player, as phone users can now enjoy the same music and video features of the Zune HD thanks to Windows Phone 7.

Syncing music is just a matter of drag and drop, though users will need to download the Zune desktop software. Apple users can also rest assured that using WP7 will be a breeze as Microsoft has come up with a basic compatible software called 'Windows Phone 7 Connector', which allows users to sync multimedia content from iTunes or iPhoto to the phone.

## Office Hub + Calendar

View, edit, share and sync your Excel, Word or PowerPoint documents with your PC. However, only simple edits are possible with editing options being rather basic: format, highlight and

change font colours. What's new here is the powerful OneNote application, which allows you to make notes, do voice recordings or even snap pictures when necessary. The calendar's also pretty good and lets you plan your daily agenda complete with coloured labels in relation to the urgency of the task at hand. You can also view your calendar by month to find those free days when you can hang out with friends and family.

## Marketplace Hub

As with any smartphone, the phone is not complete without apps, and WP7 users can download everything they need for music, games, entertainment, news, sports and more through the marketplace. The apps are sorted between free and paid.

It will be a long time though before Microsoft can catch up to the huge app libraries that make smartphones like the Apple iPhone such great successes.

Microsoft has recently hit the 1000 app milestone while Apple has reported a total of 300,000 apps.

However, featured apps like Twitter, IMDB and eBay, are already on Windows Marketplace while more developers, such as EA Mobile, are jumping aboard to publish a slew of Xbox LIVE games for WP7 users.

## Summary

Microsoft has gained several positive reviews from critics and deservedly so.

In a world where connectivity and speed is everything, Windows Phone 7 has proven to be a huge lure for social- and multimedia phone junkies, especially with the integration of Xbox LIVE and Zune.

Some gripes however are that users need to sign up for a Windows Live ID to gain full access to phone features such as SkyDrive or Zune. Fortunately, signing up is easy enough even if you are a Gmail email user.

Critics have also complained about the lack of a copy and paste function (which will be solved with an update early next year), video chat functions and the inability to multitask when it comes to third party applications.

Generally speaking though, those who want a breath of fresh air will love the new Windows Phone 7.



## Thank BlueChipIT that we are up and running again!



BlueChip IT is a dedicated service from World Telecom giving small to medium size companies 'blue chip' support to ensure your data and systems are as safe as possible. We offer:

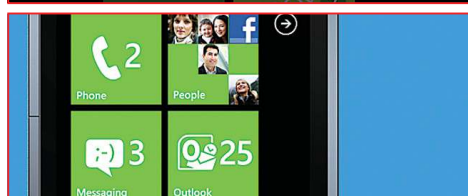
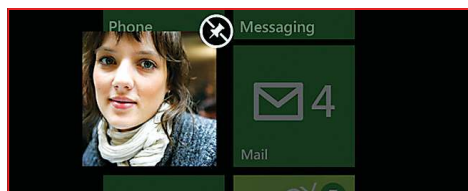
- 24/7 support by Microsoft Certified engineers
- Daily or weekly secure 'off site' back-ups
- Regular maintenance of servers and computers
- Fast response and stand by systems
- Alternative Internet & email connections if your service goes down

Our services can be tailored to meet your needs and budget, whatever the size of your company. We will be happy to give you a free on-site assessment of your system and discuss how to make sure you stay operational whatever happens.



**BlueChipIT**  
Ensuring your business IT works for YOU

Call 707 500 600..... Kurt Pardon..... IT Director..... Blue Chip IT



Kurt Pardon • I.T. Director  
PC Surgery and BlueChipIT  
part of the  
Portugal News Group  
info@bluechip-it.com  
Tel: 707 940 332



## Online shopping gifts for the guys



Fed up with socks and ties? This feature showcases big boys' toys, accessories and gifts galore for the guys.

City slickers and armchair travellers will love the new Insight Select travel guides, which zoom into some of the most exciting destinations in the world. Snap up the first six to give him a taste of New York, Rome, San Francisco, Istanbul, Hong Kong and London. From Insight Guides ([www.insightguides.com](http://www.insightguides.com)).

Throw open the doors to cafe society with illy's X7 espresso machine, and bring some Italian flair into the kitchen this Christmas. Francis Francis X7, from EspressoCrazy ([www.espresso-crazy.com](http://www.espresso-crazy.com)).

Famed for its sophisticated, signature scent, spoil the man in your life with Acqua di Parma's Colonia gift collection, with cologne, bath and shower gel, and body cream, from House of Fraser. For stockists visit [www.houseoffraser.co.uk](http://www.houseoffraser.co.uk).

Suited and booted, he'll look even sharper sporting a stylish chronograph, water resistant to 100 metres. By Autograph from Marks & Spencer. For stockists visit [www.marksand-spencer.com](http://www.marksand-spencer.com).

Retro men will love taking your calls from a 1950s diner-style phone. Diner Telephone, from Burford Garden Company ([www.burford.co.uk](http://www.burford.co.uk)).

Petrol heads will have hours of

fun with the Digit Pro Series remote control Ferrari California. Features include digital proportional speed and steering with tri-band technology. £35, by Silverlit Electronics from Debenhams. For stockists visit [www.debenhams.com](http://www.debenhams.com).

Budding masterchefs can experiment with Jamie Oliver's Sugar and Spice hamper, which includes mixing bowl with spout, wooden spoon, stripy tea towel, apron, oven glove, baking tin and a trusty timer, from Jamie at Home.

Hit the right note with this high gloss, piano black DAB radio from Roberts below. With 120 hours battery life, rotary tuning, RDS station name display, iPod/MP3 playback, headphone socket and carry handle, it's the slickest looking music box around. Roberts High Gloss DAB radio, from Roberts. For stockists visit [www.robertsradio.co.uk](http://www.robertsradio.co.uk).

Available in a rainbow of colours,



these merino wool V-neck jumpers will look great worn over an open white shirt. V-neck jumper, from House of Fraser. For stockists visit [www.houseoffraser.co.uk](http://www.houseoffraser.co.uk).

Share the love with a cashmere scarf, so gorgeous - you may want to borrow it yourself! Cashmere stripe scarf, from Oliver Bonas ([www.oliverbonas.com](http://www.oliverbonas.com)).

A must-have in the style stakes, Paul Smith's signature striped Mini flight bag comes with a padded laptop compartment, internal zip pocket and adjustable shoulder strap. Paul Smith Egyptian Room Flight Bag, from Harrods. For stockists visit [www.harrods.com](http://www.harrods.com).

Sam Wylie-Harris

### NANDI ANIMAL CHARITY CHRISTMAS FAIR

**21 NOVEMBER, from 09:00 to 15:30**

**MERCADO DO LEVANTE LAGOS**

Arts and crafts by Algarve artisans, clothes, jewelry and household items. Delicious pastries at the Nandi Café.

The perfect place to find special Christmas gifts!

**COME JOIN US!**

ALL PROCEEDS WILL HELP THE CARE OF THE NEEDY IN THE ALGARVE

### Festive Season at the Holiday Inn Algarve (formerly Hotel Garbe)

#### Christmas Programme

December 23rd until 27th Price €398  
(price per person in a twin room includes Gala Dinners, Carol Singing, Boxing Day Quiz and much more)

#### New Year's Eve Programme

December 29th until Jan 1st 2011 Price €359  
(price per person in a twin room)

For more information or to book call:  
+ (351) 282 320 260 or email: [info@hialgarve.com](mailto:info@hialgarve.com)

## Christmas Fair

Quinta Shopping, Quinta Do Lago  
**Saturday 20<sup>th</sup> November**  
**10 am - 4 pm**

**11 am Santa arrives in style**  
The Secret Gift Shop  
Children's Art & Craft activities  
Games, Christmas Gifts, Luxury Prizes

Supporting: **ACCA**  
HELPING CHILDREN IN NEED IN THE ALGARVE

## Get connected NOW

Calling or texting Christmas Greetings can be free for you this Christmas with our Super Saver Bundle

### SUPER SAVER BUNDLE

Fixed line rental + unlimited free calls to landlines in Portugal, Spain, UK or Germany  
ADSL up to 4 Mbps with unlimited traffic  
• Mobile service with free calls & texts  
• Keep your phone numbers  
• Free Nokia mobile phone  
\*€35.98 a month (+ IVA)

Call 707 500 600  
[www.worldtelecom.pt](http://www.worldtelecom.pt)

Please note: The above price is your fixed costs for all the services detailed, including the free calls from your fixed line and mobiles, line rental and ADSL. In addition there is a minimum monthly charge of €10.10 (plus IVA) which is a credit for all your other calls from your mobile. You can use a larger value pack if you wish. When you have used this credit, you can top up at any Multibanco machine or via online banking. Please call us so we can explain in full and answer your questions.



# Here come the Islamist nuclear terrorists!



You probably noticed reports recently about the secret trial in Georgia of two Armenian men who tried to sell highly enriched uranium (HEU) to a man purporting to be an Islamist terrorist. The apparent buyer was actually an undercover policeman and the whole thing was a sting operation from start to finish, but it offers some interesting insights into the current state of play in the world of counter-terrorism.



Georgian President Mikheil Saakashvili during a press-conference in Tbilisi. (Photo: EPA/Zurab Kurtsikidze)

The would-be sellers of the HEU were two naive losers, a 63-year-old failed businessman called Sumbat Tonoyan who had gambled his money away and a 59-year-old physicist named Hrant Obanyan who was chronically ill. They both wanted to score a big win in order to finance their retirement, and they fell right into the Georgian police trap.

A petty criminal called Garik Dadayan first approached Obanyan in 2002 with a packet of metallic powder, asking whether it was highly enriched uranium. Obanyan, a scientist at the Yerevan Physics Institute, confirmed that it was uranium though he could not say how enriched it was – and Dadayan was subsequently arrested trying to cross the frontier into Georgia with 200 grams (about 7 oz.) of HEU.

Dadayan was out of jail again by 2005, so Obanyan knew where to go when his friend Tonoyan suggested that they could make a fortune by peddling HEU to terrorists. Dadayan told them that he had friends in Russia who could supply them with unlimited amounts of HEU, and suggested that they start by finding a buyer and selling him a sample amount of, say, 100 grams. The poor fools believed him.

It's almost certain that Dadayan was working for the Georgian intelligence service by this time (how else would he get out of jail so fast?). The fact that in the end he only gave them 18 grams (half an ounce) of HEU to take to Georgia reinforces that suspicion. And of course it was the Georgian police who supplied the "buyer", a Turkish-speaking undercover policeman who said he was in the market for nuclear material on behalf of "serious people."

Last March the two mugs took the night train from Yerevan to Tbilisi, with the 18 gms. of HEU hidden in a cigarette box that was lined with lead strips to fool the American-supplied radiation detectors at the border. When Tonoyan showed up at a Tbilisi hotel the next day to close the sale (he was asking \$50,000 per gram), the police filmed the whole transaction and then arrested him and his partner-in-crime.

Georgia's motivation in all this is clear. Prime Minister Mikheil Saakashvili is trying to rebuild the close relationship he used to have with the United States before his rash failed attempt to seize South Ossetia by force in 2008. He will do anything he can to make himself useful to the American intelligence services, and this serves that purpose.

Why do the US intelligence services want to emphasise the risk of nuclear material falling into the wrong hands? Because that would be a bad thing, of course, but also to underline the fact that thwarting nuclear ter-

rorism is entirely a job for the intelligence services.

The alleged threat of nuclear terrorism is used to justify the whole US policy of invading countries that might provide "bases" for such terrorist attacks. It was the main (although utterly false) justification for the US invasion of Iraq, and it continues to be used to justify American threats to attack Iran. But what do the intelligence people want us to conclude from this episode? That the US should invade Armenia? Obviously not.

They want us to conclude that the military should not be allowed anywhere near counter-terrorist operations, partly because the tools they use – infantry, artillery, etc. – are entirely inappropriate for the job, and partly because invading countries tends to radicalise people and turn them into your enemies.

The little show-and-tell in Georgia serves the purposes of the more intelligent American intelligence officers, who know that the military must be excluded from their operations but have trouble in fending them off. It also helps to justify their budgets, although the threat they are seeking to protect us from is smaller than they claim.

It is smaller because it is almost inconceivable that terrorists could assemble a weapon that would result in an actual nuclear explosion. The technologies needed are just too challenging, and the amount of highly enriched uranium needed is too large: around 50 kg. (110 lbs.), or 2,500 times the amount that the Armenian pair were trying to sell.

A "dirty bomb" that just spreads radioactive material over some part of a city is more feasible, but also far less dangerous. It would cause widespread panic and make that district inaccessible for a time, but a well-placed car bomb would probably kill more people.

Never mind. I'm happy to have them play their intelligence games, because it just might prevent something like a "dirty bomb" from exploding in an American city. If that did happen, the popular pressure on President Obama to invade some other Muslim country would be well-nigh irresistible. That's not what we need right now.



Gwynne Dyer is a London based independent journalist whose articles are published in 45 countries.

## Insure your property in Portugal through The Portugal News

### PROPERTY INSURANCE

**UP TO 40%**

**RISK RELATED DISCOUNT ON PROPERTY INSURANCE**

This exclusive Intasure policy, underwritten by **LLOYDS OF LONDON**, has been specially designed to meet the needs of property owners in Portugal. It is available exclusively through **The Portugal News** in Portugal.

For more information, call 707 500 025.

You will receive friendly advice and a quick quote with absolutely no obligation.

- ✓ Buy on the phone
- ✓ Instant cover
- ✓ Underwritten by LLOYDS OF LONDON
- ✓ Fully comprehensive cover
- ✓ Policy documents in English
- ✓ High level of public liability

As an owner of a property in Portugal make sure you get the right insurance cover, designed specifically for you.

- Your cover is underwritten by one of the world's leading insurers - **Lloyds of London**
- Up to 40% risk-related discount available, depending on security, claims experience, excess level and your age
- Your property is covered whether occupied or unoccupied
- Your property is covered if let short term or long term
- Excellent discounts for choosing higher excess
- All policy documents are in English
- Policy covers your swimming pool as well as buildings
- Policy covers public liability of £5m or €7.5m in regard to buildings and contents (traditionally, Portuguese policies provide minimal public liability cover)
- Loss of rent included following a claim
- Covers the purchase of your home during the period between exchange of contracts and completion
- Covers temporary accommodation following a claim
- Wider cover than a standard Portuguese buildings and contents policy
- Wider cover than a 'community' policy
- All claims are reported to and resolved by a UK based English speaking team
- Optional Accidental Damage cover
- Off-Property Cover available
- Policy available in either GBP or Euros - Claims paid in either

**THE PORTUGAL News**



**intasure**  
Insurance that speaks your language

Call 707 500 025 for more information and a quick quote

Authorised and regulated by the Financial Services Authority



# Space shortage at Cascais' new hospital



Built to be a model of quality healthcare, Cascais hospital found itself short of space within just three months of opening, with patients being treated in the corridors. The regional health authority says it is surprised by the news while the hospital's administrators blame the lack of space on an unexpected increase in the number of patients.

João Varandas Fernandes, clinical director of Cascais hospital, said that after its inauguration in February the hospital already had patients in beds in the corridors three months later.

"We are at our limit and any alteration to the current situation can only be decided by the government," he said, adding that the situation worsened because the emergency department saw an increase of 28.4 percent in patient numbers as well as the fact that the hospital's catchment area has increased. Cascais hospital, which is managed by HPP Cascais, part of the Caixa Geral de Depósitos group, covers Cascais municipality as well as providing care to pregnant women and babies from eight parishes within the Sintra municipality.

José Miguel Boquinhas, President of HPP Cascais told *Público* newspaper that the high patient numbers were not foreseen in the initial studies on which the public-private partnership contract was based. In his opinion, they are due to the fact that patients prefer to go to a higher quality facility rather than the hospitals and healthcare centres they may have used previously.

To counteract a lack of space at the hospital, the administra-

tion has requested of the regional health service to be allowed to turn private patient rooms into double rooms, which has been accepted.

A lack of space however is not the only problem at HPP Cascais, where seven doctors and 29 nurses have already resigned. A spokesman from the Nurses Union said that staff complained about being overworked and overtime was not paid, which has been denied by the administration.

According to João Fernandes, the new hospital has better human resources with 1,066 staff, compared to the 913 that the old hospital had.

To beat the lack of space, the hospital's administrators met earlier this month with representatives from the regional health service and have promised to provide "concrete proposals" to resolve the issue.

Portugal's health minister Ana Jorge however said in Parliament earlier this week that the hospital's management is not being very coherent because "on the one hand it is willing to take on more patients" and on the other it has no room.

According to José Bosquinhas, the "ideal solution" is to build one more floor, which was foreseen in the partnership contract signed in



2008 between HPP Cascais and the government, however this possibility has not yet "been laid on the table."

A plan-contract for 2011 will soon be discussed for the hospital, taking into account the beds available and the number of operations and procedures carried out this year. Cascais hospital currently has space for 285 beds, which is 47 more than the old hospital that was closed in February. These extra beds however were placed in units that did not exist in the previous facility, namely intensive care and

neonatal care, among others.

"We have less space for in-patients than we had before," said Mr. Fernandes, adding: "If Sintra hospital is built (which the government said in February was still on the agenda), then we will be fine. If not, then this hospital should be bigger."

**Prime Minister José Sócrates pictured here two years ago unveiling the project for the Cascais Hospital. (Photo: Lusa/Tiago Petinga)**

## NATO restrictions in place across the capital from next week

As of next Monday pedestrians and drivers in Lisbon will begin to feel the effects of the restrictions being brought into place throughout the Park of Nations area for the upcoming NATO Summit.

Restrictions for the NATO Summit, which takes place on the 19<sup>th</sup> and 20<sup>th</sup> of this month, are to be introduced from the beginning of next week and will extend until 21 November.

All traffic will be prevented from circulating along the Alameda dos Oceanos for the duration as part of the security measures.

In a letter sent to the Association for Residents and Business-owners in the Park of Nations, the PSP's Lisbon Metropolitan Unit, Comelitis, further explained that between midnight on 15 November and midnight of 21 November, "no people or vehicles are allowed" within the perimeter of the restricted area "unless they are associated with the summit or have the required credentials to that effect."

PSP police have defined the restricted area as being along the Tejo to the east, along the Alameda dos Oceanos to the west, incorporating the Avenida da Boa Esperança from the Vice-Reis roundabout and the Vasco da Gama Tower to the north, through to the Rua do Caribe intersection, along to the Pavilhão de Portugal and then south until the Doca dos Olivais.

Police will set up check-points along the perimeter. Traffic will be diverted in other areas, including the Avenida da Boa Esperança, Rua do Pólo Norte, Avenida do Índico, Praça do Oriente, Avenida D. João II, Rua do Caribe and Alameda dos Oceanos, and around the Oceanarium.

The diversion area will suffer restrictions between 18 and 21 November. Only authorised vehicles and people will be allowed passage and will be searched.

Parking will be prohibited along the perimeter as well as on Avenida D. João II, between the roundabouts of the Vasco da Gama shopping centre and the Campus de Justiça.

Traffic in several other areas of the city will also be affected between 19 and 20 November, according to the Comelitis note.

A PSP spokesperson recommended that throughout next week residents and employees from the Park of Nations area use public transport.

It was also recommended that between 17 and 20 November businesses avoid meeting with clients or suppliers in and around the Park of Nations, due to significant delays that could occur

because of the restrictions.

Last week Portugal confirmed that it would be taking no risks for the summit, which will see the world's most influential leaders gather in Lisbon for the three-day meeting that also coincides with the EU-US Summit.

The "exceptional measures" aim to help guarantee "internal security and the maintenance of public order" during the apex meeting of the alliance, the Ministry of Internal Affairs was quoted as saying by the Lusa News Agency.

Concerned over the threat that terrorists, anarchists and extremists pose, Portugal has involved

all its law enforcement agencies and the Ministry for Internal Affairs has issued strict orders that no police officer be given leave for the duration of the two summits.

The decision was made over concerns that the presence of world leaders such as U.S. President Barack Obama could result in huge demonstrations and major disruption in the Portuguese capital in November.

Portuguese officials will therefore be on high alert from 17 November to 19 November, when the NATO Summit takes place, which is followed on 20 November by the EU-US Summit.

## Lisbon Christmas bazaar

The 26<sup>th</sup> international diplomatic service Christmas bazaar is due to be held in Lisbon on 4 and 5 December, at the Lisbon Conference Centre.

This charity initiative, promoted by the association of diplomatic families in Portugal will include the presence of around 40 accredited embassies that operate in the country.

Supported by Portugal's first lady, Maria Cavaco Silva, the funds from this year's bazaar will revert to charities that help children in need.

Each embassy will have a stand at the event, selling regional products from their countries, such as Turkish rugs, replicas of Egyptian jewellery, silks from China and bread from

the Azores. There will also be a gourmet corner, where specialties from around the world can be sampled and bought to take home.

Visitors can also buy tickets for a tombola that will include prizes such as holidays and gourmet hampers provided by the embassies as well as companies that have contributed to the event.

The fair will be open from 11:00am until 7:00pm on Saturday and Sunday. For more information, please telephone 213 952 936 or visit the website at [www.acdp.pt](http://www.acdp.pt).

## Dodgy clams confiscated

More than two tons of clams harvested from the Tagus River, which were unfit for human consumption were seized by Lisbon GNR's Unit for Coastal Control (UCC) last week, just prior to being sold to the public.

The clams were seized by the UCC in Póvoa de Santo Adrião during a fiscal check and other activities relating to regulations of harvesting and selling of the bivalves.

In total 2,620 Japonica clams were confiscated, believed to be commer-

cially worth in excess of €21,000. The seafood was said to have been prepared and ready for sale to the public.

After being analysed by a specialist the clams were found to be inappropriate for human consumption and were destroyed.

**OEIRAS has a new international school. OIS welcomes your visit!**

We are an IB World School, offering an international curriculum from 11 years upwards and the IB Diploma Programme for students of 16-18 years.

Visit our website at [www.oeiasinternationalschool.com](http://www.oeiasinternationalschool.com)  
Arrange to visit us by calling (+351) 211 935 330  
[info@oeirasinternationalschool.com](mailto:info@oeirasinternationalschool.com)



ENGLISH DENTAL SURGEON

**Dr. Francis Haley**

B.D.S.

(Guy's Hospital, University of London)

Av. 25 Abril, 184 - 1<sup>o</sup>C 2750 - 511 Cascais

Tel: 21 486 3012

<http://clinic.cdhalley.pt>



# Tourism occupancy decreases by 3% across the Algarve

Figures released by the Algarve hotel and tourism accommodation association (AHETA) show that the tourism occupancy levels for the region decreased by three percent in October compared to the same month in 2009.

In a press release, AHETA revealed that the average occupancy level across the Algarve in October was 49.8 percent, a three percent reduction from the same

month last year. The greatest fall in occupancy levels was felt in the western Algarve in Lagos and Sagres, which recorded a decrease of 17.3 percent, followed by

Vilamoura, Quarteira and Quinta do Lago with a 6.2 percent decrease and Carvoeiro and Armação de Pêra with a six percent decrease.

Meanwhile, Faro and Olhão saw tourist occupancy levels increase last month, by 15.7 percent, compared to 2009. Monte Gordo and Vila Real de Santo António saw the highest occupancy rates with 63 percent,

while Carvoeiro and Armação de Pêra had the lowest overall with just 39.7 percent occupancy.

Of the different types of accommodation available to visitors, two and three star hotels and apart-hotels saw the greatest reduction in occupancy rates by 7.9 percent and 6.3 percent respectively, while four and five star developments and apartments

saw an increase by 14.1 percent.

According to AHETA, the total number of Portuguese visitors to the region decreased by 26.6

percent last month, as well as Irish tourists by 31 percent, while the number of British tourists increased by four percent.



## Dogs and owners walk for charity

More than 200 dogs and their owners set off on a five-kilometre walk in Loulé this Sunday to raise funds for the São Francisco de Assis kennels.

Other walkers brought contributions such as dog biscuits and food for the cash-strapped kennel.

Loulé Town Hall councillor Anibal Moreno said that he hoped the initiative would also raise awareness amongst dog

owners to make them more conscientious regarding how to behave properly in the city.

"We have designated dispensers for animals' faeces to be put in, but we know that sometimes people do not respect them" he said, appealing to pet owners to be careful and not "damage the quality of life" in the city.

The two-hour walk took place around the northern area of the city.

## Thieves and drug trafficker arrested

Albufeira GNR police arrested one man on suspicion of drug trafficking, while a further two were detained in Portimão on suspicion of theft from properties in the region.

In a statement released earlier this month, the GNR said that a 33 year-old Portuguese man was arrested on suspicion of drug trafficking, having been found in possession of 148 doses of hashish, 21 doses of cocaine, a small quantity of liamba and €300 in cash.

The suspect, who was arrested on Rua 25 de Abril in Albufeira attracted the GNR's attention by acting suspiciously. Following an appearance at the Albufeira court, the suspect was identified and released.

Meanwhile, the GNR in Portimão arrested a 52-year-old Moroccan man and his 27 year-old son for theft from properties across the region. During a search of their property, the GNR seized 17 mobile telephones, three digital music players, four digital cameras and a video games console.

According to the GNR, several of the items were identified by their rightful owners from properties that were robbed in Vale do Milho, Carvoeiro, Quinta do Rosal in Lagoa and Dona Ana in Lagos.

Both suspects were identified and must present themselves to the authorities at regular intervals until their trial.

Free pickups  
from Carvoeiro & Ferragudo area  
Call 282 358 502 to book\*\*\*

## Vale de Milho Golf

*Ideal for short game practise!  
Ideal for family golf!  
Ideal for beginners!*



### SPECIAL PROMOTION (June-October)

9 Holes - €20 18 Holes - €30  
With Clubs - 9 Holes - €32,50 18 Holes - €47,50

### TWILIGHT PROMOTION

**€25**

With Clubs - €40

Valid Jun - Sep: After 2.30pm  
Valid Oct: After 3.30pm

### BREAKFAST OR LUNCH

9 Holes - €26,50 18 Holes - €38  
With Clubs - 9 Holes - €40,50 18 Holes - €57,50

\*\*\* Subject to availability. No service at weekends.

Tel: 282 358 502 - Fax: 282 358 497 - Tlm: 919 816 560

E-mails: reservas@valedemilhogolf.com

Web site: www.valedemilhogolf.com

**Pestana**  
GOLF & RESORTS  
ALGARVE

Gramacho Vale da Pinta Silves Golf Alto Golf

[www.pestanagolf.com](http://www.pestanagolf.com)

<b>Summer Special</b> <b>2 Players + Buggy</b> <b>95€</b> June, July & August	<b>Twilight Green Fee</b> Gramacho: 26€ Vale da Pinta: 31€ Alto Golf: 28€
--	--

Contacts: Tel. 282 340 900 - info@pestanagolf.com  
www.pestanagolf.com

October & November Outubro & Novembro

**DON TORO**  
ANGUS STEAK HOUSE

**Autumn SPECIAL Outono**

**€10.90**

Pumpkin Soup + Argentinian Steak w/ potatoes & vegetables  
Sopa de Abóbora + Bife Argentino de batatas & legumes

DON TORO ANGUS STEAK HOUSES - LAGOS & ALMANCIL  
OPEN 12.00 - 15.00, 18.00 - 22.00  
FOR RESERVATIONS, CALL Lagos 282 767 234 / Almoncil 289 325 062

Private Tuition - from €30 per hour

## Algarve Computer Solutions

\* We come to you \*

- Repairs
- Upgrades
- Routers
- Installations
- Emails
- Skype Phones

**NOW IN STOCK - ENGLISH**  
Desktops from €395 & Laptops from €410

For all your computer requirements

282 471 148 or 962 598 966

[www.algarvecomputersolutions.com](http://www.algarvecomputersolutions.com)

**NEW STOCK NOW IN UK FOOD SUPPLIES**

Shreddies Shredded Wheat Marmite Oxo Walkers Haribo Kingsmill Marmite Soreen John West Fry's Beans Baked Beans Bisto Quality Street

Call us 282 098 497 or drop into our Lagos Store  
Rua Francisco Xavier Ataíde, Lagos 8600 - 775

Monday to Friday 9.15 - 18.00  
Saturday 9.15 - 13.00

**UK'S LARGEST COMBINED PLUMBING & DRAINAGE COMPANY IS NOW IN PORTUGAL**

Offering Fast Professional Service Throughout The Algarve

**DrainDoctor**  
CANALIZAÇÕES

"QUICK AS A WINK"

**All Plumbing Drain Cleaning CCTV Surveys**

**Jetting Root Removal Drain Relining**

**On Call 24 hours/7 Days A Week**  
**Call: 289 425 480**  
**For Speedy Service**



# Porches pottery shop robbed in broad daylight

Carrie-Marie Bratley

Last Sunday the Olaria Pequena pottery shop and studio, in Porches, was looted during opening hours in full view of the EN125 main road; around 50 individual large pieces of handmade, hand-painted pottery were stolen, worth in the region of €5,000.

Olaria Pequena was founded nearly three decades ago by Scottish ceramic artist Ian Fitzpatrick. It comprises a small shop, behind which is a pottery studio. It is located just off the EN125 near Porches and has a parking space in front of the shop.

"I've been here for 29 years and never had any problems", Ian told **The Portugal News** on Tuesday, clearly still shaken by the incident.

"It just goes to show how bad times are if people are willing to steal this kind of thing."

The stolen pieces would have taken Ian "months" to create and are each worth in the region of €100.

Ian is helped in his studio and shop by assistant Marco Correia, with whom he has worked for some 14 years. Marco was in the shop's studio working at the time of the robbery, which is believed to have occurred between 4:30pm and 5:30pm.

"I left at around 4:30pm but the

shop stayed open as Marco was in the back working. He called me around an hour later to say the shop had been ransacked. He didn't hear anything as he had been working with a compressor", Ian explained.

He added, "We're not usually open on Sundays, but as Marco was working we decided to leave the shop open. In fact we very rarely open on a Sunday so it really is a strange coincidence".

Describing the incident as a "major loss" and a "total shock", Ian is reluctant to speculate on who or how the robbery was carried out.

"I'm totally stumped and I don't want to jump to conclusions", he said, but added "there must have been a few of them [thieves] though, to take 50 pieces in such a short amount of time."

Police investigating have taken fingerprints from pieces of pottery that were moved but not stolen.

Ian is urging the public to keep a look out for the stolen pieces of

pottery, at markets and Christmas fairs. They are described as large-size items, "like platters", with designs based on local themes such as lemons and oranges, and are "fresh and contemporary". Most pieces are inscribed with an 'Olaria Pequena' stamp and Ian's signature on the bottom.

"It's not just the financial loss though", Ian continues, "I put a lot of time and effort into those pieces and was very fond of them. It's not like when someone steals a TV and the insurance pays to replace it".

He concluded, "It's a terrible feeling that someone just walked into the shop and helped themselves without thinking about the effect it would have on others."

Readers can see examples of Ian Fitzpatrick's pottery on his website: [www.olariapequena.com](http://www.olariapequena.com). To report possible sightings, call Olaria Pequena on: 282 381 150.



Examples of what Ian Fitzpatrick's work may look like.

## Nurses fired over illegal contracts

Twenty-two nurses from seven different health centres across the Algarve were fired by phone on Monday this week after irregularities were detected in agreements signed between the Regional Algarve Health Administration board (ARS/Algarve) and the company that provided nursing services.

Following the phone call the nurses did not return to work, Nuno Manjua, from the SEP Portuguese Nurses union confirmed to Lusa News Agency on Wednesday.

They are believed to have been working within an outsourcing regime and had been working for a temping agency for two years.

Mr. Manjua believes this will greatly affect the level of nursing care in the region as many centres are already running at the limit of their capacities. However, he added that the situation "is not a new one".

Irregularities in their present contracts were detected by the Accounts Tribu-

nal (TC) and the nurses immediately told not to continue with their services.

Nuno Manjua believes contracting some 30 nurses on a sub-contracting regime would have cost ARS/Algarve around €450,000, €112,000 of which would have gone to the outsourcing company.

**St. Andrews Society Algarve**  
**St. Andrews Ball**  
**Saturday 27<sup>th</sup> November, 7pm.**  
 Music By 'Sounds of Islay' Ceilidh Band  
 Le Meridien Hotel Penina  
 Tickets Available from Kathy  
**Tel: 919 635 279**  
 €36 members • €38.50 non members

**Step back in time 1838 to 1932! Visit**  
**FARO JEWISH HERITAGE CENTRE**  
**Synagogue Museum** **Free Entry**  
 The only remaining vestige of the  
**1st post inquisition Jewish Presence in Portugal**  
**Open Weekdays 9h30 – 12h30 & 14h00 – 17h00**  
 Tel: FJHC: 289 829 525 • Sr. António (Guide): 925 071 509  
 Ralf: 968 440 414 • email: [Ralf.Pinto@sapo.pt](mailto:Ralf.Pinto@sapo.pt)  
[www.farjewishheritagecentre.org/](http://www.farjewishheritagecentre.org/)

**BUYING GOLD - OURO & ALL PRECIOUS METALS**  
**& Old Oil Paintings**  
**TOP PRICES PAID**  
**Don't sell without contacting us**  
**HONESTY & SAFETY** 50 years experience  
**Tm: 960 212 008 • 10am - 8pm**  
**English & Portuguese Spoken**

**New Portuguese Size Fitted Sheets and Protectors up to 200cm wide**  
**New luxury range of 800gsm Towels & Robes in store now**  
**Sheets, Towels Pillows, Cushions Duvet sets etc.**

**27 Estrada de Vale de Eguas Almancil**  
**Tel: 289396385**  
**email: [linenwarehouse@sapo.pt](mailto:linenwarehouse@sapo.pt)**

**OPENING HOURS:**  
**Mon- Fri 10-6 & Sat 10-5**  
**(Closed 1-2 for lunch)**  
**(on the left hand-side of the roundabout coming into Almancil off the EN 125 from the Boliqueime direction)**

**LINEN WAREHOUSE**  
**Live life in comfort**  
 For a virtual tour of the shop go to [www.linenwarehousealgarve.com](http://www.linenwarehousealgarve.com)

**Now you can shop online and get Algarve Removals to deliver to your door**

Simply shop with any major online retailer and we'll deliver to your door in the Algarve within 7 days.

**Just follow these 5 simple steps:**

- 1 Place your order with any online retailer.
- 2 Assign your consignment to Algarve Removals and let the supplier deliver to our warehouse at Chantry Lane, Boreham, Chelmsford, Essex, CM3 3AN.
- 3 Then click on [algarveremovals.com/bookingconfirmation.htm](http://algarveremovals.com/bookingconfirmation.htm) and complete our online booking form.
- 4 We'll check your order on arrival and email to confirm your goods have arrived safely.
- 5 Once your goods have arrived in the Algarve we will call you to arrange delivery/collection.

**TESCO ASDA SCREWFIX John Lewis IKEA DEBENHAMS M&S Argos think sofas, this dfs algarve REMOVALS**

**Call us now for a FREE quote**  
**UK Tel: 0044 (0)1245 468888 Algarve Tel: 00351 289 513851**  
**Mob: 0044 (0)7711 179842 Mob: 00351 968019226**  
**Email: [sales@algarveremovals.com](mailto:sales@algarveremovals.com) www.algarveremovals.com**



# Zoomarine closes for the winter

Eloise Walton



Guia-based theme park and marine conservation centre Zoomarine has closed for winter, re-opening to the public in March 2011. Although minimum services will be maintained, the park will not take in any injured marine animals while it is closed.



Dolphin interaction with both adults and children at Zoomarine (Luis Forra/LUSA).

With the animals now resting from their summer shows, until March, cleaning and maintenance work is now underway at the park. Throughout the history of the park, which will celebrate its 20th anniversary in 2011, it only closed once in 2003/2004 for a two month period to carryout maintenance and renovation work.

Dr. Pedro Ferreira, Zoomarine's marketing director told *The Portugal News*: "It is not the first time that Zoomarine has closed for the winter. This year, it is closing because of the major decrease in winter visitors, which has been felt recently."

During the closure, the minimum services at the park will be maintained with permanent teams of staff working in the gardens and zoological areas. "This period will generally be used to carryout work throughout the park that is not possible when it is open to the public," said Mr. Ferreira.

Zoomarine is one of the region's most renowned tourist attractions, with marine biology specialists not only caring for the resident animals and actively educating children about marine life and con-

servation in schools, but also treating and re-habilitating injured marine animals such as dolphins and turtles.

Albufeira mayor, Desidério Silva told *Público* newspaper that whenever sick or injured animals come ashore, "the maritime authorities ask Zoomarine to help, it's a public service they provide and they don't receive a penny for it."

Injured marine life will not however be taken in for treatment and rehabilitation by the park this winter, a service which according to Mr. Ferreira "will be assured by other institutions" until the spring.

He added that when the park re-opens on 1 March next year, ticket prices will be revised to take into account inflation and new tax rates.

Meanwhile, Zoomarine dolphin Missy is pregnant. The father of the park's next baby is 50 year-old Sam, the world's oldest captive dolphin.

A due date for the birth has not been revealed, however according to Mr Ferreira: "The birth is due soon, but we do not yet have a name for the baby dolphin."

## Medicines contaminate Algarve rivers



A study carried out by scientists from the University of the Algarve has found traces of a range of medicines in the Arade and Guadiana rivers, which have been blamed on the ineffectiveness of the waste water treatment process.

Using sensors placed in the water, the team from the marine and environmental investigation centre detected the presence of medicines such as anti-inflammatories, anti-depressants, painkillers and alkaloids such as caffeine in the river water.

Scientist Maria João Bebianno told *Lusa News Agency* that the impact of these traces on public health is not yet known, but the first results should be available at the beginning of next year, after the last samples are collected this weekend.

The discovery was made as part

of a project being carried out in cooperation with the University of Bordeaux in France, which lent the sensors.

According to Mrs Bebianno, traces of medicines are found in waters throughout the world because water treatment plants do not yet have the technology to eliminate their components.

Medicines taken by the population and passed through bodily waste are released into the sea and rivers after waste water treatment as their chemical components do not disappear.

In the Guadiana River for exam-

ple, the team were able to determine that the surrounding population is more elderly simply from the composition of the medicines that are found in the water.

Medicines administered to animals by veterinarians can also contribute to the concentration of these contaminants in the water.

During the second phase of this study, the scientists will analyse the water samples and try to determine whether the amount of medicines found in the river water increases during the summer months, when there is an influx of visitors to the Algarve.

## Faro Town Hall "technically bankrupt"

Faro Town Hall is in need of a €48 million cash injection to avoid bankruptcy, after surpassing its debts of €7.6 million in 2008.

Macário Correia, Faro mayor, has asked the government for permission to take out a €48 million bank loan to pay the millions owed to companies by the Town Hall.

"No town hall has closed its doors in living memory," he said, adding that he is willing to "cut down" on current management costs. Faro Town Hall is currently faced with 30 court proceedings relating to unpaid debts to the value of around €15 million, with a further number of companies asking for payment of a similar amount.

"Everyday desperate com-

panies come knocking at our door," said the mayor, adding that he is optimistic that the loan request will be approved, after being reviewed by the Ministry of Finance and the authority that governs town halls. From this moment on, Faro Town Hall will lose part of its autonomy, being under the "control" of central administration.

In 2008, the Town Hall surpassed a debt of €7.6 million, meaning that it would no longer be allowed to request loans directly but must request permission from central government.

According to Macário Correia, the Town Hall's finan-

cial situation is not entirely the fault of the previous socialist leader, but has been deteriorating progressively for the past decade due to "disorganisation." A total of 7,388 invoices have yet to be paid.

In order to relieve the pressure on the Town Hall, a total of 180 members of staff have been laid off, allowing savings of two million euros, without affecting services to the public.

Faro's mayor will now have to continue cutting spending at the Town Hall as next year's budget is predicted to be €700,000 less than this year.



**SPECIALIST LEATHER & FABRIC CLEANING**  
Grime & Stain Removal (Sun lotion, dye, wine etc)

**ULTRA-PROTECT** Prolong the life of your furniture

**TEARS, SCUFFS, COLOUR LOSS. BURNS**  
REPAIRED AND RESTORED



See photos & videos online  
Call Paul 915 432 027

- Problem With Your Villa Construction Project??
- Builder abandoned your project and you do not know what to do??
- Builder Gone Bankrupt or About to??
- Builder Does not have the correct
- License/Alvará or illegally using one that does not belong to him??

**Build 4-U-Lda**  
ALVARÁ Nº 55504

Can take on your Project.

Contact: Build-4-U-Lda,  
Fully licensed builders  
e-mail: build-4-u@sapo.pt  
Tel: Alan McCormick. 919356749

## Let the Magic In

English Supermarket

All your favourite products from the UK  
we focus on the **BEST** range at the best  
**BEST** prices with the **BEST** service

### This week's specials

- HEINZ baked beans - buy 6 at only 75c each!
- Boxed Christmas cards - from €1.95 for 12
- Kingsmill square cut bread - still only €1.99



Let the Magic In, Algoz  
Call 282 575 061 weborder@letthemagicin.com



## Dazzling Drain Doctor

Drain Doctor Portugal, a company-owned franchise of UK-based Drain Doctor Plumbing, has increased its turnover by 81 percent in the past year despite a difficult trading environment.

The credit for the increase in sales is in no small part due to operations director at Drain Doctor Portugal, Paulo Martins, and his team. Paulo took over at Drain Doctor's Portugal business in early 2010 and has secured new business to drive the company's growth in the region.

For example, he has taken advantage of new legislation in Portugal to take Drain Doctor into new service areas. Since April 2010 it has been compulsory in Portugal to install solar thermal panels to produce hot water. In hotels and resorts it is mandatory to ensure that water held in the system is heated to 70°C to prevent the potential build-up of Legionella bacteria.

Solar heating systems must be serviced on an annual basis. Professional installers and maintenance providers have to be certified by the Direcção Geral de Geologia e Energia (DGGE). Installers need to have the Certificate of Professional Aptitude (CAP) Technician Installer Solar Thermal Systems.

Paulo said: "We saw an opportunity for business growth in this area. To increase business we have ensured that Drain Doctor is a certificated pro-



vider of maintenance services for solar heating systems. Our maintenance technician holds the appropriate CAP certificate."

Drain Doctor Director Jan Mitman said: "I am delighted that Paulo has been able to turn the Portugal business round and drive this growth. He really believes in the Drain Doctor system and he tells everyone he meets about our unique selling proposition."

His well-directed marketing efforts have won recent business including contract work at the recently completed Portimão Race Circuit, which plays host to world-class events such as Superbike Championships and F1 testing.

Drain Doctor in the Algarve region covers Loulé, Faro, Silves, Vilamoura, Portimão and Lagos. The company guarantees service 24 hours per day 365 days per year, with a fixed price 'menu' and no call-out or out-of-hours charges.

## Customised curtains create a soul for the home



Ready-made curtains may be a cheaper alternative to having soft furnishings made-to-measure, but very rarely are they more than just a cost-friendly compromise.

Algarve Curtains specialises in handmade soft furnishings crafted from quality materials to be the perfect fit and be a long-lasting embellishment of the home.

At the Algarve Curtains workshop there are hundreds of material samples to choose from. Also there are various curtain poles and tracking systems to choose from, some of which can be custom-made to suit different window shapes. Nearly all products used are sourced within Portugal apart from a few things used in the making up which are not available here but are essential for a better finish.

Algarve Curtains was established by Lynne Thorpe eight years ago. Lynne has more than 25 years experience in producing the most beautiful curtains and cushions. Her creations have graced some of the UK's most prominent homes and establishments, including the abodes of celebrities and Bon Secours hospitals in Buckinghamshire and Glasgow.

"People buy ready-made because it's quicker and cheaper, and some are ok", Lynne reasons, but adds "some are not well made up and quite often don't fit the windows".

She explains, "Sometimes for a lit-

tle more people can have a much superior finish; and handmade curtains don't have to be expensive, they can be made to suit all budgets".

An item Lynne is finding particularly popular at the moment are 'hanging bed-heads'; a fashionable alternative to normal bed-heads in which oversized cushions are made to measure and suspended from a rail fixed to the wall above the head of the bed. Large cushions are designed to sit flush with the wall and covers can be removed and washed.

"They are a great, modern idea for rental properties", she says.

As well as curtains and 'bed heads', Lynne specialises in cushions of all shapes and sizes for both indoors and outdoors, as well as light soft furnishings and soft blinds. Lynne is more than happy to offer her expertise to customers who are in need of a little advice on what would work best in their homes. Home visits are carried out for customised fittings. After 25 years in curtain and soft-furnishing making, Lynne is still as passionate about it as she was when she first set out. She believes in working closely with the client to achieve quality and perfection.

"I think it's a talent that comes from my great Aunt, she was still making her own clothes at the age of 94", she laughs.

Covering the whole Algarve, Algarve Curtains also provide the delivery, styling and fitting of all products.

## Home from home at the Casablanca Inn



Having undergone a complete renovation this year, the Casablanca Inn offers guests a home-from-home experience in the traditional Algarvean seaside town of Monte Gordo.

This four star hotel, which has an Arabic inspired décor, has a range of facilities including a lounge, outdoor café style seating and ample sized dining room, serving breakfasts and dinners, with views of the outdoor pool and patio area.

The outdoor pool is heated throughout the winter months, from November until April.

There is also an inviting bar area, where guests can relax and listen to live music which is played every Tuesday, Friday and Saturday night.

The Casablanca Inn offers 55 comfortable rooms, each with an en-suite bathroom, television, minibar, fridge, safe, air conditioning and

access to a terrace on the ground floor or to a private balcony upstairs.

Guests can choose a room with double, separate twin or joint twin beds, for maximum comfort.

Casablanca Inn is set in an ideal location, just a three minute walk from the beach as well as to numerous shops, cafés and restaurants.

Families are welcome to the hotel, which is also ideal for couples wanting to enjoy a relaxing holiday away from all the stresses of life.

"Our hotel has been established and running successfully for 25 years. We aim to make our clients' stay at the Casablanca Inn the best part of their holiday," said a spokesman from the hotel.

Staff at the Casablanca Inn will always give clients a friendly welcome and speak a variety of languages including English, German and Dutch, among others.

### This Week's profiles:



### Drain Doctor

For more information, please visit the website [www.draindoctor.pt](http://www.draindoctor.pt). Alternatively telephone 289 425 480.



### Casablanca Inn

For more information about the Casablanca Inn, located on Praceta Casablanca in Monte Gordo, please telephone 281 511 444 or email [hotel@casablancainn.pt](mailto:hotel@casablancainn.pt). Alternatively, please visit the website, available in English at [www.casablancainn.pt](http://www.casablancainn.pt).



### Algarve Curtains

For more information please contact Lynne Thorpe at Algarve Curtains on 282 493 238, 964 677 699, or visit her workshop on Rua Infante Dom Henrique, no. 42 (on the road into Ferragudo from Portimão just a few hundred metres after the new 'Vitor's Village' development). It is advisable to phone ahead of workshop visits.



### CLCC

For more information on any of the courses or activities contact CLCC - Centro de Línguas, Cultura e Comunicação on: Rua D.ª Maria Luísa, 122, Portimão, Algarve, 8500-648 - Portugal. Tel: 282 430 250 / Fax: 282 430 255. E-mail: [geral@clcc.pt](mailto:geral@clcc.pt), or see website: [www.clcc.pt](http://www.clcc.pt).

## Free Health and Wellbeing Open Day at CLCC



On 16 November a free-to-all Health and Wellbeing Open Day will take place at the Centre Of Language, Culture and Communication (CLCC) in Portimão.

This year CLCC is introducing new courses of Tai Chi, Yoga, Autogenic Training, Progressive Muscle Relaxation and Jazz Dance.

The purpose of this event is to learn more about these new classes.

The schedule is:  
7.00pm - Tai Chi Chuan  
7.30pm - Autogenic training  
8.00pm - Hatha Yoga  
8.30pm - Progressive Muscle Relaxation  
9.30pm - Jazz Dance

Participation in the event is totally free of charge. CLCC is a private institution lo-

cated in Portimão that has already been in existence for more than 16 years.

The company is officially recognised by DGERT - Direcção Geral do Emprego e das Relações de Trabalho, the Ministry of Education and the British Council.

The CLCC has a large number of teachers certified by the IEFPP - the Portuguese Employment and Professional Training Institute.

During its 16 years of existence more than 10,000 students and thousands of private and public companies have taken a course at the CLCC, in Computing, Languages and Management.

The CLCC has taught more than 200,000 class hours in total.

Many different courses are available, morning and evening.



## Hash Harriers Halloween



The Algarve Hash Harriers

The Algarve Hashers returned from a weekend in Tomar, lots of exercise, drinking and exploring

the wonderful Monastery and town. We stayed at Camping Redondo which is run by a cou-

ple of hashers so they knew our funny ways and took us on some very scenic trails. One trail led to

a 61km long lake where we took over a bar and enjoyed a beer or two after a very hot hash - well that's our story.

The Halloween Hash was well attended by many witches, wizards and some very ugly skeletons plus a ferocious wolf. We followed a lovely trail set by the witch of Porsches who made sure we worked for our lunch. We met at Porches Pottery and got some very funny looks from passersby who thought the Pottery was open until they saw us motley crowd. They will probably never return! Those Hashers who did not dress for the occasion were given a penalty of a beer - they probably just wanted a beer.

The next Hash is on Sunday, 14 at Moncarapacho. If you fancy joining us for some exercise, good company, beer and nosh please call Sylvia 289 413854 918806044 or Mick 919518161.

## Memorial Golf Tournament for Disabled Riders

On 4 November Quinta do Lago Golf Club held a tournament in memory of Linda Einwallner, who died in August.

Due to the generosity of the members taking part, a splendid sum was raised in aid of Riding for the Disabled in the Algarve. The monies will be used to sponsor the riding therapy of the Associação Portuguesa de Paralisia Cerebral (Association for people with Cerebral Palsy) for one year.

Rosemary Owen, Chairman of RDA, said: "We are absolutely delighted to have received this very generous donation. Linda took a very active interest in the running of our Association for many years and I am sure that she would be very happy to be re-



Linda Einwallner

membered in this way. We are most grateful to the organisers of the tournament and to all who took part to pay such a worthy tribute to a wonderful lady."

## Algarve Bowls Report

### Greens ground nuts - crusaders skin cats

Round five and some more interesting results to keep the pot boiling. Alvor Greens finally found some of the form that won them the title last season and took a maximum eight points off the Amendoira Nuts by 94-25. Their position was helped by the Albufeira Cats being defeated away to the PDF Crusaders 65-36. Crusaders taking the full eight points. Alvor Amigos also stumbled to a 53-45 defeat away at the Valverde Vikings, also dropping the full eight points into the bargain.

Valverde Vulcans entertained the Alvor Harlequins who have been recovering from a slow start to their season. Harlequins had a good away win by 61-43 and earned a further six points to two. Alvor Gladiators were at home to the Tavira Tigers and a close match was finally won by the Gladiators 59-52, though the points were

shared four each. The final match was between the Pedras Panthers and the visiting PDF Sinners. Panthers continued their good form by beating Sinners by 57-38 and scooping all eight points.

The league table is one of the closest and most interesting for some years. Cats remain on top despite their reversal at Crusaders and have 28 points, however Vikings now join them on this total but stay in second on shot difference. Greens ease up to third after their convincing return to form and now have 27 points, just ahead of Harlequins on 25. Panthers are also doing well with 24 points, whilst Crusaders rise to sixth on 22, just ahead of the Amigos who drop to seventh with 21 points. Tigers have 17, Gladiators are on 16 and the Vulcans have 14 points. Nuts remain on 10 and Sinners remain at the bottom with 8 points.

Alan Clarke - League Director

## Royal British Club Trophy



L to R: Graham Dewar, Winner Bill Buxton, John Duggan and George Everett.

This month the Royal British Club Golfing Society had a very large field to play for the Royal British Club Trophy - and the weather was beautiful. Thirty two players - including six guests - completed the round though scores were not very impressive.

We were grateful to John Duggan, a member of the Royal British Club Committee for presenting the prizes and for giving us an update on the initiatives being taken by the Committee to revitalise the Club.

Awarding the prizes to the first six players was a little more complicated than usual because of numerous count backs. Winner, Bill Buxton, with 31 points was followed by George Everett in second place, Graham Dewar and Isabel Nygren in third and fourth places respectively - obviously all on the count back. In fifth place was Derek Melvor followed by David Jackson both with 30 points after another countback. The Newstead Tro-

phy was won by David Thomas, the Nearest the pin for Men was awarded to Ewan Rankin. The Captain decided to award two guest prizes this month - Lady guest to Evelyn Marret and the Men's guest prize to Melvyn Shoob. Axel Beslin won the Cow Bell with the free lesson from professional Gordon Young and Brenda Leitão won the Captain's Mini Cowbell - a single malt whisky.

The next, and last, competition of the year will be for the President's Baffly on 3 December followed by the annual gala dinner at the Hotel Inglaterra, Estoril, that evening.

## Algarve Bike Rides

**Saturday, 13 November:** Bike Ride starting in Alte. We meet on Av. 25 de Abril between the cemetery roundabout to the town centre at 12:45 for a 1.00pm start. This will be a fairly challenging ride on a mixture of dirt tracks and tarmac roads and there will be a cafe stop somewhere along the way.

**Sunday, 14 November:** Bike Ride starting in Tavira, we meet in the car park by the new river bridge near the Vila Gale hotel at 09:45 for a 10:00 start. This will be a mostly easy ride on a mixture of dirt tracks and tarmac roads and there will be a cafe stop somewhere along the way.

For more information call Paul Beesley on 913226954 or e-mail: paul.beesley@sapo.pt or visit 'Algarve Bike Rides' on Facebook.

## Walking in the beautiful Algarve

### Wednesday, 17 November - Let's Walk on Picota

A 2½ hour circular walk that will take us to the top of Picota with fantastic views. There is a climb but we will go up the gradual, easy way! **10.30am start.** Drive up to edge of Monchique Town, after passing the petrol stations turn right towards Alferce. Follow the road for almost 2km, where there is a road to the right (just before the Choupal cafe), turn here and drive uphill when at the top of the climb there is a T-junction, meet here.

*Everyone is very welcome, just come along. While these walks are suitable for all of average fitness do remember you are responsible for your own safety so wear suitable shoes, boots or trainers, bring some water and a sense of humour. There is a charge of €5 p.p. for each walk. If it is raining please check with me that the walk is going ahead. Dr. Julie Statham. www.portugalwalks.com, www.pedalainportugal.com. Tel: Portugal 965753033. Tel: UK 08717113315. A Responsible Travel member.*

## WRVS Social Tea

The next WRVS Social Tea will be held in the British Retirement Residence Quinta da Fonte, S. Pedro do Estoril on Tuesday, 16 November at 3pm. The minimum donation for the WRVS charity is €1.

Commemorating the Bicentennial of the Peninsular War, there will be an illustrated talk about the recent visit of the British Historical Society to Bussaco

on the Anniversary of the Battle, and its re-enactment. This will be followed by delicious cakes, sandwiches and tea. We will also be selling jam, and taking orders for Christmas Puddings, all home-made; proceeds to our charities. Everyone is most welcome. Bring a friend! For catering purposes, please confirm your attendance with Pam on 214 688 694 or Ruth on 916 192 183.

## Visit to the Nova Cortiça Cork Factory

Members of the Algarve Wine Society visited the Nova Cortiça cork factory in São Brás de Alportel on 3 and 8 November. Two visits had to be organised, as places were very quickly oversubscribed.

Eng. Gilmar Brito, the biochemist responsible for the factory's laboratory, gave a very elucidating presentation and answered the many questions put forward by the visitors before guiding them through the labyrinth of the factory floors.

We learned that Portugal is the leading country in the world for cork production; 52% of all the cork grown and processed hails from Portugal. Cork oaks grow exclusively in Mediterranean countries, and the absolute best quality cork is grown in the hills

behind São Brás in the Serra do Caldeirão. This superior product is reserved and destined exclusively for the best French champagne stoppers.

A cork oak is 43 years old before its cork bark (after the third stripping) is mature enough for processing. Stripping at nine year intervals is beneficial to the tree. Trees grow to between 250-350 years old, and can be stripped about 20 times, before they become unproductive.

There is not enough natural cork grown to cover the world's ever-growing need for bottle stoppers, hence the growth in demand for plastic or screw top stoppers.

The visit was followed by a good lunch at the Vila Velha restaurant in old São Brás.

## Senior Bikers at the border

On 6th November, 29 members of the Senior Bikers Group, the best turnout for any single event since the group was started, made the most of the autumn sunshine and after meeting at São Brás de Alportel headed east to Castro Marim, where a break was made for coffee near the castle. Also a chance to chat and get to know the several new members attending for the first time. Leaving the main roads we continued towards Alcoutim following the route planned by Mike Sanders, riding along the banks of the

Guadiana River all the way to old town. The river forms the border between Portugal and Spain. An excellent lunch at the Restaurant Tipico in the main square. After lunch the route followed the old roman road to Martim Longo returning to the starting point via Cachopo.

For bookings and information contact David Shirley, e-mail: davethemoto@gmail.com, tel. 282444061/918421613 or goto: www.algarveseniorbikers.org.

Photo: The Senior Bikers take a break for a chat.





## The Angels soared!

Last week at São Brás Museum, The Angels Theatre Group performed their latest production of a Music Hall Revue, raising €6,000 to benefit both the Centre Algarve Charity and the Museum. All three nights were a complete sell out, in spite of poor weather, and the audience ap-

plauded a most professional show and many went home happy winners of a raffle with splendid prizes.

Guest artist Edison Verbisek played his violin with great verve and accomplishment. He was followed by Catherine Harmann, who led the Scottish themed finale into the Gallery by playing the bagpipes. It was a rousing end to a wonderful evening.

The Angels Theatre Group raise money for charity. They are currently rehearsing for their Christmas Cracker Show, which will be performed for one night only at the Holiday Inn Algarve (formerly Hotel Garbe) Armação de Pêra on 4 December.

This show will benefit the Central Algarve Special Needs Holiday Centre.

The evening's entertainment will start the Festive Season in traditional style. The Salvation Army Band will be playing and the Al-

garve Junior Song and Dance Group will also perform. The Angels programme will include comedy sketches and poems, sing-along Christmas Carols and there will be a guest appearance from Suzanne and Victor from the Jeffries Theatre Company. Wear a Christmas Hat (Father Christmas, Antlers, Elf, etc.) and receive a free ticket for a separate raffle.

Tickets are €29 available at the Holiday Inn or Joro Shop in Almarcil. The price includes the Show, a full Festive Buffet with wine, and sing-a-long carol song sheets. Buffet starts at 7:00pm and the curtain goes up at 8:30pm. Holiday Inn tel. 282320260. Joro shop tel. 289390830 ext 4. The Angels Theatre Group can be contacted on 966086181, e-mail: theangels@live.com or see: www.angels-theatre.com.



Founders of The Angels Theatre Group: (L) Joy Behennah and (R) Marion Griffiths. Photo: Peter Kain

## Classical riding presented by Sylvia Loch

The Algarve used to be considered a cultural backwater but nowadays this is no longer true with a plethora of events to please all tastes.

In the Algarve horse scene this is also true. On Monday 1 November 30 keen horse enthusiasts travelled from as far as Lagos, Ourique and Tavira to the Pinetrees Riding Centre in Almarcil for a talk on classical riding given by the world renowned writer and eminent equestrienne Sylvia Loch.

Sylvia spent many years living in the Algarve in the early 70's when tourism was new and regularly returns to Portugal to give riding clinics or to judge horse competitions. Her equestrian experience in Portugal has given

her a passion for the qualities of the Lusitano horse and she has done much to promote this prestigious breed world wide.

Her talk enthralled her audience with her enthusiasm for the classical principals, and therefore concern for the well-being of the horse, when horse and rider blend as one and flow.

This event, sponsored by Pinetrees as part of the 25th anniversary of the school, gave the social opportunity for people to meet over drinks and nibbles and make new contacts. Those present varied from horse owners to managers and trainers of equestrian facilities and all went away uplifted and enthused to, as equestrians say "to go forward".

## 5th Annual Shoebox Drive for the Elderly

Castelo de Sonhos is a registered charity and has more than 200 elderly in need living in the Silves area. This Christmas we would again like to help them and are now planning the 5th Annual shoebox drive for them. The boxes will be delivered by the Castelo dos Sonhos team.

Here is what you need to do:

1. Find an empty shoe box. Most shoe shops are only too pleased to give you one.
2. Decide whether your gift will be for a man or a woman.
3. Fill your shoe box with a variety of gifts (each gift may be individually wrapped) see suggestions below. Please pack carefully and wrap breakables well.
4. Wrap the shoebox and label whether for man or women, or

a couple.

5. Deliver filled shoeboxes to Castelo dos Sonhos, Silves or the Holiday Inn Algarve (formerly the Hotel Garbe) between 15 November and 1 December.

Suggested gifts: shampoo, soap, body lotion, bath gel, foam, hairbrush, comb, mirror, woolly hat, gloves, scarf, socks, hankies, tights, small shawl, sewing kit, shower cap, torch, tissues, face cloth, comb or brush, tea towel, small notebook and pen, sweets, chocolate, cakes, biscuits (ensure they are well in date), small ornament, Christmas decorations, Christmas card. Please do not include medicines.

For more information please contact David or Celia Mossman on 282332665 or e-mail: dace moss@sapo.pt

## Grand Variety Show 2010

Variety is the spice of life - and what better way to get into the Christmas Spirit than a night out at the Lagoa Auditorium on Sunday, 5 December watching a parade of entertainers performing for your delight whilst raising much needed cash for charity.

For the fourth year running the organisers of the Grand Variety Show will be bringing together a line up of professional artists many of whom have never been seen before in the Algarve and along with popular Ian Carfrae as your host, comedy is guaranteed.

This stimulating evening will be hoping to gain your support for the 'Bombeiros Voluntários de Lagoa' affectionately known as 'The Soldiers of Peace' and



The New Orleans Jazz Band

amongst the many artists lined up to give freely of their talents with Dixieland jazz are The New Orleans Jazz Band.

There will be dancers, singers and classical musicians, with something for everybody all in support of the courageous men

and women who apart from risking their lives fighting the all too frequent fires that blaze in the Algarve also operate many other emergency services.

Tickets are priced at a very reasonable cost of €12 and can be reserved by phoning 282789608.

## St. Patrick's Society Quiz

A lively evening is expected on Friday, 26 November when St. Patrick's Society members and friends gather for a quiz night at the Brasserie Rosal, Vale del Rei, near Lagoa followed by dinner. The evening starts at 7pm. Ticket prices, including wine, beer and coffee are €22.50 for members, €25 for non-members. As at other regular St. Patrick's Society events, non-members will be most welcome.

This annual event is always popular so book as soon as possible. Seating will be in tables of six. For bookings, menu selec-

tions and seating preferences call Society secretary, Jenny Gannon, on 282 352022, e-mail: jeniggy@googlemail.com. Cheques can be sent to treasurer Iggy Gannon at CP1022X, Casa do Sol Nascente, Val del Rei, Lagoa 8400-386.

The St. Patrick's Society is a convivial social group open to all nationalities. Joining is easy. Yearly membership costs only €10 per person, €20 per couple. For more information call membership secretary, Helen Cafolla, tel. 289586662, e-mail: helen.algarve@sapo.com.

## Portuguese history talk

'The Military Orders in Portugal' by Peter Kingdon Booker on Tuesday, 16 November at 6.30 pm in the Convento São José, Lagoa - admission €2, and on Friday, 28 November at 11 am, in the Municipal Library, Tavira - admission Free.

"I was told recently that the 'Military Religious Orders' was not an interesting subject. It was not until I began to research the medieval aspects of this topic that I realised the full extent of the effects of these Knights and their Orders on the history of Portugal," Mr. Kingdon Booker said.

The Orders of Avis, Cristo and

Santiago are still awarded to deserving Portuguese citizens; the Temple at Tomar still dominates Portuguese history; the Order of Christ financed the Portuguese discoveries, and so shaped the history of the world; and the pattern of landholdings in the Alentejo perpetuated by the Military Religious Orders contributed in large part to the Communist takeovers after the Carnation Revolution.

Not only is this subject very interesting, but the Military Religious Orders of Portugal have had a defining role in shaping Portuguese and world history.

## Events at the Museu do Trajo in S. Brás de Alportel

**Saturday, 13 Nov.** at 7:30pm an Art Exhibition Preview featuring works by Adérita Silva, Jane Page, Rosina Boxall, Sue Findley and Petra Kartak. Entertainment by Aperitivo and Musical Trio 'All our Yesterdays'.

**Sunday, 21 Nov.** at 5:00pm the Jazz Club presents the In-Tento-Trio. Established in 2005, the trio (pictured below) were created by Fernando Pessanha, a pianist, in cooperation with João Melro on drums and Pedro Reis on bass. This band will play a mixture of Jazz/Rock and Classical music originals.

**Sunday, 5 Dec.** between 11:00am - 4:00pm a Christmas Bazaar at São Brás Museum, if you would like to participate please contact us on 966329073 also see: www.amigos-museu-sbras.org



In-Tento-Trio

## Spirit of CHRISTMAS Fair

TWO VENUES, HUNDREDS OF GIFT IDEAS  
11.00 - 17.00

**December 1st:** Oceano Atlântico, Portimão (Continente on left, then left off the 2nd roundabout)

**December 8th:** Vila Sol Hotel, Vilamoura (Aquashow road)

**Bookings:** algarvexmasfair@yahoo.com

**Stalls:** 75.00€ for one fair, 125.00€ for both

**Carol Singing | Christmas gifts:** Jewellery, books, toys, fashion wear, bed linen, cosmetics, decorations **Christmas food:** Cakes, puddings, pies, sauces, cheeses, smoked salmon | **Christmas sundries:** Gift wrap, cards, crackers, tree and home decorations | **Bar, snacks and restaurant service available | ENTRANCE FREE**

In aid of the ACCA and Madrugada charities



COME VISIT US TODAY TO SEE OUR FANTASTIC COLLECTION!

EVERYTHING YOU NEED TO TURN A PARTY INTO A DREAM PARTY!



- Balloon Delivery / Decorations / Printing
- Party Themes - Hello Kitty / Ben Ten & many more!
- Party Bag Fillers
- Cake Decorations
- Party Table Decorations
- Costumes



Party Land: Av. Ceuta, Edif. D. Manuel I, Bloco A, Loja A, Quarteira  
Tel: 289 380 602 • solucoesalegres@gmail.com • www.partyland.pt



## PREVIEW

## Coldplay in Guimarães

It has been announced that Coldplay will take part in the closure of the festivities of the 'Plano de Acção da Fundação Cidade' next year in Guimarães, according to sources. It will be the fifth time that the English band - which recently postponed the release of their fifth album - will perform in Portugal, having been at the Pavilhão Atlântico in Lisbon in 2003 and 2005, the MTV Awards ceremony in 2005 and Paredes de Coura music festival, in 2000. The 'Plano de Acção da Fundação Cidade de Guimarães' will start on New Year's Eve 2011 / 2012 and is already expected to attract over one million and a half party-goers during the 365 day celebration, which will have over 500 cultural events in the Guimarães area, including the special concert on the final day by Coldplay. However, it has yet to be confirmed officially by the band.



## Christmas Starts Here

Saturday 13th November  
10am-2pm  
Charity Shop Monte Carvoeiro  
Praia do Carvoeiro

Free Hot Mulled Wine & Cookies  
Christmas Goodies & Gifts  
Raffle  
Free Draw Ticket with every purchase  
Special Offers

All proceeds to The Donkey Sanctuary

## NORTH

## CINEMA

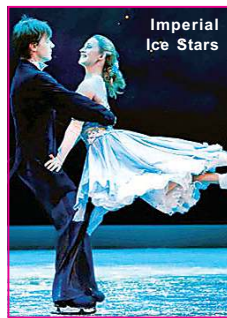
Cinanima international cinema festival of animation until Sunday, 14 November at Espinho at the Multimeios Centre in Espinho.



08-14 NOV.  
2010  
ESPINHO  
PORTUGAL

## DANCE

**Maiorca** on Saturday, 13 November at Teatro José Lúcio da Silva in Leiria.  
**Imperial Ice Stars** from Tuesday, 16 November until 21 November at Oporto Coliseu. Tickets from: €12.50.



**Cinderella** until the 29 November at Balletteatro Auditorium in Oporto. Call 225 508 918.

## EXHIBITIONS

**The Tale of Abel Salazar** until 27 November at Museu Nacional Soares dos Reis on Rua D. Manuel II in Oporto.

**Warhol TV** at Berardo Modern and Contemporary art museum until 14 November.

**Ecological Jewellery** exhibition by jewellery students until 15 November at Casa Museu Marta Ortigão Sampaio.

**Porto Multiplas** exhibition of serigraphy about Oporto at Restaurant Via Garret until 30 November.

**Photographs** on a Journey by João Tuna at Teatro Nacional São João in Oporto until 18 December.

**Look Up! Natural Porto** art Show about Oporto architecture and design throughout the city of Oporto until 19 December. Visit [www.lookupporto.com](http://www.lookupporto.com) for more information.

**Bodies Revealed** at Congress Centre of Alfândega in Oporto until 31 December.

**It's Not My Fault** sculptures at Berardo Modern and Contemporary art museum until 9 January 2011.

**Let's Talk About Houses** Berardo Modern and Contemporary art museum until 16 January 2011.

**Fragments** at Berardo Modern and Contemporary art museum until 23 January 2011.

## FAIRS

**Porto Belo market** inspired on the London Portobello market every Saturday at Praça de Carlos Alberto in Oporto from 11am to 5pm.

## FESTIVAL

**Back to Baroque** until 14 November at Casa da Música in Oporto with a variety of music, including: 13 November: O Despertar do Concerto from 6pm. Tickets: €11. 14 November Música Sacra Portuguesa. Tickets: €7.50.

## MUSIC

**Guimarães Jazz** until Saturday, 20 November at Vila Flor Cultural centre

**Rui Veloso** on Saturday, 13 November at part of the 30th anniversary of the Multiusos centre in Guimarães from 11.30pm. Tickets from €15.

**Rodrigo Leão** on Saturday, 13 November at Oporto Coliseu from 9.30pm. Tickets from: €15.

**Mariza** on Saturday, 13 November at Póvoa de Varzim Casino. Tickets from €70. 25 November at Oporto Coliseu from 9.30pm. Tickets from €18. 29 November at Coliseu dos Recreios in Lisbon from 9.30pm. Tickets from €20.

**Espiritual Concert** on Sunday, 14 November at Casa da Música in Oporto from 12pm.

**Jazz Galp** until 14 December at Casa da Música in Oporto.

**Hugo Reis** on Portuguese Guitar on Tuesday, 16 November at Casa da Música from 7.30pm.

**OuTonalidades** until 18 December at Estarreja Cine-Teatro in Oporto. Call 234 811 300.

**Remix Ensemble VC Klangform Wien** on Friday, 19 November at Casa da Música in Oporto from 9pm.

## TALKS

**What Kind of World is This?** Talk on Thursday, 18 November on 'Um Mundo Quase Perfeito' (A nearly perfect world) from 9pm at Hotel Infante Sagres on Praça D. Filipa de Lencastre, 62 in Oporto. Call 226 081 919. Entrance is free.  
**Porto in XV and XVI centuries** Thursday, 18 November at Casa do Infante from 9.30pm.

## THEATRE

**Culture & Administration** by Antonia Livingstone and Jennifer Lacey on 13 November at Mosteiro São Bento da Vitória in Oporto from 9.30pm.

**Canto do Cisne e os Malefícios do Tabaco** by Anton Tchekhov until 21 November at Carlos Alberto theatre in Oporto. Call 223 401 900.

**Shadows - Our sadness is our delight** a mix of Fado live music and acting from Thursday 18 November until 28 November at Teatro Nacional São João in Oporto. Tickets from: €12.

**The River Guardian** at Palmilha Dentada Theatre in Oporto until 3 December. Tickets: €10.

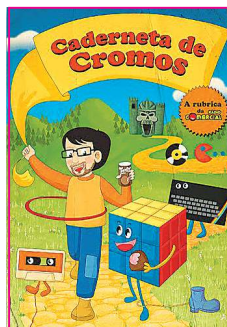
## WORKSHOPS

**Observations of Paintings** on Monday, 15 November from 12.30pm or 2pm at Casa Museu Marta Ortigão Sampaio in Oporto.

## CENTRE

## COMEDY

**Caderneta de Cromos Live** on Monday, 15 November at Coloseu dos Recreios in Lisbon from 9.30pm. Tickets from €20.  
**Sex? Yes Please** until 27 November at Teatro Independente in Oeiras from 9.30pm.

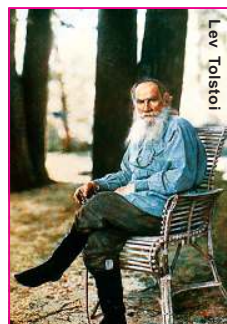


## DANCE

**A Seriedade do Animal** on Saturday, 13 November at Belém Cultural Centre from 7pm.

## EXHIBITIONS

**Lev Tolstoi Centro Cultural de Belém** dedicates two days - 20 and 21 November to renowned Russian writer Lev Tolstoi (1828-1910). Includes photographic exhibition, presentation of the film War and Peace and talks about the writer and his works. Free entrance.



**Africa: See You, See Me!** until 28 November at Belém Cultural Centre. Call 218 170 828.

**My Lisbon** by Jacinto Luís until 30 November at Lisbon Casino.  
**Jacinto Luís** paintings at Estoril Casino in Lisbon until 30 November, from 3pm until midnight. Call 214 667 700.

**Casa-Carrossel** by Fátima Medonça until 31 December at Gallery 111 in Lisbon. Call 217 819 907.

**Bicos** by Eduardo Batarda until 31 December at Gallery 111 in Lisbon.

**Regis Gonçalves** paintings until 4 December at Galeria Colorida on Rua Costa do Castelo in Lisbon.

**School at Gulbenkian Foundation** in Lisbon until 19 December. Entrance is free.

**Mocambique** at AAAIO at Largo da Luz in Lisbon until 31 December. Call 214 351 054 for more information.

**Professores** diverse exhibition by several artists at Gulbenkian Foundation in Lisbon until 2 January, 2011. Entrance €4.  
**Let's talk about Houses** architectural exhibition until 16

January, 2011 at Cascais Cultural Centre.

**Res Publica** at Gulbenkian Foundation in Lisbon until 16 January, 2011. Entrance €4.

**Century XXI** until 27 February at Arte Centre in Oeiras. Call 914 111 400.

## MUSIC

**Elias de Mendelssohn** on Saturday, 13 November at Belém Cultural Centre in Lisbon from 9pm. Tickets from €5.

**Katia Guerreiro** on Saturday, 13 November at Coliseu, Lisbon from 9.30pm. Tickets: €25.

**Daniel Higgs & David Maranha** on Saturday, 13 November at Galeria Zé dos Boios in Lisbon from 11pm. Call 213 430 205. Tickets: €8.

**Chibanga Groove** on Saturday, 13 November at Bacalhaoiro in Lisbon from 11pm. Call 218 864 891.

**Saxophone Summit** on Sunday, 14 November at Culturgest in Lisbon from 9.30pm. Call 217 905 155.

**The Walkmen** on Sunday, 14 November at Coliseu dos Recreios, Lisbon from 9pm. Tickets: €25.



**Luís Represas** on Monday, 15 November at Lisbon Casino.

**Bolero de Ravel Orchestra** on Tuesday, 16 November at Tivoli Theatre in Lisbon from 9.30pm.

**Rui Veloso** on Wednesday, 17 November and Thursday, 18 November at Lisbon Coliseu. Tickets from €25.

**Paco Bandeira** on Friday, 19 November at Coliseu dos Recreios in Lisbon from 9.30pm. Tickets from €10.

## OPERA

**Árias de Luisa Todí** on Saturday, 13 November at Almada Municipal Theatre from 9.30pm.



## SPORT

**V Video Poker Tournament** on Tuesday, 16 November until Sunday, 21 November at Lisbon Casino.

## WORKSHOP

**The Wonderful World of Comics** from Tuesday, 16 November until 21 November at Belém Cultural Centre from 11.30am

A new joint venture.....

## Christmas Fayre 2010

Barlavento English School,  
Saturday, 27th of Nov, 10.30am to 2.00pm

New and used books, ladies fashion, plants, home produce, cards, paintings, games, tombola, Father Christmas, mulled wine, raffle and much, much more. Free entry.

By kind permission of the staff at Barlavento English School

St. Vincent's Anglican Church, Algarve  
part of the Church of England, Diocese in Europe and the Anglican Communion

**m Madrugada**

Info: Marlene/Les 918 966 015



## SOUTH

### ALGARVE HISTORY

**The Algarve History Association's** visit to São Domingos from Sunday, 21 November to Tuesday, 23 November. Programme: Sunday, 21 November - Evening: Presentation on the Mines by Peter Booker followed by Dinner. Monday, 22 November - Morning: Guided Tour by Dr. Rui Guita. Evening: Dinner followed by a concert performed by the Lacerda Quartet. Tuesday, 23 November - Morning: Film about the Social Impact of the Mines.

### BALL

**St. Andrews Society Algarve** on Saturday 27 November from 7pm. Music By Sounds of Islay Ceilidh Band at Le Meridien Hotel Penina in Portimão. Tickets: €36 for members €38.50 for non members. Call Kathy on 919 635 279 for tickets.

### CHILDREN

**Animals and Us** - a day on the farm. 13 November - feed farm animals. On 20 November - be a vet for a day. 27 November - horse and donkey rides. Call 282 480 730.

### DANCE

**Scottish Country Dancing** every Monday evening at the International School of the Algarve, Porches, from 7.30pm to 9.30pm. Call Mardie Cunningham on 282356029 or e-mail mardie@sapo.pt.

### EXHIBITIONS

**Cork Sculptures** by Dorneles and Lúcia Silva at São Brás de Alportel gallery until 15 November. Call 289 840 000. **Paintings** by Ana Cassiano, Daniela Laginha and Pierre Chevrone at Déjà Vu in Ferragudo gallery until 20 November. Call 912 876 646. **The Moment Paintings** by Romy at Praça do Mar Art gallery in Loulé until 21 November.

**Paintings, sculptures, ceramics and hand-crafted items** for the home created by 35 international artists. Current exhibition at Corte-Real gallery in Paderne, includes American artist Jeanine Leclair, Member of the Pennsylvania Academy of Art. Until 31 December. Open Thursday to Sunday 11am until 5pm. Call 918 980 199 or 912 737 762. **Shintaro Nakaoka** at São Lourenço Cultural Centre in Alcantarilha until 1 December. Call 289 395 475. **Golf Stream** at Vilamoura Estrada de Albufeira, Aldeia

Hípica until 12 December. Free entrance. **Mikki F** Arab influences at Café Inglês in Silves. Call 282 442 585. **Habits and Customs of Monchique** at Parque da Mina in Monchique until 31 December. Call 282 911 622. **100 Anos da 1ª Republica** em Tavira at the Music Academy of Tavira. Ongoing until 31 December. Call 281 320 500.

**Ten Monumental British Sculptures** Exhibition at Cerro da Vila Roman Archaeological Centre in Vilamoura until 31 December. Entrance: €5. Call 289 312 153. **Letters and Colours, Ideas and Authors** of the Republic at Tavira library until 31 December. **Estados D'Alma** by Eduardo Dias at São Brás de Alportel gallery until 31 December. Call 289 840 000. **City and Rural Worlds** at Tavira museum and Palácio gallery until 16 June, 2011.

### FAIRS

**Lagos Discoveries** fair until 14 November with various festivities, including: Friday, 12 November, and Saturday 13 Discoveries Fair in the historical centre from 10am to midnight. Saturday, 13 November Historical Procession - Henry the Navigator 550 Years at Lagos Cultural Centre in Lagos from 4pm. Call 282 771 700. **St Martin Celebrations** on Monday, 15 November at Tavira Association headquarters from 3pm.

### MUSIC

**Expo Casamento Wedding Show** until Tuesday, 16 November at Quinta da Pomona in Silves. Open from 2pm until 8pm. Call 918 827 481 / 965 434 987. Entrance is free.



### MUSIC

**Suite das Descobertas** by the Orquestra do Algarve on Saturday, 13 November from 9pm at Lagos Cultural Centre. Call 282 770 450. **Enchanted Moorish Maiden** on Saturday, 13 November at Teatro das Figuras in Faro from 9.30pm. Tickets from €5. Call 289 888 110. **4th Organ Festival** until 27 November in Faro. 13 Nov - Daniel Oliveira at Largo do Carmo. 20 Nov - Edite Rocha at Largo do Carmo. 20 Nov - Luca Antonioti at Largo da Sé. All concerts start at 9.30pm. Call 916 782 780.

**Tavira Church Concerts** until 27 November. 13 Nov - Rui Mouring at Chapel of São Sebastião. 20 Nov - Twenty Fingers Duo at Chapel of Santa Ana. 27 Nov - Luís Conceição at chapel of São Sebastião. Concerts starts at 6pm. Call 281 320 500.



**Opera Club** on Sunday, 14 November at São Brás Museum from 6pm.

**Ching-Yun Hu** with the Orquestra do Algarve on Sunday, 14 November at Faro Teatro das Figuras from 9.30pm. Tickets from €12. Call 289 888 110.

**Rita Redshoes** on Friday, 19 November at Teatro das Figuras in Faro from 9.30pm. Tickets from €10. Call 289 888 110. **Jazz with Everything** on Friday, 19 November at Lagos Cultural Centre from 9.30pm.

**Caminheiro de Mim** on Friday, 19 November from 9.30pm at Albufeira Municipal auditorium. Call 289 599 500. **Michael Jackson tribute show** daily at Portimão, Loulé and Monte Gordo Casinos from 10.30pm. Call 289 310 000. **New Orleans Jazz Band** at Casa Inglesa restaurant in Portimão every Thursday. Every Saturday at Tivoli Hotel in Lagos from 8.30pm. Call 935 086 365 or visit [www.algarvejazz.com](http://www.algarvejazz.com).

### SPORT

**Tap Open amateur golf tournament** from Saturday, 13 November until 20 November at various locations, including: Millennium, Pinhal, Quinta do Lago and Vitoria. Email [malbuquerqueatp@netcapo.pt](mailto:malbuquerqueatp@netcapo.pt) for more information.



**Algarve District Judo Association Anniversary** on Sunday, 14 November at Lagos Gil Eanes school pavilion from 1pm until 7pm. **Casinos do Algarve Rally** from Saturday, 13 November at Portimão autodromo. Sunday, 14 November at Monchique. Podium at Hotel Algarve in Praia da Rocha. Call 289 400 330. **Bowls Crown Green and Lawn Bowls** at Amendoeira. Crown Monday and Thursday, Lawn Tuesday and Friday. Start 10am. All welcome, non

members pay €8. Call Peter Clarke 966 169 747 (Crown), Peter Moss 961 165 478 (Lawn).

### THEATRE

**Chocolate Pickles** from Saturday, 13 November until Monday, 15 November at Tavira Cine-Theatre António Pinheiro from 9.30pm.

**A Pastilha Milagrosa** from Monday, 15 November until Wednesday, 17 November at Lagos Cultural Centre from 9.30pm. Tickets from €5. Call 282 770 450. **Temporality** on Friday, 19 November and 20 November at TEMPO theatre in Portimão from 4pm. Entrance is free. Call 282 402 475 / 961 579 917.



### CARBOOT SALES

**Albufeira** Saturday, 13 November at Calijos market. **Alcantarilha** (Silves) Saturday, 13 November opposite the local parish council. **Vila Real de Santo António** Saturday, 13 November at Praça Marquês de Pombal. **Ferragudo** Sunday, 14 November at waterfront. **Chinicato** (Lagos) Sunday, 14 November. **Almancil** Sunday, 14 November near C+S school. **Calijos** in aid of the Abandoned Animals Centre, first Saturday of the month at Calijo Park near Vila Nova de Cacela. **Carboot and carvery lunch** every 4th Sunday of the month at the Quinta at Fonte do Bispo. Call Cas on 281 952 808.

### MARKETS

**Castro Marim** Saturday, 13 November. **Cortelha** (Loulé) Saturday, 13 November. **São Brás de Alportel** Saturday, 13 November at fairground. **Quarteira** (Loulé) Saturday, 13 November Rua Nossa Santa Piedade opposite convent. **Estoi** (Faro) Sunday, 14 November next to school. **Lagoa** Sunday, 14 November at Fatacil. **Silves** Monday, 15 November near cemetery. **Aljezur** Monday, 15 November next to kindergarten. **Calijos** (Albufeira) Tuesday, 16 November. **Quarteira** (Loulé) Wednesday, 17 November at Fonte Santa. **Alte** (Loulé) Thursday, 18 November at Largo José Cavaco Vieira. **Guia** (Albufeira) Friday, 19 November.

## UP AND COMING CONCERTS

### NOVEMBER

**SANUEL ÚRIA** 19 Nov at Portimão Municipal Theatre 10pm. Entrance is free. **MEN EATER** 20 Nov at Bafo de Baco in Loulé. **SHAKIRA** 21 Nov Pavilhão Atlântico, Lisbon from 9pm. Tickets from €35. **JOE SATRIANI** 22 Nov at Campo Pequeno, Lisbon from 9pm. Tickets from €25. **MACY GRAY** 23 Nov Aula Magna from 10pm. Hard Club in Oporto from 10pm. Tickets €25. **MOONSPELL** 23 Nov at Casa da Música in Oporto from 10pm. Tickets €22.50. **PEDRO ABRUNHOHSA** 23 Nov at Coliseu, Lisbon from 9.30pm. Tickets from €23. **GOGOL BORDELLO** 24 Nov Campo Pequeno, Lisbon from 9pm. Tickets from €23. **TONY CARREIRA** 26 Nov & 27 Pavilhão Atlântico, Lisbon from 10pm. Tickets from €15. **LA CHANSON NOIRE** 27 November at Albufeira Fnac. Free entrance. Tickets from €25. **IMOGEN HEAP** 28 Nov at Lisbon Aula Magna from 9pm. **ALICE COOPER** 29 Nov Campo Pequeno, Lisbon from 9.30pm. Tickets from €27.50. **JAMES WALSH** 30 Nov Santiago Alquimista, Lisbon from 9.30pm. Tickets from €20. **DECEMBER** **JAMES** 3 Dec at Campo Pequeno, Lisbon from 10pm. Tickets from €25. **HERBIE HANCOCK** 7 Dec at Campo Pequeno, Lisbon from 9.30pm. Tickets from €22. **DEFTONES & TRICE** 9 Dec Campo Pequeno, Lisbon from 8pm. Tickets from €30. **LADY GAGA & SEMI PRECIOUS WEAPONS** 10 Dec

Pavilhão Atlântico, Lisbon from 8.30pm. Tickets from €50.

**30 SECONDS TO MARS** 16 Dec Pavilhão Atlântico, Lisbon from 8 pm. Tickets from €28.

**MGMT & AMITH WESTERNS** 18 Dec Campo Pequeno, Lisbon. Tickets from €30.

**JANUARY** **DEOLINDA** 29 Jan Coliseu dos Recreios, Lisbon. Tickets from €15.

**FEBRUARY** **SKUNK ANANSIE** 7 Feb Coliseu, Oporto from 9pm. Tickets from €25. 8 Feb Coliseu dos Recreios, Lisbon from 9pm. Tickets from €29.

**THE SCRIPT** 14 Feb Coliseu dos Recreios, Lisbon from 9pm. Tickets from €22.

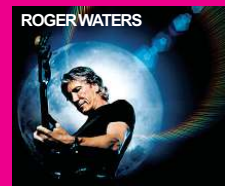
**KATY PERRY** 20 Feb Campo Pequeno, Lisbon from 8pm. Tickets from €25.

**MARCH** **KATIE MELUA** 13 Mar Campo Pequeno, Lisbon from 9pm. Tickets from €25.50. 14 Mar at Oporto Coliseu from 9pm. Tickets from €30.

**ROGER WATERS** 21 Mar & 22 Pavilhão Atlântico from 9pm. Tickets from €40.

**APRIL** **NAS & DAMIAN MARLEY** 14 Apr Pavilhão Atlântico from 8.30pm.

**JULY** **BON JOVI** 31 Jul Parque da Bela Vista, Lisbon. Tickets from €55.



Most tickets are available at FNAC and Worten outlets across the country, ATM machines, Abreu agencies, El Corte Inglés, Casa Viola, Ticketline or at the event itself on the night.

Websites: [www.pavilhaoatlantico.pt](http://www.pavilhaoatlantico.pt) / [www.ticketline.pt](http://www.ticketline.pt) / [www.blueticket.pt](http://www.blueticket.pt) / Phone numbers: Ticketline 707 234 234 / 707 780 000

Christmas is Coming Holiday Inn

Festive Season at the Holiday Inn Algarve (formerly Hotel Garbe)

The Jefferies English Thatre Presents Suzanne Jefferies & Victor Graham in **THE GIN GAME**

A Comedy by D.L.Coburn

Wednesday 24th & Thursday 25th November 7pm for 7.30pm

Price €30 per person

(3 Course Indian Dinner with wine and coffee)



For more information or to book call: + (351) 282 320 260 or email: [info@hialgarve.com](mailto:info@hialgarve.com)



The opinions expressed here are those of our readers and not necessarily of The Portugal News. The editor reserves the right to edit letters or refuse publication. Send your letters, which must include your name and full postal address (even if you wish to remain anonymous on the page), and should be under 300 words, to The Portugal News, Apartado 13, 8401-901 Lagoa. E-mail address: letters@theportalnews.com

### Democracy, republic or monarch?

SIR, I was rather shocked at Mrs. Chetel's letter (30 Oct.) stating that I hate democracy. Thanks for telling me, I didn't know. I'm not sure what brought that on. Presumably my letter about America's financial idiocies, pointing out that when politics degenerates into fighting for the votes of lobbyists, that's the end. A rather uncontroversial opinion I would have thought.

As for democracy, it depends which sort you mean. How about the original Greek version? Great system. The country run by those who can be bothered to argue about such things; usually about 3% of the population. About two-thirds don't get a vote as they are slaves, and it's their status that allows the other mob the time to argue about pointless political nonsense. Half of the rest don't get to vote because they are either juveniles or senile old wrecks. Half the rest don't get to vote because they are women, and considered an inferior lot, more suited to sex and gossip than politics.

That leaves about 9% of the population who have the vote. Two-thirds of those never turned up for the meetings because they had more important things to do, which left the decision making in the hands of the 3% of the population who actually cared about such things. I can't say I have a problem with that.

The modern version doesn't really work. No democracy can work in a large community. Most

forms of government operate by committee, and as the great Parkinson showed in his exhaustive analysis of government by committee over the centuries (a chapter in Parkinson's Law, I believe, which I'm sure you've all read... if you haven't, then shame on you) committees break down when the number of members hits the high teens. In short, modern democracy relies on the sub committee. The larger the community the more need there is for certain groups to lobby to get their case heard in what we might call the top committee. Enter the lobbyists. When the lobbyists take over and start running the top committee you have an end to democracy. You have a war of the oligarchs. That's what you have today in the USA. It's a sort of civil war by proxy.

America used to be a republic. I'm not sure what happened to that. My own choice of government? Monarchy of course. I prefer King Log. However, that does assume a community of adults, reasonably intelligent and with a certain tolerance, disinterestedness, and moral standards. That's a tough one.

JOHN CLARE, Arão

### EU madness

SIR, I see that those overpaid under worked EU politicians have been at it again - giving away other people's money!

They have now passed legislation which requires employers to grant 20 weeks fully paid leave to new mothers and two weeks 'paternity' leave to fathers. They

also have to ensure that when the mother returns, she has her original job, or one of equivalent status.

Whilst it is reasonable that mothers should get some financial support during the early months of parenthood surely some reality needs to be applied to the situation. Where is this money coming from?

Not all companies are multinational and not every employer is part of some pseudo-government organisation which doesn't have to make a profit. Whatever we think, all private business exists to make a profit. If it doesn't it will fail.

Take the situation of a small retailer run by a husband and wife. After a time they decide to employ a person to help and allow them to have some free time. They employ a lady and the business is making a very modest profit as it now has three employees. After a time this lady becomes pregnant and will qualify for 20 weeks fully paid leave. What is the employer supposed to do? Where does the money come from to pay the stand-in for the new mother?

My guess is that employers will be very wary of employing ladies of child-bearing age and will be more likely to employ men or older women. Surely this was not the intent of this crazy legislation?

NORMAN THOMPSON, Guia

### Portugal long way from modern democratic state

SIR, Further to my letter regarding the 400% increase in water charges without warning or explanation in Albufeira published on 16th Oct, related letters from others published on 23 & 30 October, and the article in the issue of 30 October regarding people with no qualifications or

experience being picked from the crowd to referee matches such as Benfica v Sporting, etc. All of these facts suggest that Portugal has a long way to go in terms of being a modern democratic state.

While the Government may be addressing its fiscal problems in order to convince international markets to lend it money, what it really needs to do in order to grow the economy and attract investment is to address the appalling deficiencies in the way in which services, be they public or private, are delivered. Bureaucratic practices and requirements which serve no useful purpose and which hinder rather than encourage business, and confuse rather than help the citizen, need to be eliminated, and a consumer orientated user friendly culture need to be fostered in terms of services delivered at all levels. In the Algarve, where you have a high per centage of citizens from other EU countries, public services such as those provided by the Câmara, Finances, Social Security etc, should be available not just in Portuguese but in other widely spoken EU languages.

In the UK and Ireland for example provision exists whereby information on council services and other services such as Social Security, tax advice, etc, is available at least in leaflet form in the more common languages used in the area and in many instances specific staff are available to speak with and help customers avail of services in these languages, so why not in the Algarve where 70% of the population is non-Portuguese. Even in cases where one can: 'falar um pouco português' the technical terms using relating to accessing public services are very confusing to foreigners and at the very least these forms should be available in the more common languages used in the area together with related advice or explanatory leaflets.

Just imagine going to Old Trafford or Stamford Bridge to see Manchester United v Chelsea and being picked from the crowd to referee the match, and just imagine an unexplained and without warning increase of 400% for water in Manchester or Dublin and the Daily Mirror or Irish Times being unable to get any explanation, and just imagine lending money to a nation to deliver its public services against a background where official practices exist such as those described in the letters published regarding water charges. Could you really be sure of getting your money back given the difficulties described in getting the money paid in error because of a broken meter as described in my previous letter?

APARTMENT OWNER, Areias de S. João, Albufeira

### Electricity problems?

In our area we occasionally suffer from power cuts. Normally these happen when (i) it is raining and blowing a gale, or (ii) on major public holidays when everyone is cooking at once, or (iii) when it is raining and a public holiday. Christmas Day is a particular favourite.

However, I have at last penetrated the rather impenetrable web-sites provided by EDP for their customers. I am encouraged to observe that, when we next have a power cut, all that we need to do is turn on our computer, click on the map, and find out what is the cause of the lack of power to our house....

Our Portuguese neighbours have advised us always to ring up and complain whenever there is a lack of power. They say that action may not be triggered until someone rings up to complain. Surely good advice. Last week we did have a power cut, and we rang up after lunch to enquire what was happening, using a mobile phone. The operator checked her information, and then told us that there was a technical fault in our local area. They would now attend to it as soon as they could. As we contemplated our darkened house and lack of oven-cooked dinner she signed off, in English, "Have a nice day!".

PAMELA & ROBERT PATTEN, Caldas da Rainha

### Post boxes in Portimão vandalised

SIR, On Sunday, 31 October, I posted 10 letters (destinations

USA, South Africa and Australia) in good faith at the Post Office in Praça Texeira Gomes, Portimão.

On Tuesday, 2 November I went back to the Post Office to buy stamps. To my horror I found a notice [on the post boxes] - OUT OF ORDER (see Photo below) - and the post box in which I had posted my letters, taped up as it had been broken into. I went into the Post Office to ask what had happened and where were the letters? The personnel all roared with laughter and had a job to talk. What I could gather was that all [the] letters were destroyed. I had to contact each person I wrote to, to ask if they had received my letter. I have had to rewrite all 10 of the letters.

JUDY PINTO, Portimão

### Christmas, not Winterval

In these days when we are constantly becoming aware of the marginalisation of Christians in Britain, it was refreshing and encouraging to hear a public official reminding everyone of the basis on which the common law of the country is founded.

The judge at the trial of Roshanara Choudhry, sentenced for stabbing MP Stephen Timms, contrasted Mr. Timms' Christian beliefs with the 'distorted thinking' of his attacker, who refused to recognise the court and appeared by videolink for sentencing.

"I understand that he (Mr. Timms) brings to bear his own faith, which upholds very different values from those which appear to have driven this defendant," he said. "These values are those upon which the common law of this country was founded and include respect and love for one's neighbour, for the foreigner in the land and for those who consider themselves enemies, all as part of one's love of God. These values were the basis of our system of law and justice and I trust that they will remain so, as well as motivating those, like Mr. Timms, who hold public office."

It is significant that the judge uses the past tense, stating these were the basis. It is time for these values to be reinstated. In December, we and other Christians, want to celebrate Christmas, not Winterval, even if 25 Dec. may not be the actual date of the birth of Jesus Christ, the Saviour of the world.

TONY & LOIS HERRINGTON, By e-mail

## Portuguese for All

Emília Rosendo

181

THIS LESSON:  
Regular verbs in "-AR" in  
Pretérito Imperfeito do  
Conjuntivo.

### Put in the Pretérito Imperfeito do Conjuntivo of the verbs in brackets.

- Embora a mala \_\_\_\_\_ (pesar) muito, o rapaz levou-a para o carro sem dificuldade.
- Eu estava de dieta e, embora \_\_\_\_\_ (gostar) muito dos doces que havia na festa, não comi nenhum.
- Os alunos certamente melhoravam o seu rendimento se \_\_\_\_\_ (estudar) mais.
- Os jogadores ganhavam mais jogos se \_\_\_\_\_ (praticar) mais.
- Talvez tu \_\_\_\_\_ (comprar) um carro novo se \_\_\_\_\_ (poupar) mais.
- Nós íamos convosco ao cinema se o filme não \_\_\_\_\_ (acabar) tão tarde.
- Os pais não quiseram que os filhos \_\_\_\_\_ (brincar) no jardim porque estava a chover.
- A Ana quis que eu lhe \_\_\_\_\_ (emprestar) alguns filmes de animação para ver com os netos.
- Se tu \_\_\_\_\_ (enviar) a encomenda ainda hoje, tenho a certeza de que amanhã ou depois de amanhã chegava ao destino.

- Os espectadores estavam desapontados, pois não queriam nem esperavam que o concerto \_\_\_\_\_ (terminar) tão cedo.
- A festa ao ar livre foi cancelada e adiada, pois ninguém previu que, de repente, \_\_\_\_\_ (começar) a chover torrencialmente.
- Ninguém acreditava que o jovem violinista \_\_\_\_\_ (tocar) tão bem ou que a jovem cantora \_\_\_\_\_ (cantar) tão bem.
- A mãe quis que as crianças \_\_\_\_\_ (arrumar) os brinquedos dentro das caixas e que \_\_\_\_\_ (limpar) o pó das estantes.
- O empregado pediu que nós \_\_\_\_\_ (pagar) a nossa conta com dinheiro em vez de com cartão de crédito.
- Meninos, eu queria que vocês não \_\_\_\_\_ (jogar) futebol dentro de casa! Eu ficava furiosa se vocês \_\_\_\_\_ (quebrar) os vidros ou \_\_\_\_\_ (sujar) as paredes.
- Era tão agradável se você \_\_\_\_\_ (cozinhar) aquele seu delicioso arroz de pato para o nosso jantar.

Completed exercises can be corrected either by scanning the hardcopy onto your computer or copy and download exercises from our online pages at: [www.theportalnews.com](http://www.theportalnews.com). Send it/them as an attachment(s) via e-mail to: [lessons@theportalnews.com](mailto:lessons@theportalnews.com). Emília Rosendo will then correct and return to your e-mail address.



For the second time the post boxes at the Portimão Post Office in Praça Texeira Gomes have been vandalised. Did you post any letters in this post box? If so, check whether they were received.



## ALGARVE

**SBC**  
**FÓRUM ALGARVE**  
**TEL: 289 887 212**  
**11 NOV-17 NOV**



**1 You Again**  
Kristen Bell, Jamie Lee Curtis  
(11.00 Sat & Sun) 14.00-16.20-18.40-21.00 (23.30 Fri & Sat)

**2 The Town**  
Ben Affleck, Jeremy Renner  
13.05-15.50-18.30-21.10 (23.50 Fri & Sat)

**Marmaduke PV**  
Owen Wilson, Lee Pace  
(10.20 Sat & Sun)

**3 Devil**  
Chris Messina, Jacob Vargas  
22.00 (00.00 Fri & Sat)

**Despicable Me**  
Animation PV  
(11.10 Sat & Sun) 13.20-15.30-17.40-19.50

**4 Red**  
Bruce Willis, Morgan Freeman  
(12.00 Sat & Sun) 14.25-16.50-19.15-21.40 (00.25 Fri & Sat)

**5 The Social Network**  
Jesse Eisenberg, Andrew Garfield  
(10.30 Sat & Sun) 13.15-16.00-18.45-21.30 (00.20 Fri & Sat)

**6 Paranormal Activity 2**  
Sprague Grayden, Katie Featherston  
13.10-15.25-17.30-19.45-21.50 (00.10 Fri & Sat)

**7 Life As We Know It**  
Josh Duhamel, Katherine Heigl  
13.45-16.15-18.50-21.20 (23.55 Fri & Sat)

**Cats & Dogs 2 - PV**  
Chris O'Donnell, Bette Midler  
(10.40 Sat & Sun)

**8 Eat Pray Love**  
Julia Roberts, Javier Bardem  
(12.20 Sat & Sun) 15.15-18.10-21.05 (00.15 Fri & Sat)

**Toy Story 3**  
Animation PV  
(10.00 Sat & Sun)

**9 The Other Guys**  
Mark Wahlberg, Will Ferrell  
14.30-16.55-19.20-21.45 (00.25 Fri & Sat)

**The Owls of Ga'Hoole**  
Animation PV  
(10.20 Sat & Sun)

**CASTELLO LOPES CINEMAS**  
**ALGARVESHOPPING**  
**TEL: 707 220 220**  
**11 NOV-17 NOV**



**1 The Town**  
Ben Affleck, Jeremy Renner  
12.55-15.35-18.15-21.10 (00.05 Fri & Sat)

[www.theportugalnews.com](http://www.theportugalnews.com)

**Castello Lopes Cinemas**  
Tel: 707 220 220  
[www.castellolopescinemas.com](http://www.castellolopescinemas.com)



**UCI Cinemas**  
Tel: 707 23 22 21  
[www.uciportugal.pt](http://www.uciportugal.pt)



**Zon Lusomundo Cinemas**  
Tel: 707 24 63 62  
[www.zonlusomundo.pt](http://www.zonlusomundo.pt)

**2 Despicable Me 3D - Animation PV**  
12.50-14.55-17.00

**Piranha 3D**  
Elisabeth Shue, Adam Scott  
19.05-21.30 (23.30 Fri & Sat)

**3 You Again**  
Kristen Bell, Jamie Lee Curtis  
13.20-16.05-18.35-21.45 (00.00 Fri & Sat)

**4 Paranormal Activity 2**  
Sprague Grayden, Katie Featherston  
13.00-15.00-17.05-19.10-21.35 (00.10 Fri & Sat)

**5 The Other Guys**  
Mark Wahlberg, Will Ferrell  
12.45-15.25-18.10

**Eat Pray Love**  
Julia Roberts, Javier Bardem  
21.00 (23.45 Fri & Sat)

**6 Devil**  
Chris Messina, Jacob Vargas  
13.05-15.05-17.10-19.15-21.40 (00.15 Fri & Sat)

**7 The Social Network**  
Jesse Eisenberg, Andrew Garfield  
13.10-15.50-18.20-21.20 (23.50 Fri & Sat)

**8 Red**  
Bruce Willis, Morgan Freeman  
13.15-16.00-18.30-21.25 (23.55 Fri & Sat)

**9 Life As We Know It**  
Josh Duhamel, Katherine Heigl  
13.30-16.10-18.40-21.15 (23.40 Fri & Sat)

**CASTELLO LOPES CINEMAS**  
**PORTIMÃO**  
**TEL: 707 220 220**  
**11 NOV-17 NOV**

**1 The Social Network**  
Jesse Eisenberg, Andrew Garfield  
13.10-15.50-18.30-21.30 (00.00 Fri & Sat)

**2 Paranormal Activity 2**  
Sprague Grayden, Katie Featherston  
13.20-16.00-18.40-21.20 (23.50 Fri & Sat)

**3 Life As We Know It**  
Josh Duhamel, Katherine Heigl  
12.50-15.40-18.20-21.10 (23.45 Fri & Sat)

**4 Devil**  
Chris Messina, Jacob Vargas  
13.40-16.20-19.00-22.00 (00.20 Fri & Sat)

**5 The Other Guys**  
Mark Wahlberg, Will Ferrell  
13.30-16.10-18.50-21.50 (00.15 Fri & Sat)

**6 Despicable Me 3D - Animation PV**  
13.00-15.10-17.20-19.30

**The Town**  
Ben Affleck, Jeremy Renner  
21.40 (00.10 Fri & Sat)

**OV = Original Version**  
**PV = Portuguese Version**

### Film Classification

Red - M/12  
Jackass 3D - M/12  
The Social Network - M/12  
Devil - M/12  
You Again - M/12  
Piranha 3D - M/12  
Life As We Know It - M/12  
Paranormal Activity 2 - M/16  
Let Me In - M/12  
The Other Guys - M/12  
Despicable Me - M/6  
The Owls of Ga'Hoole - M/6

M/4 - Four years and over  
M/6 - Six years and over  
M/12 - 12 years and over  
M/16 - 16 years and over  
M/18 - 18 years and over

**Title:** Red

**Genre:** Action | Comedy | Crime

**Stars:** Bruce Willis, Mary-Louise Parker, John Malkovich, Helen Mirren, Karl Urban, Morgan Freeman, Richard Dreyfuss, Julian McMahon

**Director:** Robert Schwentke

**Synopsis:** Based on the cult DC Comics graphic novel by Warren Ellis and Cully Hammer.

Frank, Joe, Marvin and Victoria used to be the CIA's top agents – but the secrets they know just made them the Agency's top targets. Now framed for assassination, they must use all of their collective cunning, experience and teamwork to stay one step ahead of their deadly pursuers and stay alive. To stop the operation, the team embarks on an impossible, cross-country mission to break into the top-secret CIA headquarters, where they will uncover one of the biggest conspiracies and cover-ups in government history.



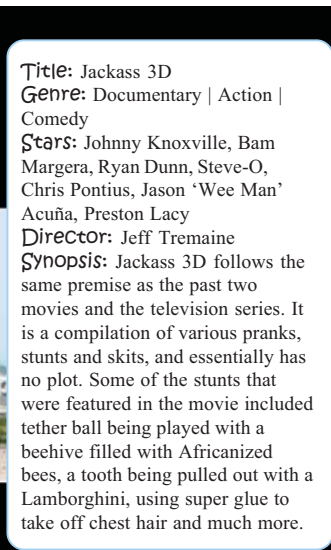
**Title:** Jackass 3D

**Genre:** Documentary | Action | Comedy

**Stars:** Johnny Knoxville, Bam Margera, Ryan Dunn, Steve-O, Chris Pontius, Jason 'Wee Man' Acuña, Preston Lacy

**Director:** Jeff Tremaine

**Synopsis:** Jackass 3D follows the same premise as the past two movies and the television series. It is a compilation of various pranks, stunts and skits, and essentially has no plot. Some of the stunts that were featured in the movie included tether ball being played with a beehive filled with Africanized bees, a tooth being pulled out with a Lamborghini, using super glue to take off chest hair and much more.





[illegible][illegible][illegible]

 **Event Calendar**

go to  
[www.theportugallnews.com](http://www.theportugallnews.com)  
click on the icon and  
add YOUR event  
or see what's on



## SUDOKU

Fill in the grid so that every row, every column, and every 3x3 box contains the digits 1 through 9. Answers next week.

Easy

Medium

Hard

	9	6	8		2	5	4	
4			6		5			8
		5		1		7		
		3				9		
			1		8			
		8				3		
		7		8		6		
1			9		3			7
	3	9	2		7	1	5	

6					5	3		7
			7	8		4		
2	3			4				
5						3		
	6	9			7	1		
	1						5	
				5			8	9
		2		1	7			
4		6	8					3

					5		7	8
9			6	7			2	
		8	2					
	9							3
		3		9		2		
2							9	
					4	6		
	5			6	3			9
1	3		5					

## CODEWORD

Each number in the grid represents a different letter of the alphabet. Decipher the code to fill in the crossword. Three letters are already in place and the check-box and letters either side will help you keep track of progress.

C	L	O	C	K	W	O	R	K	R	E	L	I	C
A	C	U	M	I	O	E	H						
T	O	T	E	M	I	N	G	O	N	I	T	O	
C	E	O	T	K	U	R							
A	L	T	R	U	I	S	M						
L	H	A	M	I	T	I	T	O	T				
L	O	U	T	M	O	D	E	D					
Z	B	O	W	I	A	H							
D	A	T	A	R	E	T	O	N	I	T	E	P	
N	O	R	A	F	G	N	U						
S	Y	M	B	O	L								
H	E	X	C	H	E	Q	U	E	R				
A	O	B	M	S	I	Z	N						
F	U	D	G	E		P	R	E	V	A	L	E	

Last weeks solutions:

2	4	7	1	8	3	6	9	5	8	4	6	3	7	9	2	5	1	8	4	9	3	2	6	7	5	1
9	6	3	5	7	4	1	2	8	9	7	1	5	8	2	6	4	3	3	2	1	4	7	5	6	8	9
1	5	8	2	6	9	4	7	3	3	5	2	4	6	1	9	7	8	6	7	5	1	8	9	2	4	3
8	3	1	6	2	5	7	4	9	4	6	5	9	3	7	8	1	2	7	3	2	9	1	4	5	6	8
6	2	5	9	4	7	3	8	1	2	3	7	1	4	8	5	9	6	5	1	6	8	3	7	4	9	2
7	9	4	3	1	8	2	5	6	1	9	8	6	2	5	4	3	7	9	8	4	6	5	2	1	3	7
4	8	9	7	3	1	5	6	2	7	2	4	8	9	3	1	6	5	1	6	3	7	4	8	9	2	5
5	1	2	4	9	6	8	3	7	5	8	9	7	1	6	3	2	4	4	5	7	2	9	3	8	1	6
3	7	6	8	5	2	9	1	4	6	1	3	2	5	4	7	8	9	2	9	8	5	6	1	3	7	4

(Right: Last week's solution)

1	2	3	4	5	6	7	8	9	10	11	12	13
14	15	16	17	18	19	20	21	22	23	24	25	26

A	14	8	8	21	10	6	11	24	21	15	16	10	6	N
B	6	5	6	4	1	2	21	11	1	1	1	1	1	O
C	10	1	24	21	11	1	26	6	10	16	13	6		P
D	18	2	20	9	15	19	5	16	2					Q
E	12	16	6	5	21	26	6	23	21	21	18			R
F	6	14	6	11	26	4	2	19	1	17	6			S
G	13		19	21	10	15	6	3	24	1	12		24	T
H	22	2	23	6	6	15	15	3	2	24	26			U
I	6	21	3	2	10	2	15	6	15					V
J	13	6	25	26	10	21	16	15	1	21	19			W
K	7	16	15	18	15	1	24	15	1					X
L	23	16	10	5	6	15	3	2	6	15	1	2		Y
M	8	24	16	11	26	16	1	26	2	21	5	6	12	Z

## PRIZE CROSSWORD 1087

1	2	3	4	5	6	7
9				8		
11			12			
13	14	15		16	17	
18				19		
20				21		
22			23			

A set of **Swiggies** will be sent to the sender of the first correct solution drawn next Thursday. Solutions by post to: The Portugal News Crossword N° 1087, Apt. 13, 8401-901 Lagoa, or by fax to: 707941201, or scan and e-mail to: Sherry@theportugalnews.com. (Be sure to enclose your name, address and phone number.)

## ACROSS

- Once (8)
- Aid (4)
- 20 quires (4)
- Award (8)
- Edge (5)
- Inform (7)
- Urging (13)
- Compare (8)
- Storm (4)
- Antiquated (7)
- Creek (5)
- Thaw (4)
- Briskness (8)

## DOWN

- Exceed (7)
- Souvenir (7)
- Listless (13)
- Elusive (7)
- Stop (7)
- Fall (6)
- Cry out (7)
- Sneering (7)
- Fantastic (6)
- Sailor (7)
- Ignore (7)

## WORDSEARCH

Find the hidden words within the square. The word may start anywhere and go in any direction.

B	P	N	Y	T	B	A	N	I	M	A	T	S	B	U
K	K	M	G	D	H	N	B	A	H	R	E	J	T	G
L	O	B	O	E	N	G	Y	F	T	W	L	N	I	S
G	A	I	L	A	G	E	R	N	L	U	A	U	T	E
N	S	T	C	A	R	T	T	A	N	U	R	C	A	S
I	A	E	R	S	K	Z	R	N	J	E	E	E	N	S
R	D	I	L	A	B	D	B	V	O	L	P	U	I	E
E	V	R	E	S	E	R	B	T	E	C	M	B	C	G
H	Y	R	G	H	K	B	M	E	T	G	A	X	V	R
S	C	I	T	Y	L	I	M	W	N	C	I	T	M	R
U	L	A	S	I	D	M	U	O	I	E	I	S	Q	L
S	C	T	S	A	A	H	H	L	Y	V	D	N	X	X
N	U	T	S	U	V	C	L	T	A	R	N	I	S	H
N	E	B	G	C	E	I	E	Y	S	A	T	S	C	E
R	P	Q	W	Z	T	P	E	P	I	T	A	P	H	T

USHERING, OBOE, BALI, ATTRACTS, MIDAS, REGALIA, CATHEDRAL, CITY, LARGESSE, NUTS, BLISTER, PENNY, ECHO, BENEDICT, STAMINA, EPITAPH, NATURE, RESERVE, BACILLI, ECSTASY, TARNISH, ELECTS, CONTEND, TITANIC

## SPOT THE DIFFERENCE

See if you can find 6 differences between the two photos.



## Last week's solutions

Across: 1 Elicit; 4 Maniac; 9 Consciousness; 10 Remorse; 11 Ashen; 12 Gnome; 14 Demur; 18 Adorn; 19 Brittle; 21 Discreditable; 22 Rhythm; 23 Ardent.  
Down: 1 Escort; 2 Ignominiously; 3 Incur; 5 Assuage; 6 Inexhaustible; 7 Casing; 8 Dozen; 13 Monarch; 15 Gander; 16 Abode; 17 Desert; 20 Inter.

Last weeks winner: Judy Maranhão, Messines

Last week's solution:



# This week's Crossword Prize WIN



Swiggies - a hands free drink bottle for every activity and an aid for the less capacitated.

The winner of the Prize Crossword will receive a set of adult swiggies. Cleverly designed to strap on your wrist. [www.swiggiesuk.com](http://www.swiggiesuk.com) Easy to refill. You can freeze them and they are dishwasher safe.



# PROPERTY

A weekly guide to the latest and the best properties on the market in Portugal • The Portugal News • 13 Nov 2010

## PROPERTY OF THE WEEK

### A beautiful 3 bedroom rustic house by the Silver Coast



This week, Property of the week features a bargain rustic 3 bedroom property located just a short distance from Portugal's beautiful western Silver Coast.

This beautiful three bedroom rustic house is located near the Atlantic ocean, just a short drive from the beaches of São Martinho do Porto and Foz do Arelho on the Silver Coast.

The house itself is set in natural rural surroundings, where residents can enjoy silence and peacefulness.

The gardens feature a private spacious patio area, swimming pool with Vitreo pool tiles and a barbecue, ideal for having friends and family round for fun summer parties as well as relaxed evenings.

For ease of parking, the property also offers a carport as well

as a garden machine room for storage.

The property includes a total plot area of 450 square metres squared and construction area of approximately 125 squared metres.

This rustic house, with its traditional white walls with deep blue borders, comprises of an open-plan living room with an open fireplace and wooden ceiling, a fully fitted kitchen, a bathroom, and two bedrooms.

The attic has been tastefully converted to include a third bedroom and an en-suite bathroom.

Sold unfurnished and with

pre-installation for central heating, the property is a wonderful blank canvas for any buyer looking to transform this house into a home. Its quiet location makes it the perfect property for someone looking for a tranquil home by the sea, or a seasonal holiday home with good rental potential for those who want to escape the tourist crowds and see another side of Portugal.

The demand for properties on the Silver Coast has been growing steadily over the years as transport links to Lisbon and the Algarve have been improving, with drive times of just 45



minutes to the capital.

The area is home to stunning beaches and cliffs, quaint fishing villages, lush rolling countryside and some of the most fascinating historic sites in Portugal.

Here you can discover pretty villages and a real Portuguese way of life.

This property is priced at €195,000. For further information, please contact Villa Luz, Lda on +351 262 989 452

or +351 919 054 792.

Alternatively email office-paula@silver-coast-properties.net or visit their website, available in English at [www.silver-coast-properties.net](http://www.silver-coast-properties.net).



### Planning a new house? Project for approval? Home alterations?

Discuss your plans or ideas with us for a FREE quotation. Whatever the type of build, we can save you time, hassle - and money!

**projectcasa**  
Building Services

Contact us NOW... +351 289 391 389 • +351 916 526 363 • [info@projectcasa.eu](mailto:info@projectcasa.eu) • [www.projectcasa.eu](http://www.projectcasa.eu)

- ▶ Building services
- ▶ Steel Frame Construction
- ▶ Timber Construction
- ▶ Traditional Construction
- ▶ Extensions and Renovations
- ▶ Turn-key Solutions
- ▶ Kingspan TEK
- ▶ Engineering & Architectural Services





Soc. de Mediação Imobiliária, Lda

**Villas Luz, Lda**

AMI nº 3728

Email:  
office-paula@silver-coast-  
properties.netMob.  
(00351) 919 054 792  
Office:  
(00351) 262 989 452  
Fax. (00351) 262 990 514[www.silver-coast-properties.net](http://www.silver-coast-properties.net)

Large 4-bedroom villa beautifully located in a quiet neighb. w/ sunny bedrooms, nice rustic decoration inside. Surrounding area w/ garden, mature trees & panoramic views to the woods.  
320.000 Euros

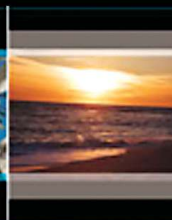


Magnificent 3-bedroom Villa w/ superb views to the Atlantic, sw. pool, garden & BBQ. Fantastic opportunity to have a detached first line property at walking distance to the beach.  
450.000 Euros

Full address: Avenida Marginal, Edifício Infante I, Loja 5, 26i, 2460-096 São Martinho do Porto, Portugal

**PORTUGAL****MORTGAGE FINDER**

Overseas finance made easy

[www.portugal-mortgage.com](http://www.portugal-mortgage.com)

Tel. 289 322 650

Mob. 919 371 632

**Abode**

AMI 1278

Sociedade de  
Mediação Imobiliária,  
Lda.Edifício "O Galeão", Loja  
3, Rua dos Pescadores  
Tel: 282 356 865  
Fax: 282 356 743  
leohbraun@hotmail.com  
[www.abode-pt.com](http://www.abode-pt.com)**PORCHES**

3 bed, 3 bath villa with pool, gardens & terraces. Electric gates, borehole, stone drive.  
263m<sup>2</sup> villa.  
6,160m<sup>2</sup> plot.  
Close to all amenities, road networks and Porches International school.  
€480,000.



All property pages can be viewed on-line free of charge at [www.theportugalnews.com](http://www.theportugalnews.com) where we have more than 1,000,000 hits a month.

To advertise on these pages, call Bella Talhadas on 707 500 677 or 914 393 736.

# Make the airport your shop window

1,000's of copies of The Portugal News are distributed at Faro airport every week to arriving and departing passengers. An estate agent's window can't beat that for property exposure!

To advertise on these pages, please phone Bella Talhadas on 707 500 677 or 914 393 736







Professional Estate Agents

Mobile +351 912 269 538  
Sergio@AlgarveProperty.com



Sérgio Martins

your professional real estate consultant

Gen. Lic. AMI 2196



PICOTA TC102729

Plot of land with 4.690 sq.m. excellently located on a very quiet and peaceful area. 15 mins drive to Vilamoura. Excellent access on tarmac road. Project approved to build a 4 bedroom detached villa w/ basement & sw. pool. Villa w/ approx. 732 sq.m. constr. area. Stunning panoramic sea & country views. Investment opportunity.

Price: € 400,000



VILAMOURA A102736

T1 apartment in complex w/ ample green areas, communal swimming pool and tennis court. Next to Pinhal Golf Course and Hilton Hotel. Around 15 mins walk to marina. Furnished and equipped. Lounge w/ fireplace. Terrace facing garden and swimming pool. Recently refurbished. Private parking for 1 car. Good investment (easy to rent).

Price: € 127,500



VILAMOURA MARINA A71905

1 bedroom apartment excellently located in Vilamoura Marina. Closed complex with reception, restaurant, bar, two swimming pools and tennis court. Constructed area of 80 sq.m. Furnished and equipped. A/c. Underground parking space for one car. Absolutely stunning views of the Marina, sea and country. Excellent investment opportunity.

Price: € 290,000



VILAMOURA EA102797

1 bedroom apartments excellently located inside Millennium Golf Course w/ fabulous views. Communal garden w/ large green areas & sw. pool. High standard finishes. Fully fitted kitchen. Video entry-phone. A/c. Electric blinds. Pre installed for alarm sys. Private parking space & storage. Directly facing the prestigious Millennium Golf Course. South/West facing w/ Golf view.

Price: € 175,000

## VILAGENTE



MAIN OFFICE:  
CINEMA BUILDING, SHOP 3  
EST. 1982  
AMI 489

### VILAMOURA

Mobile: 918 788 375  
Tel: 289 314 486  
Fax: 289 315 578  
vilagent@mail.telepac.pt  
www.venda-villa.com



Vilamoura

One bedroom apartment with sea view comprising 1 bathroom, lounge with dining area, kitchenette, storage and 2 terraces. Furnished and equipped. Communal swimming pool and garden area. Const. area - 60 sq.m.

Ref: A1399

Price: € 140.000,00



Vilamoura

Attached villa comprising 2 bedrooms, 2 bathrooms, lounge with dining area and fireplace, equipped kitchen and storage. Terraces and roof terrace. Furnished and equipped. Communal swimming pool and garden area. Const. area - 105 sq.m.

Ref: V12687

Price: € 230.000,00



Vilamoura

Beautiful villa composed of 3 bedrooms, 2 bathrooms, lounge with fireplace, dining room, kitchen, storage and terraces. Barbecue, carport, swimming pool and garden. Furnished and equipped. Plot area - 425 sq.m. Const. area - 128 sq.m.

Ref: V12685

Price: € 425.000,00



Vilamoura

Renovated attached villa composed of 3 bedrooms, 3 bathrooms, lounge with dining area and fireplace, equipped kitchen, laundry room, storage and roof terrace. Garage, swimming pool, garden and barbecue. Plot area - 256 sq.m. Const. area - 183 sq.m.

Ref: V12686

Price: € 460.000,00



AMI 989

Av. 25 de Abril,  
Bloco D, R/C Esqº.  
8700-011 Fuzeta  
Tel/Fax: 289 791 485  
Fax: 289 791 488  
Mobile: 917 506 365  
Web Site: www.bonaulda.com



Olhão

NEW PRICE 20% OFF! 4 bed villa with 300m2 plot and approx. 200m2 building, in a quiet urbanization. Plenty of natural light. Double illumination, equipped kitchen w/ granite worktop & access to Patio w/ BBQ, a bedroom / office in ground floor. 1st floor has 3 bedrooms (1 en suite) w/ laminate flooring & access to balconies. Basement is very large w/ bathroom & fireplace. Facilities include A/c in some areas, heating in some bathrooms, alarm and double glazing.

Ref: 1942

Price: €225.000



Olhão

Townhouse in the centre from Olhão, the property has a approved project for a new built of three floors with an total of 130m2, 3 bedrooms, lounge, kitchen and outside patio. Also as renovation project suitable.

Ref: 2009

Price: € 56.000



Fuseta - Olhão

Fantastic chance to buy an apartment with magnificent sights of Armona Island & natural reserve park of Ria Formosa. The Complex "Formosa Village" is in first front line to lagoons, and is characterized for its modern architecture, w/ special prominence for the garden & swimming pool area, about 200m of the village centre. This 2 bedrooms Apartment w/ ample living room, kitchen, 2 Bath/WC, terraces, private parking in garage, individual storeroom and pre-installed A/c. Each apartment is built w/ high quality finishing.

Ref: 1959

Price: € 199.500



Quatrim - Olhão

Large Old country cottage house implanted in a land with 1.600m2 area, situated close to Moncarapacho in a calm country location. The land is level and offers some trees. Water from a well and electricity are close by.

Ref: 2006

Price: € 80.000

Pellets



Bio Ethanol



Electric



Wood burning



Gas



ALGARVE: Head Office  
Rua 5 de Outubro, No 200  
8135-103 Almancil  
Tel: + 351 289 390 830  
Fax: + 351 289 390 839  
email: loja@joro.pt

• All forms of heating, from electric wardrobe heaters to full central heating.

• Over 20 years experience in Portugal

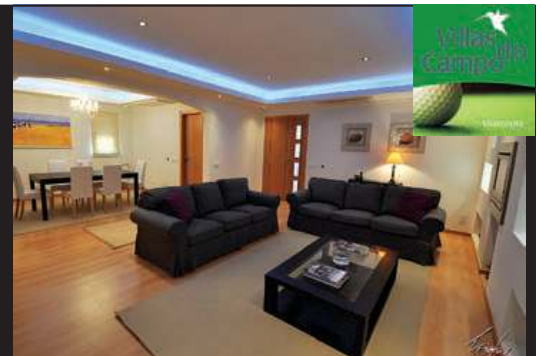
• All types of fuel, some not even needing a chimney!

• Your problems are our solutions.

## FOR SALE 7 Villas in Vilamoura V4 / front Golf

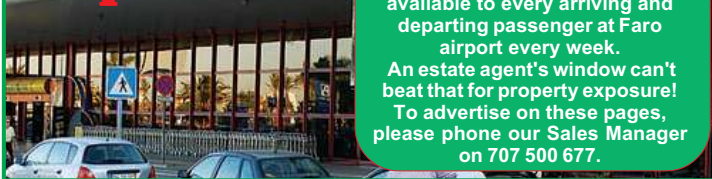
- WITH: - Private pool  
- Garden  
- Central heating  
- Air Conditioning
- Private garage  
- Areas 360 m2  
- Fully equipped kitchens (Siemens)  
- Pre-installation of solar panels

- Home automation  
We accept exchanges  
Contacts: Tel. (00351) 915657595  
Email: angulospaixao@sapo.pt





## Make the airport your shop window



The Portugal News is made available to every arriving and departing passenger at Faro airport every week. An estate agent's window can't beat that for property exposure! To advertise on these pages, please phone our Sales Manager on 707 500 677.

## RELAX

GMT are just a phone call away 24:7!

## PROPERTY MAINTENANCE & HOME IMPROVEMENTS

GMT24:7 are the first in the Algarve to offer a truly independent Property Maintenance Club

Do you want:

- ✓ Complete piece of mind?
- ✓ A trustworthy and reliable service?
- ✓ Great value for money with no middle-men?

Then look no further, join the GMT24:7 Property Maintenance Club today and benefit from:

**FREE** 24:7 emergency callout service

**GUARANTEED** 60 minute emergency response time

**FREE** home improvements loyalty voucher

**FREE**  
€50 of materials  
**AND**  
1st hour of labour  
on every  
callout

One month's membership FREE for every friend you refer to GMT24:7

### What our customers say:

*"60 minute response - NO! There in 15 minutes, incredible! Job started right on time AND completed ahead of schedule, Brilliant!!!"*

Contact us today: ☎ +351 282 098 600 @ info@gmt247.eu

[www.gmt247.eu](http://www.gmt247.eu)

**GMT**

**24:7**

Get those jobs done with help from DIY guru Julia Gray.

## Top tips for... building a fence

• Plants are starting to die back in the garden, so it's a good time to erect any fences. Check with your local council first in case you need planning permission, as restrictions apply in some cases.

• You should also consider who's responsible for the boundary you're fencing because it may not be you. If you're pulling an old fence or wall down, you do, of course, need to check that you own it first, or get permission from the neighbour who does.

• Choose between fence panels, available in various sizes, and close-board fencing, where you build up the fence one (vertical) plank of wood at a time. The latter is more time-consuming but flexible, as you can fit the fence posts any distance apart - around 240cm is ideal in a sheltered spot, or 180cm in an exposed spot or if the fence will be higher than 140cm.

• Like all wooden products, fences should be sourced from responsibly managed forests. They

should also be treated with preservative to prolong their life. If they're not, you'll have to do this yourself, not forgetting any ends that result from cutting the posts and boards or panels to size.

• To protect a fence post against the elements, put it in a bucket of wood preservative for at least an hour if it will be below ground level, or for at least five minutes if not. Follow the manufacturer's instructions when applying the preservative, especially the safety advice. You may also want to stain the fence when it's up - exterior wood stains come in all sorts of colours these days, so don't think that your fence has to be boring brown.

## Ask the expert...

Q: I'm not very good at wallpapering. Is there any easy way to do it?

A: The best advice I can give you is to use paste-the-wall wallpaper. As the name suggests, you apply the paste directly to the wall, rather than to the wallpaper. The main advantage of this is that you don't have to wait for the paste to soak into the paper and then deal with long, soggy lengths of it, which can be tricky. Wallpapering isn't particularly easy, but it is made easier with paste-the-wall.



**LUÍS AGUIAR & ASSOCIADOS**  
SOC. ADVOGADOS R.L.

**ADVOGADOS**  
LAWYERS · SOLICITORS

**LAGOS**

[www.la-associados.pt](http://www.la-associados.pt)

Rua Dr. Francisco Sá Carneiro 44-D · Apartado 368 Lagos  
(No edifício dos Correios da Amêijora. At the Amêijora Post Office Building)

Tel: (+351) 282 761 449 · Fax: (+351) 282 768 171  
Email: [info@la-associados.pt](mailto:info@la-associados.pt)

## HAVE IT ALL NIGHT LONG!

**SKY S.O.S. TV**

**SKY DIGITAL TELEVISION**  
Believe in Better

All Your Channels  
All Night Long Guaranteed  
The Best Reputation on the Algarve

Chris Whitman  
916 378 722  
[sooskydigital@msn.com](mailto:sooskydigital@msn.com)

## An Algarve Dream



### Alfarobeira

Above: A fully enclosed 1½ acre landscaped garden surrounds this huge 900+sqm home which is approached through high electric gates with security camera monitoring. Clockwise from left top: The outdoor covered Dining Terrace with outdoor Kitchen/Bar and Lounging Area; The 7 person Hot Tub, a Cabana and the obligatory heated Pool with an abundance of shaded seating areas; The Formal Sitting Room; The wonderfully light and bright Gourmet Kitchen with all the bells and whistles. This kitchen also, has a built in "dumb waiter" that serves the Wine Cellar and large downstairs formal Dining Room.



### Features:

- ❖ 1 ½ acres landscaped gardens
- ❖ 6 en suite bedrooms
- ❖ Large Sitting Room
- ❖ Formal Dining Room
- ❖ Eat in Luxury Kitchen
- ❖ Home Cinema room
- ❖ Snooker Room
- ❖ Entertaining Dining Room
- ❖ Temperature controlled wine cellar
- ❖ Covered Dining Terrace/BBQ Terrace
- ❖ Heated Pool
- ❖ Hot Tub (7 person)
- ❖ Huge Sun Terrace
- ❖ Flood Lit Tennis Court
- ❖ 3 Car Car Port
- ❖ Electric Security Gates
- ❖ Alarm
- ❖ Electric Shutters
- ❖ Bore Hole and Water Purification System
- ❖ Electronic Irrigation
- ❖ Air Conditioning
- ❖ Under Floor Heating
- ❖ Solar Panels
- ❖ Sealed Double Glazing throughout

This beautiful home is offered by the Owners for sale at only £1,450,00 (fixed exchange rate £/€ 1.2068 – the Owners assume exchange rate risk) or €1,750,000.

Call 91 619 6053 OR take a look at the web site [www.algarveluxuryhomesforsale.com](http://www.algarveluxuryhomesforsale.com)



## ALGARVE REMOVALS

Relax, your move is in safe hands.

### REMOVALS

- Weekly full or part load removal service to and from UK, Portugal & Ireland
- Full or part packing service
- One box to full load removals
- Villa to villa moves within the Algarve

### STORAGE

- Storage warehouses in both the UK & the Algarve
- Self storage available for long or short periods
- Fully insured, secure and alarmed

### ONLINE SHOPPING

- Shop online at main high street stores and have your items delivered the following week
- Anything from one to multiple items

Call us now for a FREE quote

UK Tel: 0044 (0)1245 468888  
Mob: 0044 (0)7711 179842

Algarve Tel: 00351 289 513851  
Mob: 00351 968019226

Email: sales@algarveremovals.com

www.algarveremovals.com



## Best Property Selection Across The Algarve

Sta. BarbaradeNexe, Ref: S318  
REDUCED by 14% to €340,000!!!

- Traditional Quinta from 1916, fully restored
- 3 bedrooms, 2 bathrooms, many original features
- Central heating, office with separate entrance
- 3,750m<sup>2</sup> plot with various fruit trees
- Only 15mins. from Faro Airport and the coast



CARVOEIRO PROPERTIES  
URGENTLY NEEDED FOR  
OUR CLIENTS

- Holiday homes €500,000 max. - with garden, pool and sea views
- Luxury properties €2,000,000 max. - with garden, pool and sea views
- Front line properties from €1,000,000 with garden and pool.
- Inland properties €1,000,000 max.
- Renovated Quintas €1,500,000 max. with big plot and sea views
- Country/Rustic houses €500,000 max.

To sell your property in Carvoeiro, please contact Tania Maughan on 916429441.

AMI 6902



info@togofor-homes.com

www.togofor-homes.com

Office Tel.: 282 432 004

Shop in Alvor Tel: 282 476 568

Fax Number: 282 458 177



Contact Me!



**SORAIA SANTOS**

Tel: +351 962 014 793

email: ssantos@remax.pt

www.remax.pt/ssantos



Buying or selling contact **SORAIA SANTOS**  
**AWARDED RE/MAX AGENT**  
#19 in Portugal #3 in the Algarve

**SANTA BÁRBARA  
DE NEXE  
CENTRAL  
ALGARVE**



**QUINTA DA ALDEIA**  
Santa Bárbara de Nexe

**2 Bedroom apartments**  
From - €170,000.

**3 Bedroom apartments**  
From - €195,000.

- With:
- Closed Garage - 50m<sup>2</sup>
  - Swimming-pool
  - Tennis-Court
  - Children's playground
  - Reception at daytime and security during the night



**WITH UNIQUE SPECIAL MORTGAGE CONDITIONS  
FOR RESIDENTS AND NON-RESIDENTS\*\***

\* Exclusively with BANIF  
OBS.: All information is subject to change without prior notice  
For more information please contact SORAIA SANTOS

## Windows and Doors in PVC & Aluminium

Manufacturer of  
glass curtains and  
roof skylights

Security front doors,  
folding systems,  
conservatories,  
insect protection,  
roller shutters,  
aluminium shutters.

Any kind of repair &  
maintenance service



Rua de Faro, nº14 • 8005-531  
Santa Bárbara de Nexe  
(near the Algarve football stadium)

Opening times:

Monday - Friday

09.00h - 13.00h & 15.00h - 18.00h

Saturday: Closed

Mob: 911 199 888 • Tel: 289 998 050 • Fax: 289 998 279

giantswindows@hotmail.com • www.giantswindows.net

**Abode** www.furnishyourabode.com



**COME AND VISIT OUR STUNNING SHOWROOM  
NOLTE KITCHENS HAVE ARRIVED !**



- Established leading German brand
- Innovative design
- Many head turning ranges
- Bespoke fitting service

## FURNITURE PACK SPECIALISTS

BUY AS LITTLE OR AS MUCH AS YOU NEED.....



- Bedroom
- Dining
- Living
- Outdoor
- Sofas & Sofabeds
- Linen & Towels
- Home Accessories
- BBQ's



+351 282 762 070



0870 803 29 70



Email: info@abode-group.com

Opening Hours: Monday to Friday: 10am - 6pm, Saturdays: 10am - 5pm



# Keeping the garden ever green



Thuja



Choisya ternata.



e. fortunei Emerald 'n' Gold dwarf evergreen euonymus.



Cotinus coggygia 'Royal Purple'.

## Good enough to eat - protect cauliflowers from frost

Cauliflower curds can be discoloured and damaged by severe frost followed by a rapid thaw, so bend the uppermost leaves over the developing curds to protect them from the elements. Alternatively, protect them from adverse weather conditions with a windbreak made of plastic netting or old deckchair material.

Look out for varieties which are extremely hardy and will

withstand the worst winter weather and are therefore ideal in cold districts. These varieties include 'Aalsmeer', 'Evita' and 'January King'.

Cauliflowers are a greedy veg so they need well-manured, moist soil for best results. Summer varieties can be sown in early spring, others a few weeks later, under glass or outdoors. Harvest them while the heads are still firm and tight.

## Three ways to... make the most of a raised bed

1. Fill it with the most appropriate soil for your crop.
2. Grow produce in short rows or small blocks, so reducing the chance of gluts and excess veg which you can't use.
3. Plant closer to obtain optimum yields, as the planting and sowing are concentrated in deep soil with high fertility.



## Best of the bunch - Box (Buxus)

These evergreen stalwarts provide the perfect topiary specimens outside front doors and add a touch of class on patios and at entrances to steps. Many people use them for hedging, as the stems bearing small and glossy leaves can be clipped regularly and make box an ideal choice for formal hedging. It also withstands windy conditions and will survive in some shade and alkaline soil. The most popular type is B. sempervirens, the common

box, which will grow to 3m (10ft) or more if left untrimmed and is widely grown as a hedge, planted in pots or trimmed into balls, pyramids or other topiary shapes. For dwarf hedges or edging beds, go for something more compact such as 'Suffruticosa'. Box thrives in partial shade but will tolerate full sun if the soil does not dry out. Grow it in moist, well-drained soil. It thrives on chalky soil or in pots of loam-based compost.



Hannah Stephenson's tips on how to use evergreens in the garden to perk up borders and containers - plus, find out what else needs doing in the garden this week.

Borders can look so lifeless at this time of year as perennials have died down while deciduous trees have shed their leaves, which is where evergreens come into their own.

Of course, some might just associate evergreens with the columnar conifers so often dotted in among other specimens in the flower border to give height, structure and some colour throughout the year, but you can also feature evergreens in rock gardens, as feature plants in the shrub border and to add vibrance and form to containers.

Of course, the usual evergreen suspects include azaleas, heathers and laurels, but with careful suiting and siting, there's a wealth of evergreens which can provide so much more interest.

Don't think that evergreen is just green - look for flowering evergreens which can provide a splash of colour when flowers are non-existent. Plant Choisya ternata 'Sundance' to give the border a yellow feature, or Photinia fraseri 'Red Robin' to provide dazzling red foliage in spring.

Pepper the border with variegated specimens such as Euonymus fortunei 'Emerald 'n' Gold', which is spotted with gold to give an eye-catching contrast to other less colourful plants in winter.

Aim to include both colourful evergreens and deciduous shrubs with either fine flowers or stunning autumn foliage. In general, shrubs tend to go at the back and in the middle of the border, herbaceous perennials at the middle and in front. Aim to have around the same number of evergreen and deciduous shrubs and trees.

It's not only winter when evergreens can come into their own. You may have thought conifers were boring, but they can be used effectively within a hot colour scheme to produce a modern look and are ideal as a feature planting within a low maintenance gravel garden.

For a really hot combination try Crocosmia 'Lucifer' with its pendant arches of red flowers alongside the conifer Thuja 'Rheingold'. The Thuja's adult foliage, a rich, deep old gold, is brilliant in winter as the cold temperature enhances the colour even more.

Add low growing Berberis

thunbergii 'Darts Red Lady' with bright yellow heleniums and this will give real warmth all year around.

Conifers can be used to create a classy combination for a sunny position with an emphasis on contrasting colours from the cool end of the colour spectrum.

Use the upright columnar Juniperus chinensis 'Pyramidalis' with its prickly glaucous leaves in combination with the purple-leaved smoke bush Cotinus coggygia 'Royal Purple'. Add the silver aromatic leaves of Artemisia 'Powis Castle' underplanted with the ground hugging Persicaria affinis 'Darjeeling Red' with its bright red flowers and large deep-green leaves.

Conifers are low-maintenance plants, requiring only occasional trimming, provide shelter for garden wildlife all year and are a favourite of goldcrests and coal tits, providing structure by adding height to delineating areas.

Avoid grouping too many similar conifers together. Go for some contrast and add colour with blue, orange, yellow and gold types. There are even conifers that turn mauve in the winter such as Crytomeria japonica 'elegans compacta' which look stunning against snow.

They can also be used as a background to other plants. Try dark green behind flaming-red tulips, or blue-grey foliage behind red or blue flowering plants.

Remember though that evergreen doesn't necessarily mean indestructible. Make sure the plant is suitable for the place you're going to put it because an evergreen is not always winter hardy.

And ensure that the variety of shrub or tree you are choosing is evergreen, especially when the genus is a wide one. Check the labels of lonicera, berberis, viburnum and rhododendron, for instance, of which there are both evergreen and deciduous varieties.



Helenium.



Crocosmia Lucifer.

**Garden maintenance**  
**Landscaping**  
**Plant rental**  
**Irrigation systems**  
**Cleaning - Fencing**

[www.qgardenpt.com](http://www.qgardenpt.com)

E.N. 125 Odiáxere - 8600 • Lagos • Tel 282 799 633

**917 479 921**  
[www.algarvetreeservices.com](http://www.algarvetreeservices.com)

**PRUNING**  
**DISMANTLING**  
**FELLING**  
**STUMP GRINDING**  
**BRUSHWOOD CHIPPER**  
**SERVICE**

**QUALITY TREE CARE**  
**ACROSS THE ALGARVE**



## CONSTRUCTION

### DO YOUR WALLS LOOK LIKE THIS?

After a wet winter, leaky roofs and water infiltration create unsightly mould and foul damp smells. We can fix it, **GUARANTEED!**

ALSO:

Kitchens • Bathrooms  
Roofing • Danish Wooden House Kits

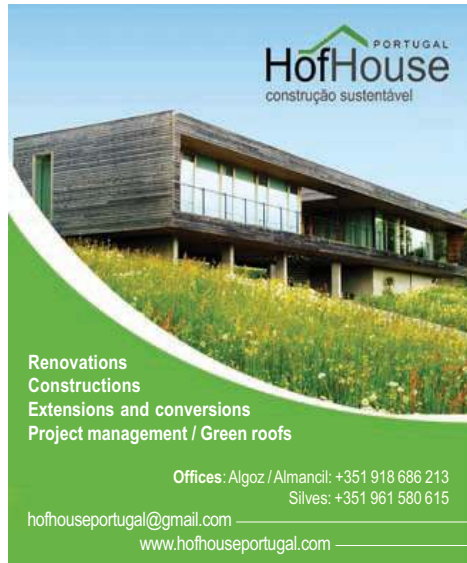
**Jensen Portugal Lda**

DANISH QUALITY AT LOCAL PRICES

Mob: 963 947 566 • Fax 289 463 891

jensenportugal@sapo.pt •

www.jensenportugal.com



**HofHouse** PORTUGAL  
construção sustentável

Renovations  
Constructions  
Extensions and conversions  
Project management / Green roofs

Offices: Algoz / Almancil: +351 918 686 213  
Silves: +351 961 580 615

hofhouseportugal@gmail.com  
www.hofhouseportugal.com



**HELPING HAND**  
PROPERTY MAINTENANCE

Painting • Joinery • Building • Gardening • Pools

ALL JOBS CONSIDERED

David Prewett  
Tel: 282 995 461 • Mob: 969 952 492  
email: davidprewett@sapo.pt

See page 2 for our exact print run this week.

## INTERIORS & FURNITURE



**Furniture World**

Tables, Chairs, Beds, Chests,  
Wardrobes, Coffee Tables, Bookcases,  
Sofas, Rugs, etc..etc..

**Solid Wood Furniture**  
All at Realistic Prices

www.furnitureworld.pt

Urb. da Marateca  
Lote 5, Chinicalo, Lagos

Lagos Portimão  
EN125  
2km from Lagos  
Next to Solmate

Tel: 282 798 263



**The Linen Store**  
home textiles

**NOW OPEN IN LUZ**

Towels  
Sheets  
Duvet covers  
Pillows  
Rugs

25 Rua d'Abril • Praia da Luz  
282 760 770 • 914 207 649  
info@luzalgarve.com

## DECORATING & PAINTING



**Pro Dec**  
Professional Decorators

- Interior & Exterior
- Professional Preparation
- Only high quality products used
- Free advice & NO obligation
- 35 years trade experience
- Full written specification
- All work guaranteed

Telephone  
**916 569 219**  
For prompt attention

www.theportugalnews.com

## HOME IMPROVEMENTS



**mestre Construtivo**

**ROOFING & FACADE**

We are your roofing and facade specialists.  
We know that houses especially in Portugal need the best insulation and sealing systems!

- roofing and plumbing works
- drain systems
- facade renovation
- thermal insulation composite systems
- terrace and roof sealing
- woodwork
- consulting and design

Call: 00351 289 42 25 25 or  
mobile 00351 93 866 92 15

See also at www.mestre-construtivo.com



**The Curtain Shop**  
Casa dos Cortinados

For all your Soft Furnishings

OUR WORK IS TOP QUALITY &  
OUR PRICES ARE VERY REASONABLE!

- For all your soft furnishings
- Re-upholstery service
- Full measuring & fitting service
- Free Quotations

Rua Dr. Paulo Jorge Godinho, Lote 7, Loja E • LAGOS  
opp. UK Food Supplies • Tel / Fax 282 094 164 •  
email: thecurtainshoplagos@gmail.com



**Angela Marshall**  
Interiors

Soft furnishings for every home or at sea.....

- Curtains made to suit every budget
- Window film, solar protection
- All types of blinds including best quality verticals
- Cushions scatter and seating areas
- Re-upholstery and loose covers
- Boat canvas and interiors

All manipulation of fabric work taken,  
call for a quote today

Email: Amarshall@sapo.pt  
Lori: 916130236 • Shop: 282798419



**Build 4-U-Lda**

**Villa Construction & Renovations**

Over 20 years operating throughout Portugal

Contact Alan McCormick on 919 356 749  
Tel/Fax: 289 093 401  
build-4-u@sapo.pt  
www.build-4-u-lda.com  
Urb. Al-Sakia LHM 11B  
Fonte Santa, 8125 - 020 Quarteira



**B & R Build & Renovate**

- Extensions
- Renovations
- New buildings

Working within the English Community more than 10 years

Av. José Costa Mealha Nº131-A, R/C Dto. 8100- 500 Loulé  
Tel. 289 417 867 Mob. 966 570 158 Fax. 289 417 869  
build.renovate@gmail.com



**DAMP SOLUTIONS**  
Professional Weathering Products

Specialising in Treatments of:  
**Rising and Falling Damp**

\*Roofs \*Retaining walls \*Terraces \*Cisternas

CONTACT US TODAY FOR FREE ESTIMATES!  
Tel: 289 508 075 • 962 848 744 • colin@benel.com

**WALL 2 WALL CONSTRUCTION.NET**

All property pages can be viewed on-line free of charge  
www.theportugalnews.com



**MÓVEIS MALHEIRO****"You have to see it to believe it"****Household & Garden Furniture**

Mon - Sat: 9am - 7pm  
Closed: 1pm - 3pm

Lagos  Faro

Household Garden

Urb. do Malheiro  
R. das Acácias, Lote 4  
8500-331 Portimão

Lagos  Lagos

Portimão

Tel: 282 491 583 Fax: 282 492 249  
moveis.malheiro@mail.telepac.pt

**FURNITURE PACKAGES**

**FROM**

1 Bedroom apartment - €1,880.  
2 Bedroom apartment - €2,556.  
ALL items with FREE delivery & assembly

[www.moveismalheiro.com](http://www.moveismalheiro.com)**Algarve CURTAINS**

Curtains, Cushions, Bedcovers Made to Measure  
Tracks & Poles Supplied and Fitted  
Foam Cut to Size

**QUALITY WORK AT SENSIBLE PRICES**

Tel: 282 493 238 Tlm: 964 677 699  
Rua Infante D'Henriques No. 42, Ferragudo, Lagoa  
PLEASE PHONE FOR APPOINTMENT



Transform your  
home completely  
or one room at a time



Come and look, be inspired - add style  
to your home. Furniture and fabrics.  
In house design service at no extra cost.

Tel: 282 789 849 - Mob: 917 771 831  
Email: luzdecor@world.net.pt - [www.luzdecorhome.com](http://www.luzdecorhome.com)  
Showroom: Lote 38, Vila das Acácias, Praia da Luz

10% DISCOUNT  
when presenting this advert



THE HIGHEST OF QUALITY  
**DESIGNER  
TEXTILES**

Quality fabric for less  
suppliers of

Curtains and poles Soft furnishings  
Blinds Upholstery  
Bed covers Furniture

Tel/Fax: 282 799 610  
Designertextiles@sapo.pt  
Open Mon - Fri: 10am - 6pm

Loja 11, Parque Comercial do Infante, Torre, Odiáxere, Lagos



**Bedspreads**  
FACTORY OUTLET  
THE PORTUGUESE LINEN SHOP

The ONLY company in the Algarve selling  
directly from Portuguese factories for 20 years

We sell bedding in all sizes. 100% Egyptian Cotton  
and poly / cotton at reasonable prices: Bedspreads,  
Curtains, Towels, Duvets, Pillows, Toppers, Protectors  
NEW feather goose-down pillows and duvets



LAGOA: On the EN125 between the Cepsa petrol station  
and Vodafone, on the Carveiro roundabout.  
OPEN: Mon - Fri 10am - 6pm Saturdays 10am - 1pm  
Tel: 282 353 244 / Mob: 968 237 310

[www.bedspreadsportugal.com](http://www.bedspreadsportugal.com)  
[information@bedspreadsportugal.com](mailto:information@bedspreadsportugal.com)

The 6th largest weekly  
newspaper in  
Portugal,  
in ANY language!

**HOLIDAY ACCOMMODATION**

[www.portugal-info.net](http://www.portugal-info.net)  
Your source for accommodation in Portugal

looking for accommodation?  
search and compare at [www.portugal-info.net](http://www.portugal-info.net)

Accommodation Properties Golf

Type of Accommodation: Holiday Apartments  
Location / Facilities: Beach & Coast  
Region: Algarve  
Town: Any  
Arrival Date: Sep 16 2010  
Departure Date: Oct 17 2010  
Search



Portugal-info  
informing the world about Portugal

[www.theportugalnews.com](http://www.theportugalnews.com)**KITCHENS****Klass Cozinhas**

ALSO  
MADE TO  
MEASURE  
WARDROBES

Come visit our showroom in Lagoa  
We are open 6 days a week  
and can offer you  
TOP QUALITY KITCHENS at the  
LOWEST PRICES AROUND  
All construction work undertaken  
282 342 062 or 926 148 240

**LEGAL & FINANCE****MORTGAGE?**

We are INDEPENDENT ENGLISH  
MORTGAGE BROKERS

We can help you find the perfect Mortgage deal

- ▶ We are Independent English Mortgage Brokers who have an expert knowledge of the mortgage possibilities throughout Portugal.
- ▶ We can find you up to 30 year terms and 90% loan to valuation on any kind of Mortgage.
- ▶ We deal with all Portuguese banks and have 27 years experience in the finance industry.

**Thousand Markets Lda**

For more information call  
tel/fax: 21 386 6109  
mobile: 91 853 9480  
mobile: 91 672 1382  
[www.portugal-mortgagesonline.com](http://www.portugal-mortgagesonline.com)

**Bedrooms Extra****ENGLISH LINEN**

The biggest 'British Bed'  
retailer in the  
Algarve

Over 60  
beds on  
display -  
3 floors

Always  
In-store  
Promotions

**Relym**  
The Best Beds in the World

3ft  
mattress  
from  
€89

All in Stock  
FREE  
delivery

Sofas  
Bedroom,  
Lounge,  
Dining Room  
Furniture

Old bed taken away

All mattresses British made to British standard

Ready made  
Fully lined  
Curtains,  
Panels  
Poles & Tracks

Economical  
Dura Beds  
Full Range

Duvets /  
Sets / Covers  
Sheets,  
Pillows,  
Towels & Robes

Tel: 282 762 383 | E-mail: [sales@bedrooms-extra.com](mailto:sales@bedrooms-extra.com)  
Website: [www.bedrooms-extra.com](http://www.bedrooms-extra.com)  
Industrial at Torre - EN125  
Exit 2 - A22 Between Odiáxere and Lagos

**Quality Furniture Packs From €4,995**

IDEAL  
LIVING  
PORTUGAL LDA

Arriving shortly - new selection of sofas,  
sofabeds, leather dining chairs & leather beds,  
all at highly competitive prices.

Please visit our showroom on the EN125 near  
Quatro Estradas roundabout, 2km west of  
Almancil. Show apartments also available to view  
across the Algarve.

Tel: 289 398 573 or 910 410 510  
[www.idealivingportugal.com](http://www.idealivingportugal.com)  
Open: Mon-Fri 09:30-18:00 Sat/Sun By Appointment



## Danielle Shrimpton LL.B. Solicitor

Legal Qualifications for UK and Portugal  
Property - Wills / Probate - General Legal Matters

Largo Salazar Moscoso, Lote 4 Loja B  
8600-522 LAGOS - Portugal  
e-mail: danielle.shrimpton@gmail.com

Tel: 282 080 008  
Fax: 282 181 164  
Mob: 918 787 729

## PROPERTY MANAGEMENT

**We need more properties to come onboard before November 30<sup>th</sup> 2010 to meet our tour operators deadline for all next years bookings**

We offer Property Management, but if you already have this covered - we will work alongside your chosen company and just maximise your bookings

- 1 Guaranteed to re-coup the cost of joining our rental programme - or your money back!
- 2 We also have furniture packs to suit any budget - or part furnish - or just refresh your tired bits!!
- 3 Established Company averaging 15 weeks rental each property
- 4 Central, Eastern, Western, Spanish Algarve

Phone Caroline on  
00351 916 087 923  
caroline@ifrm.co.uk  
Spain: Shona  
0034 647 925 834  
0034 959 322 178



**FURNISHINGS  
RENTALS  
MANAGEMENT**  
**www.ifrm.co.uk**

Put your property in safe hands with



### Professional Property Management

Caring professional team with many years experience of property ownership on the western Algarve.

Full range of management services tailored to meet your requirements.

New 'Home Planner Service' full assistance with furnishings & fittings for your home. (even in your absence) Full details on request.

We care about you & your property. We guarantee our best attention at all times.

Complete peace of mind

For a no obligation discussion call Doreen  
Office: 282 792 630 • Mobile: 916 536 783  
office@apartmentalgarve.com  
doreen@algarveapartment.co.uk



**Hotline: 707 500 677**

## PROPERTY SERVICES

**Portugal Auctions**  
Pro-Active Property Marketing

### Buying or Selling Property?

Pro-active Property Marketing through  
Auctions, Exhibitions & i-spy360 Virtual Tours  
Welcome to our Website  
**www.portugalauctions.com**  
Email: sales@portugalauctions.com or  
telephone Morag on 91 420 9965

Are you an ex Speed Frame client?



No need to worry about maintenance and service

We are experienced ex Speed Frame technicians with a wide knowledge of this product.

- Your frames need a brief and inexpensive maintenance every six months to keep them working smoothly
- As Speed Frame is no longer in business in Portugal, service is not available from them, but we can perform most repair and maintenance tasks, and we can obtain many original parts, if needed

- If you need to replace a window or door, we can obtain units of a matching design to keep all your doors and windows in the same style

For maintenance, repairs or new units, call us for quick and efficient service at reasonable prices

**PVC Directo**  
We double the glazing - Not the price  
Tel: 916 184 148 • 969 410 952  
pvcdirecto@gmail.com

The Portugal News is distributed  
**NATIONALLY.**



**toldolanda** Imp. e Comércio de Toldos, Lda  
www.toldolanda.com | www.weinor.com  
info@toldolanda.com | Portimão | 914 609 517  
toldos | awnings | markisen | zonwering



**Specialists in  
traditional concrete  
and Gunite  
projection pools**



Tel: +351 289 391 691  
info@norberto-marum.com

**NORBERTO & MARLIM  
POOLS AND HOMES**  
Swimming Pool Chemicals  
Heat Pumps - Pool Covers  
Salt Systems - Spas - Jacuzzis  
Sand Filters - Pool Pumps  
Chlorine Free Pool Water Treatment  
Alternative Water Softener

Mob: +351 916 982 085  
www.norberto-marum.com

EN125 - Almancil - Algarve - POOL SHOP ON EN125 (TROTO)

## Solar Safe Pool Covers

THE most cost effective way to heat your pool  
Increases water temperature by 8°C, doubles pool usage season, safe for children and pets, keeps pool clean, saves water, no ugly roll station.  
Peter Read 963 346 631



solarsafecovers@hotmail.com • www.solarsafepoolcovers.com

**CONCEPT X**  
general constructions

**LIGHT STEEL  
FRAME HOMES**

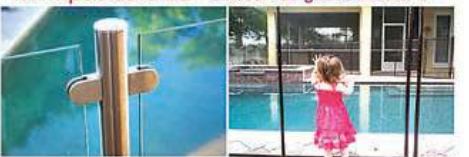
6 years of experience throughout the Algarve  
Tel. 289 395 717 | Tlm. 916 547 761  
**www.conceptx.pt**

**PoolSafe.eu**  
Tel 289 591 662 info@poolsafe.eu

FINALLY - A GOOD 500 MICRON POOL COVER  
Three seasons ??? 8 Seasons warranty

old type weak spots No words needed! DOME BUBBLE

Fixed Security Fences and Gates, metal fences  
Steel and glass, Gates, Removable fences  
Hotels, Condos, private. Free onsite survey.  
Call us to make your pool area safe for kids NOW.  
**www.poolsafe.eu** offices:- Salgados Albufeira



The Portugal News is distributed at  
**FARO AIRPORT**



## REAL ESTATE

**kasas**  
**Algarve Property .com**  
Tel 00351 289 310 310 - info@algarveproperty.com  
**www.algarveproperty.com**

How can we help you today?  
Professional Estate Agents  
Gm. Lic. AMI 2194





# Marco mellow to the easy life

The Hell's Kitchen presenter explains why he's keeping things simple in his new book *Marco Made Easy*. The legendary Michelin-starred chef talks to Andy Welch about making great food from everyday ingredients such as mustard, ketchup and Worcestershire sauce.

Throughout his career, Marco Pierre White has prided himself on bringing the world's finest food to the plates of open-mouthed diners.

The youngest chef ever to be awarded three Michelin stars (at the age of 33), Pierre White was lauded by critics for his intricate creations before he notoriously returned his stars in 1999 and retired from his kitchen.

That seems a world away from his current cooking philosophy which, as the title of his new book tells you, is all about making things easy.

"Too often cookery books try too hard and therefore they make the reader try too hard," says Pierre White, now 48.

"I just don't get it, life is complicated enough without introducing stress into the kitchen."

In *Marco Made Easy*, then, the Leeds-born presenter of Hell's Kitchen keeps things simple, while still aiming for big flavour.

He cuts back on complicated presentation, difficult methods and long lists of ingredients.

"The idea dawned on me when I was at my pub, the Yew Tree near Newbury, and I was

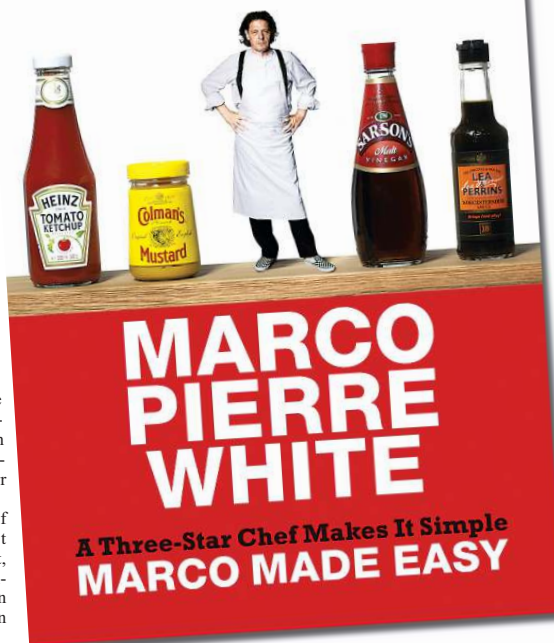
eating steak tartare. There are a number of ingredients in it that come from a jar, so I thought if these companies have put so much time and effort into making something that tastes so delicious, why turn your back on them? Why not use them in your cooking?"

"The principle is that there's one ingredient in each recipe you might have to buy in, and the rest will come from the store cupboard."

The cover of the book shows Pierre White standing alongside bottles of ketchup, vinegar, Worcestershire sauce and a jar of mustard. It continues his previous idea, seen on Hell's Kitchen, of using everyday ingredients, such as Knorr stock cubes.

There is also an element of repetition in the book. It's not laziness on Pierre White's part, however. He says it's about encouraging novices to broaden the range of dishes they can make.

"People can be frightened of cooking, they get what I call 'the fear of the stove'," says Pierre White. "You'll see in the book



*Marco Made Easy* by Marco Pierre White, published by Orion.

that there might be eight recipes with the same ingredient, eight fillet steak recipes and so on, and after you've done those, you will never fear cooking steak again."

"You don't have to use fillet, you could change it to rib-eye, rump or sirloin, but the idea is building a repertoire and getting rid of that fear."

"In the instructions, I also say 'to your taste' a lot too, and that's not me being vague, it's about giving control to the cook in the kitchen, so they enjoy what they're making. It's a very thoughtful book, if I say so myself!"

The book was created over the course of 11 days in the kitchen of Pierre White's restaurant called Marco which is situated within Chelsea Football Club's Stamford

Bridge ground.

Other than compiling a list of main ingredients he wanted to use, Pierre White didn't plan the

book in great detail beforehand. He merely turned up with co-writer James Steen, a photographer and, of course, his trusted personal assistant and driver Mr Ishii, and started cooking.

"Many of the dishes have been inspired by things I've made throughout my career," he says. "The smoked salmon plate, for example, is something we used to do at The Box Tree in Ilkley, but simplified."

"I also wanted to use a few ingredients that you don't see in many cookbooks, like liver, and there's a great recipe with double pork chops. You'll have to ask your butcher for those, but I've put six recipes in the book so it's worth getting them. They're fantastic."

"After I'd made the dishes, if I thought things had gotten too complicated, I'd simply knock off a few ingredients, keeping the main elements without sacrificing taste. I'm well aware people might not cook because a recipe looks intimidating or has too many ingredients."

"This book is all about big flavours, great ingredients, simple recipes and encouraging people to try something new."



## THE BATTERING PLAISE

Traditional British Fish and Chips Restaurant-Takeaway-Delivery service  
Next to the Post Office, Almancil

### EXCELLENT VALUE FOR MONEY

Using only the finest quality cod, haddock, wholetail scampi, English sausages, homemade 6oz pure beef burgers, chicken burgers, pies and much more. Handcut chips, freshly prepared beer batter & homemade mushy peas.

### LUNCH SPECIALS

Cod, Haddock or Scampi with chips and mushy peas  
ONLY €6.00

### OPEN: MONDAY - SATURDAY

12.00 Midday-2.30PM • 5.00PM-10.00PM

### SUNDAY

6.00PM-9.00PM

Last orders for restaurant and delivery  
30 minutes prior to above closing times

Telephone - 963 731 736



Open from 10am - 7 days a week

- Cosy English pub atmosphere
- Food available all day
- Full dinner menu Friday & Saturday evening
- Sunday Roast Lunch 12.30 - 3pm
- Thursday alternating Quiz & Games Night
- Themed Evenings coming soon - check our website for further information
- Premiership Football
- Christmas Lunches throughout December

Mark & Jackie

Tel: 282 485 296

Praça da República Alameda - Portimão

www.thewinebarportimao.com



## Pizzeria-Bar

Rua S. Sebastião  
lt. 14 - Loja 3 e 4  
Urbanização Má-Partilha  
8500 Alvor  
Portimão

(+351) 917 679 838  
labagattella@gmail.com



## CHARMING TRADITIONAL ITALIAN RESTAURANT

homemade pizza's  
special meat courses  
various fresh pasta  
(spagetti, lasagne...)  
large pancakes with  
Italian ice cream

Daily special &  
children's menu  
(childrens playground)



### Avocado with fresh crab and herbs

About 50g white crab meat (Serves 1)

Maldon salt

Extra virgin olive oil

1 avocado

Fresh herbs of your choice to garnish

Season the crab meat to your taste with a drop or three of lemon juice, a little salt and olive oil.

Carefully peel the avocado and slice it in half horizontally, so that you end up with a top and bottom. Remove the stone and slice away the base so that the avocado bottom is flat underneath and can stand up on a plate.

Fill the centre of the avocado with crab meat and put the top half of the avocado on the crab meat.

Using a pastry brush, paint olive oil on the avocado and on to the herbs. Stick the herbs on to the side - the oil should hold them there.



### Peaches poached in Champagne

1 bottle Champagne (or Prosecco) (Serves 6)

600g caster sugar

6 peaches

In a casserole or ovenproof dish combine the Champagne and the sugar. Bring to the boil and stir so that the sugar dissolves.

Put the peaches in the liquid and put an upturned plate on top of them to keep them submerged in the liquid. Turn down the heat and simmer gently for about 10 minutes, or until the tip of a knife can penetrate the peach without resistance.

Remove from the heat and allow the fruit to cool in its own syrup. Serve with a little creme fraiche.



### Fillet steak with shallots and Dijon mustard

(Serves 4)

50g unsalted butter

4 large shallots (or 2 large onions), very finely sliced

4 fillet steaks (about 180g each)

Dijon mustard, to your taste

A handful of fresh flat leaf parsley, to garnish

In a frying or saute pan, melt the butter; add the shallots and saute them until soft and golden. Drain them in a colander, but keep the butter because you'll need it in a minute.

Return the pan to the heat and pour in a tablespoon of olive oil. Add the steaks and fry for 3-4 minutes on each side, turning them once only. Remove the pan from the heat and allow the steaks to rest in the pan in a warm part of the kitchen for 5-10 minutes.

Using a pastry brush, paint the Dijon mustard on top of each steak and then spoon on the golden shallots. Reheat the shallot butter and pour it over the steaks.

Top with the chopped parsley. Beautiful!

### Restaurants and hotels

#### THE WINE BAR

Home Cooked Food  
Praça da República Alameda,  
Portimão  
Tel: 282 485 296/914 906 939

#### CASA INGLESA

Waterfront restaurant,  
Portimão  
Tel: 282 416 290

#### DRAKES RESTAURANT

International & Indian Cuisine,  
Alvor  
Tel: 969 700 971

#### THE 19TH HOLE CLUB

English/Portuguese cuisine  
Nr Praia Dona Ana, Lagos  
Tel: 282 046 582

#### KOHINOOR

Indian Tandoori Restaurant  
Tavira 281 326 814  
Lagos 282 761 022

#### LA BAGATTELLA

Daily dishes & Italian  
Urb. Ma Partilha Alvor  
Tel: 282 045 837 / 917 679 838

#### RIB SHACK

Memphis style smoked ribs  
Olhão  
Tel: 289 702 511 / 966553562

#### AS AVES

Restaurant and Smokehouse  
Ladeira do Vau, Portimão  
Tel: 912 379 092/914 522 079

#### AVENIDA SOL

Bistro  
Messines  
282 339 258

#### KING RESTAURANT

Popular dishes  
Almancil  
Tel: 289 994 243

#### BIG REDS

Ribs & Steaks  
Alvor  
Tel: Nick Rowe 936 930 066

Vicky & Fernando welcome you to



Traditional English Sunday lunches €6,90 now being served

Free bottle of house wine for every

party of four - evening meals and Sunday lunch only

Show newspaper for offer

Meals served all day and all night

HIGHLY RECOMMENDED

FRIENDLY ATMOSPHERE

Booking advisable to avoid disappointment

Rua da Liberdade nº 40, SB Messines

Tel: 282 339 258

### As Aves Restaurant & Smokehouse

#### ALL OUR MENUS SHOWCASE OUR OWN SMOKED PRODUCE

##### EVENING MENU

2 or 3 courses

THURS - SAT: 7 - 9.30pm

##### DAYTIME MENU

is quite different, lots of

variety, tastes & cuisine

TUES - FRI: 10am - 3pm

SUNDAY LUNCH 12 - 2.30pm

3 courses for €15

For menu see our website

www.asavesalgarve.com

For more info 914 522 079

CHRISTMAS  
MENU &  
ORDER FORM  
NOW  
AVAILABLE

TASTER MENU  
13th November  
8 dishes  
7pm  
€17.50pp

Ladeira do Vau - Portimão

Coming from EN125 second roundabout to the left

Coming from A22 second roundabout to the right

DRAKES

### International & Indian Cuisine

Breakfast, Lunch/Snacks & Dinner  
plus Traditional Sunday Roasts  
Please book in advance

Evenings: In-house Indian chef  
providing full Indian menu;  
Pat's famous home-made  
steak & kidney pies, sumptuous steaks  
and much more...

Take away menu also available

Directions: Three doors down from  
pharmacy in Alvor, opposite school



Tel: 282 416 562 • Mob: 969 700 971

### Set menu voucher

#### STARTER DISHES TO CHOOSE FROM

- Fish cakes sweet chilli dip Thai salad
- Deep-fried brie cranberry & port sauce
- Soup of the day

#### MAIN DISHES TO CHOOSE FROM

- Slow roasted belly pork apple jus
- Steamed salmon served with a creamed mushroom & herb sauce
- Chicken breast with tarragon cream
- Wild mushroom strudel with Madeira sauce all served with fresh vegetables, potatoes or salad, chips

#### DESSERT DISHES TO CHOOSE FROM

- Cream brulee
- Dessert of the day
- Mix ice cream

Plus free lt of carafe of house wine with this voucher

ALL FOR €14,95 PER PERSON



Quatro Estradas, Alvor

at the roundabout next

to Alto Golf turning.

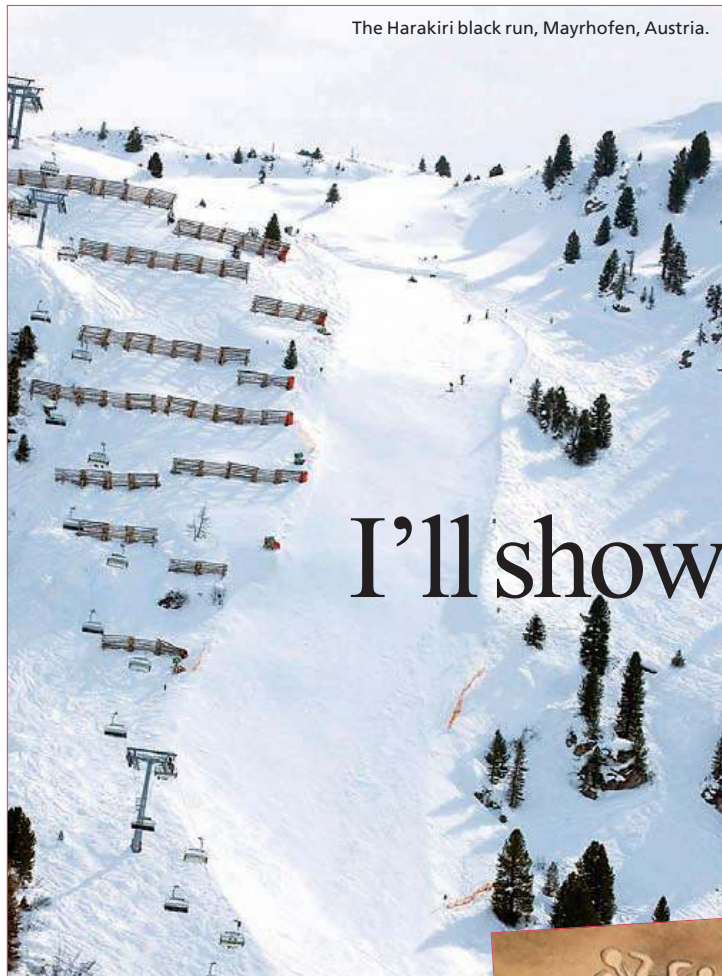
Call 936 930 066

for bookings

Valid until December 22nd



The Harakiri black run, Mayrhofen, Austria.



The bar at the White Lounge, Mayrhofen, Austria.

# I'll show you to your igloo

The weather may be on the turn here but it's a lot colder in an ice hotel! Nicky Burrige takes to the Austrian slopes.

The view is dramatic. On a cold, clear night, the mountain peaks are illuminated by the moonlight which bounces off the snow, turning everything silver.

I stand close to the fire,

stamping my feet to keep warm. Far below, a procession of twinkling lights means 300 people are making their way up the mountainside carrying flaming torches.

In the background I can hear the DJ warming up: it's party night at the White Lounge.

Located at 2,000 metres in Mayrhofen, in the Tyrol region of the Austrian Alps, the White Lounge igloo hotel is rebuilt from scratch each year.

It consists of 10 individual igloo suites and a larger igloo, used as a dining area, all made of snow and ice. The adjacent White Lounge bar is the scene of tonight's party.

Every Tuesday night 300 people come up from the valley for the Igloo Party, to dance in the two indoor ice bars or hang out in the open-air snow bar, sipping the White Lounge's signature hot cocktails.

But unlike most of the guests, who go back down the mountain by cable car at the end of the night, I will be staying on, sleeping in one of the igloos.

I have always wanted to spend a night in an ice hotel. But, closer to bedtime, I feel increasingly apprehensive.

The igloos are beautiful inside, but so cold you can see your breath. The ceilings are high, with ice sculptures carved into the

## Special Reader Offers on Royal Caribbean & Celebrity Cruises



In association with Melair, the official agents for the above cruise lines in Portugal, readers can benefit by the following:

- The very best current prices
- A price guarantee if prices lower prior to your cruise
- Helpful and expert advice in English

### PLUS:

A complimentary bottle of champagne will be waiting for you in your stateroom as a Portugal News reader.

Departures also from Malaga and Barcelona

See reviews of the ships on our Travel Website: [www.travel.theportugalnews.com](http://www.travel.theportugalnews.com)

For the best prices and the best advice, call Melair on (+351) 210 329 416 (in English) and please mention that you are a Portugal News reader to benefit from very special arrangements.



Above: An igloo suite at the White Lounge, Mayrhofen, Austria.  
Right: The White Lounge, Mayrhofen, Austria.



**Travel Insurance**  
For people living in Portugal  
Arrange instant low cost cover online  
[www.globelink.co.uk](http://www.globelink.co.uk)  
or call us on 0044 1353 699082

**LONG WEEKEND  
in MONTE GORDO**  
**€52 PER PERSON (min 2 pax)**

\*\*\*\*HOTEL CASABLANCA INN\*\*\*\*

3 Days, 2 Nights, Half board, Welcome drink on arrival Friday, after 15:00hr + Dinner  
Saturday, Breakfast + Dinner  
Sunday, Breakfast and Check-Out at 12:00hr  
(Extra nights: €25 per night, per person, half board)  
Bookings: Direct with Hotel Tel: 281 511 444 • Fax 281 511 999  
E-mail: [hotel@casablancainn.pt](mailto:hotel@casablancainn.pt) [www.casablancainn.pt](http://www.casablancainn.pt)



walls. The snow sparkles in the flickering light from a large candle burning in the doorway.

To my relief, I'm not sleeping on the ice itself, but on a waterbed covered in animal skins set into a raised platform of ice, and there is a thick four-season sleeping bag.

Once inside this, I feel surprisingly cosy, although I am wearing multiple layers. I am also plagued by the fear of a trek across the snow in the early hours to the communal bathroom.

Outside, the temperature drops to minus 12C. In the igloo itself, it hovers around minus 1C - cold enough to freeze the contents of my water bottle by the morning - and when I wake up everything is covered in condensation.

But any discomfort is more than worth it, as I stand with my fingers curled around a mug of peppermint tea, watching the ring of mountain peaks turn pink as the sun rises, smug in the knowledge that I will be the first person to hit the slopes today.

Mayrhofen is popular with the young crowd, particularly snowboarders, and has a vibrant après ski scene - a concept the Austrians claim they invented. The French word universally used to describe post-skiing partying originally referred to the fur-lined boots people put on after skiing.

For the intrepid, the resort also boasts the Harakiri, Austria's steepest ski slope, a black run with an average incline of 38 degrees. Not for the faint-

hearted, and certainly not for me.

A relative newcomer in skiing terms, Zillertal, made up of Mayrhofen and four other resorts, opened in 1979. It has 649km of ski runs, and ski passes cover the whole region, with ski areas linked by a free shuttle bus.

The pistes are immaculate, uncrowded, and with wide runs for all abilities. Queues for ski lifts are non-existent, which Tyroleans use to justify leisurely four-course lunches.

The land is still owned by farming families who have worked it for generations and continue to farm it in summer. Cows which graze the mountains during the summer reduce the risk of avalanches, as they churn up the grass and make it better able to hold the snow.

The region's farming heritage is also evident in the wooden chalets or Tyrolean alm huts dotting the slopes. They're a great place to relax and admire the mountain scenery.

Given the weak pound, nowhere in Europe feels cheap at the moment, but neither is Austria breathtakingly expensive.

A 330ml glass of cola at piste-side chalets costs around €2.5, a cup of coffee comes in around three euros and small beers from €3.5. Expect to pay seven to eight euros for a simple lunch, such as wurst and chips, although there is plenty of high-end dining available for those who want it.



For a special night in the mountains, the 12-suite luxury Wedelhutte hotel, opened in late 2009, is located at the highest point of the Hochzillertal ski area and only accessible by skis or skidoo in winter.

The owners clearly threw money at it. Reception areas are built with reclaimed pine from old farmhouses in the Tyrol region, and there is a magnificent vaulted ceiling in the main restaurant, which boasts an equally magnificent view of surrounding peaks, and a roaring log fire.

The wine cellar reflects the hallowed space of a crypt, and is lined with bricks taken from old houses in Vienna long demolished. The overall effect is that of a room that feels far older than its one year.

Pine features strongly in individual suites. The owners claim that spending a year in one of their rooms boosts your life by one week due to the health benefits of the pine aroma.

Each room has its own infrared sauna, plus TV, DVD player and iPod dock. The end wall of-

fers stunning mountain views, with sliding glass doors opening to a private terrace.

The hotel also has a wellbeing area, with sauna, steam room and sun loungers. A hot tub is also planned.

The Tyroleans' love of their landscape and traditions is clear, and they intend to preserve them for the next generation.

There is also a heavy emphasis on local produce, which guests at the Wedelhutte savour in a five-course gourmet dinner.

"The hay butter," our host enthuses, "is so called because it comes from cows fed only grass or hay, never silage. This makes it taste sweet. It is the best butter." And I am inclined to agree.



Above: The Wedelhutte hotel, Hochzillertal, Austria.  
Top left: The wine cellar  
Left A suite at the Wedelhutte hotel.

#### Travel facts

Nicky Burridge flew to Innsbruck with EasyJet ([www.easyjet.com](http://www.easyjet.com)).

At Zillertal, a 45-min transfer from Innsbruck, a six-day ski pass from €193 covers all resorts.

Party night package at The White Lounge Igloo, Mayrhofen at €133 incl B&B and evening meal in Igloo. Visit [www.white-lounge.at](http://www.white-lounge.at).

The five-star Wedelhutte hotel offers half-board accom in a Junior Suite from €149 per night. Reservations: [www.wedelhutte.at](http://www.wedelhutte.at).

cheapest, but the quality is terrific.

Standing on my balcony as the sun rose over the mountains and contemplating another perfect day of skiing, I could see their point.

#### Key facts - Austrian Tyrol

- Best for: Family fun and après ski.
- Time to go: Mid-December to April.
- Don't miss: The Harakiri - if you dare!
- Need to know: The sun can be strong on a clear day.
- Don't forget: Sunscreen and lip balm.



Skiers sunbathing on the piste in the Zillertal, Austria.

## OPENING THE DOORS TO NEW EUROPEAN DESTINATIONS

FARO AIRPORT. EUROPE STARTS HERE

BOURNEMOUTH  
BRISTOL  
COLOGNE  
CORK

DONCASTER  
EDINBURGH  
EINDHOVEN  
EXETER

HAMBURG  
LEEDS  
LONDON GATWICK  
PARIS

**2N2** Aeroportos  
Algarve

Choose your destination: [www.faroairport.com.pt](http://www.faroairport.com.pt)

PC, pocket PC or PDA timetable downloads and mapping | Call: +351 289 800 617 | [faro.airport@ana.pt](mailto:faro.airport@ana.pt)



# Put your pharm-assist first



If you think of your local pharmacy as just a place to pick up medication, you may not be using it to its full potential. Lisa Salmon speaks to pharmacists about the services they offer, and looks at how they play a vital part in front-line health care.

For most people with a health problem, their first port of call is the local GP. But another service can provide reliable health advice - and even the odd diagnosis - without an appointment: your local pharmacy.

There are thousands of community pharmacies and they're visited two billion times each year.

As well as fulfilling their traditional role of dispensing medicines, many pharmacies can prescribe treatments for minor ailments, offer smoking counselling and provide screenings - to name but a few of their services.

Yet while 96% of people can get to a pharmacy from their home within 20 minutes, either by walking or using public transport, few people are aware of the variety of help on offer.

"People aren't clued up about

the range of services available on their doorstep to maintain their health," says UK's National Pharmacy Association (NPA) spokesman Stephen Fishwick.

"In recent years, community pharmacy has expanded its role, and now provides a wide range of clinical and public health services, within reach of the people who need them most."

"We aim to get across the vital role that pharmacy plays on the front line of health care and at the heart of communities."

He points out that many people could avoid having to wait for an appointment, and travel less if they headed to their local pharmacist more often.

He adds: "People who aren't using their pharmacy to its full extent may also be using other parts of the health service unnecessarily, and putting pressure on

**Deutsche Arztpraxis**  
Medical Clinic • Consultório Médico

Tel: +351 962 618 588  
(24hr Service)

Home Visits | Hausbesuche | Domicílios

Rua do Barranco 2/1  
8400-508 Carvoeiro  
(near taxi rank - Carvoeiro centre)

Fix: +351 282 356 339  
info@germanclinic.eu  
www.germanclinic.eu

Drs. Alexander Hopt  
Javier Avila

Appointment necessary

**Happy Feet**

Pés & Mais  
Carmen, Silia Becker

**Professional Chiropody and Diabetic Foot Treatment**

Rua 25 de Abril No 30, Alvor  
Rua do Barranco 2, 1°, Carvoeiro

## PERFECT SMILE

CLÍNICA DENTÁRIA

### IMPLANT AND COSMETIC DENTISTRY CLINIC

- **\*Teeth-in-an-hour\***  
(Computer Guided Dental Implant Surgery)
- **Smile Makeovers**  
(Porcelain Crowns and Veneers)
- **Dental Bleaching**
- **Fixed Orthodontics**
- **General Dentistry**

Urb. Alto Alferrobal • Lote G, Bloco 2, Lj.8 • 8500-791 Portimão  
GPS: 37°8'37"N / 8°33'1"W  
T/F +351 282 457018 • Urgência: +351 968 394 889  
www.perfect-smile.pt • alvorsmile@gmail.com

## cat

centro auditivo  
detavira



YOUR HEARING HEALTH HELPERS

**Hearing Tests**  
**Tympanometry**  
**Consultations**  
**Digital Technology**  
**No Referrals Necessary**

- 30 Day Trial Period  
With New Aids
- 6 Months Supply of Batteries  
With New Aids
- 2 Year Repair Warranty  
Trade-In Value  
on Old Hearing Aids
- Customized Hearing Protection  
for Various Occupations & Sports
- Swimming Plugs for Children
- Tinnitus Maskers

**Tavira**  
**Praça da República**  
**no 12 2nd floor**  
(in front of the Town Hall)  
281 094 116  
913 796 640  
www.centroauditivo.eu

**royaldente**  
dental medicine

Implantology  
Fixed Dentures  
Removable Dentures  
Aesthetic Dentistry  
Orthodontics  
Endodontics  
Oral Surgery  
100% Zirconia and Bioceramics

• **High translucency • No black margins • Absolutely metal-free**  
• **Excellent health compatibility • Extreme solidity • Longevity**

Av. Miguel Bombarda nº23 RC  
(behind Modelo), Portimão.  
Tel: 282 180 683

GPS coordinates:  
Latitude: 37° 7' 59" N  
Longitude: 8° 32' 36" W

**CLÍNICA PACÍFICO**

BRITISH DENTAL PRATITIONER  
Dr. John McKean, BDS

**SPECIALISING IN THE CARE OF NERVOUS AND FRIGHTENED PATIENTS**

- All costs agreed prior to treatment using the most cost effective solutions;
- Rapid denture repairs, dental implants and removable orthodontics;
- Cosmetic facial contouring practitioner using Botulinum and facial fillers also available at Vale do Lobo Medical Centre

**Tel.: 289 543 545 (24h)**

Opposite Modelo underground carpark  
Rua do Pacifico, Lote 25-27  
Cerro Alagoa  
8200-166 Albufeira  
www.clinicapacifico.com  
clinica.pacifico.albufeira@gmail.com

**A Smile that says a Thousand Words!**

- Implantology
- Orthodontics
- Cosmetic Dentistry
- Professional Whitening
- Porcelain Veneers
- Dental Emergencies
- Oral Surgery

**ALGARVE IMPLANTCENTER**

Alcodem Lda. • Established 1997  
Av. da Liberdade 65 • Albufeira  
Tel: +351 289 587 818 • 960 360870

Lon: 8°25 '39"  
Lat: 27°08 '99"





Pharmacists, who receive five years' pharmacological and medical training, know exactly when a referral to another healthcare professional is advisable.

general practice and A&E."

A survey by the NPA found that nine in 10 people visit a pharmacy at least once a year, but that those who go don't always know what services are available.

The NPA survey found that few people are aware, for example, that the large majority of community pharmacies have consultation areas, which can be used for consultations about medicines, cholesterol and blood pressure checks.

"There's a big gap in public awareness about what's available on their doorstep," says Fishwick.

"When you consider that the

number of people who go into pharmacies frequently far outstrips the number of people who go to a GP practice, you have this opportunity to reach the public on a scale that's unmatched anywhere else in the health service."

"The pharmacy is a good first point of contact for dealing with the vast majority of health concerns."

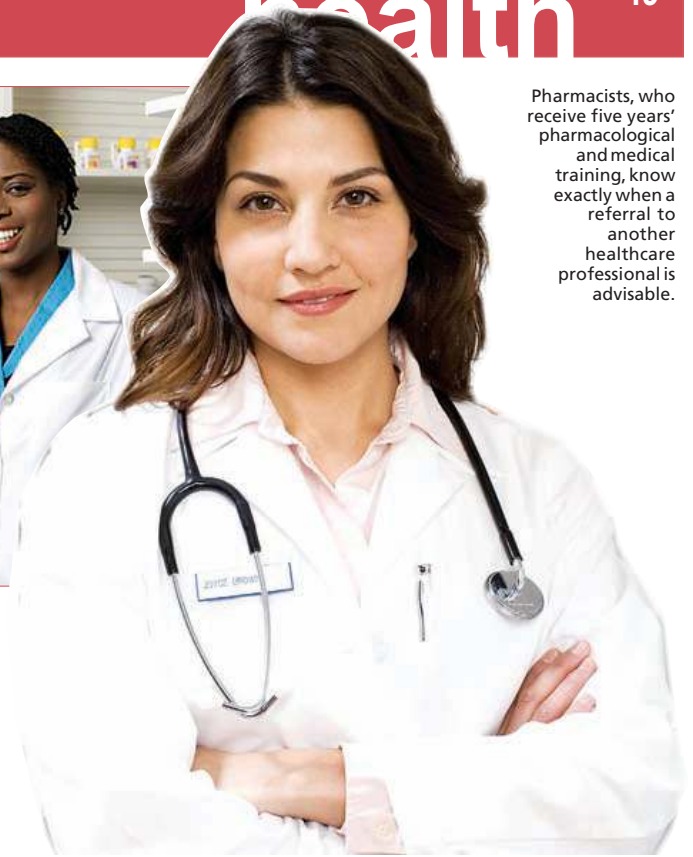
"Pharmacists are available without appointment - which is pretty unique for a health-care professional - and are able to deal with a growing range of ailments themselves."

He stresses that pharmacists, who receive five years' pharmacological and medical training,

know exactly when a referral to another healthcare professional is advisable.

"Pharmacists are the experts on medicines, and have a role in most areas of health where a medicine's involved."

"But a community pharmacist won't make a diagnosis for a major disease. If they suspect a problem, then they'll refer the patient to their GP for tests and a formal diagnosis."



**NURSING**  
FOR ALL OF YOUR NURSING & CARING NEEDS  
24 HOURS A DAY, 7 DAYS A WEEK

**ALGARVE ANGELS**  
Call 282 688 365 or 937 021 451

**BUSY BEE**  
Nursing Services

BRITISH / PORTUGUESE REGISTERED NURSES  
Available to all your nursing requirements  
in the comfort of your own home

FOR FREE ADVICE  
Contact Pauline: 965 742 802  
busybeenursing@gmail.com

**Cris Piessens Clinic**  
DENTAL CLINIC  
IMPLANTOLOGY CENTRE

Latest technology - Over 20 years' experience  
**THE CENTRE OF EXCELLENCE FOR DENTAL IMPLANTS**

We also offer crowns and bridges PLUS  
the whole range of treatments  
for all the family in our Albufeira clinic.

English • Portuguese  
German • French  
Dutch spoken

**SAME-DAY EMERGENCY SERVICE AVAILABLE**  
on 966 017 783

Tel: 289 589 080 • [www.crispiessensclinic.com](http://www.crispiessensclinic.com)  
[crispiessensclinic@gmail.com](mailto:crispiessensclinic@gmail.com)

**CLÍNICA DENTÁRIA**  
Dr. med. dent. Jutta Meycke

**For a healthy and confident smile you can  
call us 24 hours a day!**

- 24 hour emergencies
- Denture repair-services
- All dental treatments
- Português, English, German

Urb. Má Partilha Rua Lumiar 5 Lt. 13 Lj.2  
8500-074 Portimão - Alvor  
282 496 374 [jsmdental@net.novis.pt](mailto:jsmdental@net.novis.pt)

## Monte da Palhagueira Retirement Village



### Consider Monte da Palhagueira Village

32 houses and apartments set in 22 acres of landscaped grounds, offering independence, peace of mind and security for retirement. Amenities include 2 swimming pools, putting green, croquet lawn, boule pitch, village hall, restaurant, hairdresser, physiotherapist, church and British trained medical staff on duty at all times.

Contact Clive Roberts • Monte da Palhagueira Village  
Gorjões, 8005-488 • Santa Barbara de Nexe • Faro  
Tel: 289 990900 • Email: [montedapalhagueira@gmail.com](mailto:montedapalhagueira@gmail.com)  
[www.retirementvillageportugal.co.uk](http://www.retirementvillageportugal.co.uk)

**Independent Brokers**  
English, German, Portuguese spoken

**Health Insurance**  
BUPA International  
AXA - PPP  
+ other International and  
Portugal based Health  
Insurance companies

**PROFESSIONAL  
INVESTMENT  
CONSULTANTS**

Call Do Eves on 282 357 853,  
282 471 169, 967 095 943

Urb. de São José, Rua Comandante Carvalho  
Araujo, Lote 25, 8500-692 Portimão

[www.insurance4portugal.com](http://www.insurance4portugal.com)  
[www.pic-europe.com](http://www.pic-europe.com)

**PRE & POST NATAL ASSISTANCE**

**Clínica Raminha**  
Specialists in Children & Babies

- Children's Orthopaedic
- Paediatrics
- Physiotherapy Children & Adults
- Baby Massage
- Childbirth Preparation
- Bowen Therapy

Urb. Horta da Raminha  
Lote 33 - Loja 1 A  
8500-826 Portimão  
Tel/Fax: 282 423 015  
Mob: 966 983 666  
[www.clinicaraminha.com](http://www.clinicaraminha.com)

**SN&N OPTICO**  
ESPECIALISTAS DE VISÃO - EXPERTS IN VISION

*Eye Examination*  
Adults ~ €20 children under 16 and adults over 60 ~ €10

*Prices*  
Complete single vision glasses with hard coated Kodak  
lenses from... children under 16 ~ €59 adults ~ €79  
Complete varifocal glasses: Frame and lenses from ~ €228

Portuguese & British registered optometrists.  
Other opticians prescriptions welcome.  
For an appointment please telephone 282 761 506  
or visit our new shop located one minute walk from  
Lidl in Lagos town centre.

Urbanização Cerro do Convento, Santo Amaro, Lote 6 Loja D, 8600-774 Lagos  
tel. +351 282 761 506 mob. +351 925 083 577  
e-mail. [info@snnoptico.com](mailto:info@snnoptico.com) web. [www.snnoptico.com](http://www.snnoptico.com)





Fishwick stresses that many of the services that people associate with nursing and GPs are now more available in pharmacies. "It requires a mindset shift for a lot of people to understand that it's happening and is appropriate."

"Pharmacists don't want to be mini-GPs though - they want to be maxi-pharmacists, used to their full extent."

Pharmacist Cath Boury, of Newland Community Pharmacy in Hull, agrees and confirms that many people just don't know what services are on offer.

"Patients are often surprised at the breadth of services available at my pharmacy," she says.

"They're taken aback that we do one-to-one consultations to help give up smoking."

Boury stresses that she hopes people who visit her pharmacy feel comfortable to ask anything they want about their health and social care.

"Once they get used to the idea, people are delighted that they can come to me for services they thought they could only get from a GP."

## What services do pharmacies offer?

### Most pharmacies:

- Dispense prescribed medicines and supply a range of other medicines
- Give brief advice on healthy lifestyles including physical activity, smoking, healthy eating and safe alcohol use

- Deliver health promotion campaigns
- Signpost to other health services and support
- Conduct medicines check-ups for people with long-term conditions

### Many pharmacies:

- Stop smoking counselling
- Minor ailments schemes
- Substance misuse and harm reduction services
- Emergency hormonal contraception
- Private vascular risk assessment service

For full information on your local service, please ask your pharmacist



**D Concept clinics**  
BY CLÍNICA DENTÁRIA DA BARROCA, LDA.

**Are you a resident requiring regular dental treatment?**

**We are specialized in:**

- English, German, Portuguese & French spoken
- Dr. Bruno Dootz
- Dr. Endre Vari (Orthodontist)

**Implantology  
Cosmetic dentistry  
Crown and bridge work  
Orthodontics  
Oral hygiene**

- Dr. Carolyn Ellison
- Paula Pinheiro (Hygienist)

Rua Brigadeiro Costa Franco, Lote 5, Loja D, 8600-533 Lagos  
Tel: 282 763 496 • Fax: 282 767 825 • [Dconceptclinics@clix.pt](mailto:Dconceptclinics@clix.pt)

**Visão Plus**

VARIFOCUS EXPERT  
ESPECIALISTAS EM VARILUX

express service!  
Optometria  
Lentes de Contacto  
Optometry  
Contact Lenses  
Low Vision Aids

**Quarteira**  
Av. Sá Carneiro / Main Avenue  
Tel: 289301786 / 917822558

**New age lenses for indoor/office leisure now available.  
FULL STOCK of NEW Autumn/Winter range.**

**Dr John Piper MB, BS, FRCS**

**Surgery at Armação de Pêra**  
Clipsa - Clínica Particular de Saúde, Lda -  
on Mondays and Thursday mornings.

Av. Marginal, Edifício Atlântico I  
8365 Armação de Pêra. Call 282 315 761

Because your health is of particular importance!

**24 HOURS**  
Emergency / Ambulance

**afpop**  
FREE CareCard for Members

## Clinica Optima Forma

### Your Spine Specialist



After 9 years, Clinica 'Optima Forma' has moved!

Your center for Osteopathy and Physiotherapy is now located at 'Quinta Algarvia' lote 6, Figueiral. (next to Int' School 'São Lourenço', Almancil)

**Bernard Vrijaldenhoven** is specialized in (chronic) spine problems, sports injuries and rehabilitation.

### For Appointments:

Almancil: 289 399 841  
Mobile: 918 476 000

Albufeira: 289 588 923  
email: [vrijaldenhoven1@sapo.pt](mailto:vrijaldenhoven1@sapo.pt)

ALVOR



FARO



[info@hpalg.com](mailto:info@hpalg.com)

[www.hpalg.com](http://www.hpalg.com)



Work directly with most Health Insurance Companies

**Hospital Particular do Algarve**  
PRIVATE HOSPITAL

707 28 28 28



# Keeping warm and safe

I don't think I am alone in my dislike of dark evenings. Clocks have been back for one week and the whole place is spooky much earlier---not helped by our burglaries recently and friends who have suffered the same. So not being able to track down my very silly black dogs is suddenly a top priority again.

So I have decided I must practice what I preach. I must get my furdids some of the rather gorgeous reflective collars and leads, they really do work. We have some with the reflective pawprints and others with the thread running through. They do the slip leads and harnesses as well, so a good choice. Once mine have their new winter wear I can safely let them run down my long drive, at the moment they could easily disappear for hours in the dark. Especially on a 'no moon' night.

The other very good addition, especially for people who walk dogs beside roads, are the reflective jackets, we have the very small vest type and the full coats as modelled by Cleo. My PWDs, as regular readers know, have their own bright yellow

low trouser suits, we have some in the shop---Julie will not walk them in trousers BUT you can see them so they have the desired effect, they are warm, waterproof and can be seen. Poor Cleo and Merlin do have to do some daft posing!

On to the keeping warm, yes the fleece jumpers are fabulous, especially for dogs that live outside or, as I have used them, when a dog is sick and perhaps cannot maintain a decent temperature. Sandy 'lived' in hers last winter as she was so thin by then---I have been surprised by how cold the winter nights can be here. We also have some lovely little coats for little dogs, warm fleecy ones.

We have a very large range of cosy beds, Vet beds, Waterproof beds and the fabulous Merino beds. Cassie can amazingly, and does, still get in hers, no room for her monkey now though! My dogs love these beds and they are really wearing very well, on year four now. Washing them has not been the ordeal I foresaw and the new ones are even better than my old ones as the duvets are all in sections for washing. With mine I wash them in the garden with a

scrubbing brush and hose down, they come out as good as new. I then bless the fact I live here and not in a constant rainy country where I would have muddy feet in the house all the time.

Talking of rain---and it will. We have the fabulous Paw Plungers in stock. Wonderful for a muddy Merlin and his white paws. It comes with brushes inside which just gently brush the mud off the fur. We have a special discount price at the moment---please present this article when visiting the shop. YES we can hose him down I know but this way is far

less invasive and if it is in the middle of a Portuguese 'shower', read, downpour, at least you can use the Paw Plunger in the house!

We have been asked recently for the soft water bowls to take out on walks with you, they just go in your bag---we now have some in stock having sold out during the summer months. I have one I take everywhere then if I am in cafes I can just get some water from them for whichever pooch is with me.

Please come and see us, we are always happy just to talk, to help with any problems you



Nice and comfy...

have. If you need anything we have not got in stock we will make every effort to get the item for you.

Jan Cobley  
Paws 4 Pets  
916 273 376

www.paws4pets.net

## Milo & Me

I absolutely dread it when it starts raining.

Not only can we not get any clothes dry but the lawn becomes soggy, walks to the beach are fewer and further between and the dog gets smelly and damp.

Don't get me wrong, I appreciate its winter, we need the water and the streets are much fresher for a shower or two, but Milo - who loves water - certainly does not get fresher after a shower or two. In fact he positively stinks. And the fact that we have holes in our garden that he loves to roll in when they're all sodden just adds to the aggravation. He's like a pig in mud.

Before it started raining he already had a bit of a thing for the hosepipe. He loves it when the hosepipe is on: he tries to bite the water that spurts out and gets really into it. He finds the pressure entertaining as the hosepipe tends to move by itself like a snake, and he can pounce on it.

And he loves having a bath, which, when water is combined with shampoo, is fantastic.

But when the water is rainwater and there's no shampoo in sight, it ain't so great. And because it's getting colder it's not like

I can just hose him down and give him a quick scrub to smell all delicious again.

Our previous hosepipe was rather old and used to drip at the bit where the pipe meets the tap. Milo would sit for ages waiting for the drips to fall, until he started nibbling the plastic joining and found that the drips turned into spurts then into jets of water, and eventually one day I turned on the hosepipe full blast and the whole thing flew away from the tap, the water hit the tiles and drenched me from the hip down.

The dog, obviously, thought that was brilliant fun and a great achievement. He's since taught himself how to turn the tap on and figured out that if he does that, and then yanks the pipe away from the tap, he can have loads of fun.

We didn't know about his newfound skills though until one day we came home from work and found a note from the maid saying "You have to do something about the dog; he opened the tap downstairs and if I hadn't been here you would have come home to a reception that no one would want."

Ok. We decided it was easier to do something about the tap than it was to do something about the dog, so

now we leave a mini-fortress (a stack of chairs and wooden boards) around the offending object.

But when it's not raining we do still love a walk to the beach.

I went the other day with Milo and my Other Half's six-year-old. Milo found a huge bucket full of rotting fish, which had obviously been discarded by a fisherman, and decided to tuck in, much to my disgust and my little companion's delight. And when I tried to drag him away from his find he'd just run off, much to my disgust and my little companion's delight...no amount of 'Milo here's, 'Milo come's or 'Milo, what have I got's did the trick.

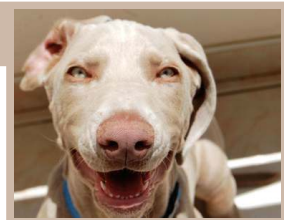
After 30 minutes of exhausting efforts I finally managed to grab Milo and attach him to the lead, giving him a proper telling

off to go with it (secretly I was absolutely fuming).

But as it happens it turned out to be my entire fault anyway.

Apparently, as my companion informed me, he's a German dog and (silly me) will only understand German. So he's so naughty because he doesn't understand a word I'm saying and I should have known this! So that solved all our problems! I'm enrolling on a German-language course as soon as I can as the few words I do know I don't think are appropriate for training the dog with...

Carrie-Marie Bratley



## Hi There !



We have two female cats to give away. They are beautiful, super cuddly, healthy, and are around three months old. They look Scottish Fold breed cross. For more information, please call Clínica veterinária da Guia tel. 289 561 683 or email to: clinica.vet.guia@gmail.com



SASHA needs a new home as her owner is not young and needs an operation to a foot which will affect walking. Sasha is about 8 months old, has been spayed, vaccinated and chipped. She is very active and needs space to run. She likes children, doesn't bite, but can get over excited. If you are able to help, please call Verva on 918 856 886 or 289 301 388.

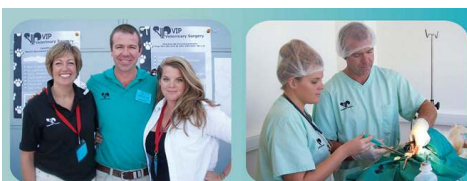
Staffordshire Bull Terrier URGENTLY seeks new home due to death of owner. NIKITA is 8 years old and has spent most of her life on a chain. However, she is now adjusting to 'life on the outside!' She is vaccinated and sterilised. Does not like other dogs much, but is beginning to play with my own female dog which is a huge improvement in just one week. She loves family life and is good with my 9 year old daughter. She is a quick learner and would do well with someone who has time to train her. She needs to be home to someone who understands this breed. I took Nikita so that she would not be killed, however, if I cannot find a home for her VERY soon, I have very little alternatives for this dog. Who would like to give Nikita a second chance, please call Michele 919 457 263 or Happyhounds@mail.telepac.pt



We still have many puppies for adoption at the Bianca shelter: 50 dogs aged less than 1 year and 10 puppies aged less than 3 months. Please see our webpage and give a home to one: www.bianca.pt/english We would also like to encourage you to buy our beautiful



calendars for 2011, new t-shirts, Christmas cards and other things you will find on our blog. You can contact us at: sesimbra.bianca@gmail.com



Vets In Portugal

www.vipveterinarysurgery.com  
info@vipveterinarysurgery.com  
Tel: 282 782 282

- Bilingual service
- X-Ray Facilities
- Air Conditioned
- Bookings by appointment



VIP Veterinary Surgery  
Rua Senhora Do Loreto No 1 Loja B  
8600-683 Lagos

**COUNTRY RIDING CENTER**  
SILVES  
"SYNONYMOUS WITH QUALITY"

Hacks, Lessons  
Livery services  
Birthday parties  
F.E.P. approved  
Fully qualified instructors

Marina 917 976 992 or  
Steve 913 510 530

www.countryridingcentre.com

Natural Grooming Shampoos and Conditioners by Doreen Paige.  
Used by Professionals to get that "Ready for Show" appearance and by Pet Lovers to bring out the Cuddly Lustre and Glow.

The TOPS in food especially for the most fussy eater  
\*\*\* Dry Cat food with 80% English raised Chicken \*\*\*  
\*\*\* Dry Dog food with 75% English raised Chicken\*\*\*

**Comfy Collars**  
• An alternative to the traditional Elizabethan collar.  
• No more knocking over furniture or smashing into people and doors!

Cages & Travel Crates  
Car Harnesses, Halti's  
Kong Toys

Real Tripe Sticks and Pigs Ears for the love of your life!!

**SHOP.PAWS4PETS.NET**  
**Paws 4 Pets**  
The Best A Pet Can Get

**Albufeira & On-Line**

Tel: 289 588 882  
Jan: 916 273 376  
www.paws4pets.net



# Beat the bullies

Bullying isn't just a problem for the victims - it's a problem for society. Lisa Salmon looks at the weird, wonderful and sometimes weary world of family life.



That's the message from the Anti-Bullying Alliance (ABA), which stresses that other children, parents and schools often know bullying is occurring, and it's everyone's responsibility to try to beat it.

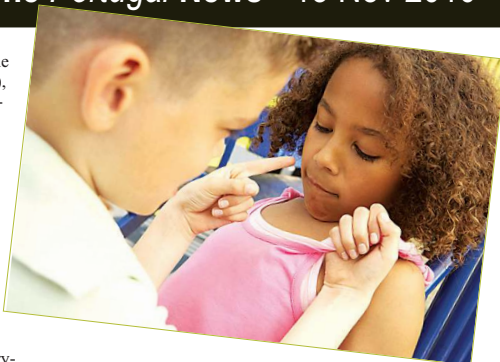
That's why the ABA has adopted the theme of 'Taking Action Together'.

It wants everyone in the community - parents, teachers and children - to work together to create a society where bullying isn't tolerated and where everyone responds to bullying quickly and appropriately.

The ABA says around 25% of children suggest they've experienced bullying in the past year or so, and it's known that bullying can be fuelled by the action or lack of action of the bystander.

This could be a child or adult who sees bullying but doesn't act, a parent who offers little support, or a school which doesn't take positive steps to prevent bullying.

This Anti-Bullying Week the ABA wants to encourage everyone in the community to pledge to take action against bullying. This could be a teacher making sure they regularly include anti-



bullying messages in their lessons, or a community club developing a clear anti-bullying policy.

Sue Steel, ABA national manager, explains: "We want to remind everyone - the children, the parents, the teachers, the whole

community really - that preventing bullying is about respectful behaviour and kindness."

"Those things need to be essential components of any school or community group, and

## ESCOLA DE DANÇA - LAGOS

Classical Ballet

Modern Dance

And much more



Antiga Escola Gil Eanes  
Rua Gil Vicente, Lagos  
Tel: 912 376 595 / 915 812 055  
Prof.ª Liliana da Silva  
E-mail: ass.danca.lagos@gmail.com



60

LOJAS  
STORES

12

RESTAURANTES  
RESTAURANTS

6

CINEMAS  
CINEMAS

**CONTINENTE**

Centro Comercial · Portimão

## Nederlandse School zoekt Leerlingen....

**NEDERLANDSE TAAL-  
EN CULTUUR LES\***  
\*op 6 verschillende locaties

Wij bestaan  
al meer dan  
20 jaar!!

**VOLLEDIG BASIS-  
EN VOORTGEZET  
ONDERWIJS**

**SCHRIJF UW KIND NU IN!**  
Wij bieden Nederlands  
Onderwijs aan  
kinderen  
van 3 tot 19 jaar

**PEUTERGROEP  
KINDEROPVANG  
VOLWASSENEN  
ONDERWIJS**

**O4M DE ORANJE VIEMASTER**  
NEDERLANDS ONDERWIJS ALGARVE

Sítio das Seixosas, nabij Sesmarias bij Lagoa

[www.deoranjeviermaster.com](http://www.deoranjeviermaster.com)

[www.nederlandseschool.algarve.eu](http://www.nederlandseschool.algarve.eu)

Tel. 963525273 en 935250645

Wij gaan per 1 september weer van start...

De O4M wordt gesubsidieerd door de STICHTING NOB

Senses...  
skin care centre  
Beauty and Skin Care

Showcase offer shown  
every week in the  
The Portugal News

### Showcase offer at Senses...

This weeks showcase offer is

**65% off**

Holistic Bliss Ritual only €22.75

We will be offering you the chance  
to receive astonishing discounts every  
week on one of our treatments.  
We will be offering a different  
treatment every week

Senses...Skin Care Centre - Lagos  
tel: 282 762 261  
[info@senses-skincare.com](mailto:info@senses-skincare.com)

**Collections**  
LADIES' FASHIONS FROM ALL  
OVER EUROPE

*Winter Wraps*

The Shop, 4 Rua dos Pescadores, Carvoeiro  
Friday 12<sup>th</sup> November 10am to 5pm,  
and Saturday 13<sup>th</sup> November 10am to 1pm

Daphne's Shop, Loule Road, Almancil  
Monday 15<sup>th</sup> November to Friday 19<sup>th</sup> November  
10am to 5pm

Contact Alison on  
282 358014  
or e-mail [greening@sapo.pt](mailto:greening@sapo.pt)

Shop at Quinta da Praia, Alvor - 282 476 574  
NEW WINTER HOURS  
Monday to Friday 10am to 2pm, Saturday 10am to 1pm

## THE ULTIMATE 3 DAY DETOX PROGRAMME

Cost just 290 euros

\* 2 Colon Hydrotherapy  
treatments. Algae body wrap  
to draw out toxins.

\* Healthy, Nutritious Juices  
and smoothies provided for all  
your meals over  
the 3 days.

\* Increased energy. A radiant  
and healthier you. Your health  
is worth it!

Professional aftercare information, telephone support.  
General digestive and wellness advice. All treatments  
are carried out by a qualified therapist and  
Registered Nurse

"This was the kick  
start I needed,  
and the best part  
was the juices  
were prepared."  
Alison -  
Boliqeime

Increased energy  
whilst losing up  
to 4kgs (8lbs)

Body & Skincare  
one body... one skin... one life centre

CALL

282 313 820

[www.bodyandskincarecentre.com](http://www.bodyandskincarecentre.com)



day-to-day dealings with other people. Everyone has a role to play."

The ABA also stresses that while the idea of a bullying bystander may normally take the form of a child who sees bullying and then either takes part in it or ignores what's going on, there are other types of bullying bystander.

"We think you can also be a bystander if you're a school that's not implementing its policy correctly, or not dealing with bullying issues robustly."

"In terms of young people, you're standing by and not doing enough."

In a similar way, if a parent hasn't talked to a child about how to stay safe online when using social networking sites, for example, there's a sense in which they're standing by and cyberbullying could take place.

Steel warns that it's unhelpful to suggest that there's a type of child who bullies or who is bullied, as it suggests there's nothing that can be done about it.

"All sorts of children bully, and children are bullied for all sorts of reasons, but it's important to acknowledge that this behaviour is happening, it's wrong and that it needs to stop."

A vital part of helping stop bullying is for bystanders to know what action to take.

"We have to recognise that it can be difficult for children to support each other when bullying occurs, even though they know it's the right thing to do," says Steel.

"We don't want to start blaming children for not doing something - we recognise that they may be concerned for their own safety, or they may be genuinely concerned that they might make the situation worse for the child that's being bullied."

This is why clear anti-bullying policies are needed in schools, she says.

"When there's a clear policy, you're much more likely to get children feeling that they can take action, if the whole school is supporting them."

She says individual children can take a stand by refusing to pass on gossip or text messages, choosing not to watch bullying and walk away, being kind and supportive to the bullying victim, and asking them if they'd like help to tell someone.

"All these things have to be couched with what the child feels it's safe to do."

"If they feel they can, they should tell a trusted adult or an older student."

Steel says parents should listen to their child if they find out they're being bullied, and discuss what they'd like to happen.

If they feel it's something they can't sort out themselves, they should talk to the school.

"See how you can all take action together to create an environment where children understand what they need to know about bullying and that it's wrong, and that if they see or experience it there are things in place that mean appropriate action will be taken."

"It's everybody's responsibility to make sure that we've got what it takes to keep people safe from bullying."

For more information: [www.anti-bullyingalliance.org.uk](http://www.anti-bullyingalliance.org.uk).

## The lash factor

Lisa Haynes finds out how to boost your eye allure with the latest ways to add length to your lashes.

Forget the X Factor, the programme might as well be renamed the Lash Factor if Cheryl Cole's girly gang have anything to do with it.

Contestants Katie Waissel, Cher Lloyd and Rebecca Ferguson have sparked a boom for donning two sets of false eyelashes.

Inspired perhaps by mentor Cheryl Cole's fluttering dark eyes, her X Factor clan have taken their lashes to new lengths on the show, prompting a beauty trend for wearing double falsies to achieve an uber-dramatic effect.

At the auditions, Katie's Shu Uemura Fleur-ever feathered numbers, were so large they overshadowed her outfit and Cher and Rebecca's long dark false lashes were of similar eye-popping proportions.

Superdrug have reported a 33% rise in false lash sales compared with last year - attributed to X Factor's lash-focused contestants. A pair sold every 30 seconds during October.

Beauty director for

Superdrug, Sara Wolverson said: "Sales of lashes have been climbing steadily this year but we recently saw the first of our lash peaks as customers flocked to get the X Factor look."

"Girls are really going for that extreme look and wearing two pairs of lashes over each other."

Whether you want to fake it with opulent feathered creations or opt out of the fakery and cultivate your own extreme volumisation, there's a flutter fix out there for everyone.

For au naturel fans, this year has seen an explosion of lash conditioning mascaras and serums on the shelves that promise increased length and volume in a matter of weeks.

Get set for the sincerest form of fluttery as the beauty scene goes to great lengths for show-stopping lashes.

### False fancies

With more than £10 million a year spent on false lashes in the UK, it seems we're all going to be gaga for the glam eye accessory.

Usually the reserve of party

season and big occasions, stores are seeing a huge increase in demand for day-to-day wear when the mascara wand just doesn't deliver enough impact.

And when one pair disappoints? Make like Katie Price who regularly works dramatic eyes using three falsies worn layered over each other.

Make-up artist Jemma Kidd says: "My top tip for easy application is, rather than trying to get the angle right by gluing only the base of the false lashes, add glue further along the length of the false lashes and press them onto the natural lash to get them lying flat."

### Mascara magic

Mascaras rarely fail to flatter lashes but the latest revolution of multi-benefit products aim to boost natural growth while you're busy batting your eyes throughout the day.

Because eye-lashes have a limited six week life cycle at best, lash conditioning mascaras can add precious thickness with ingredients like biotin and proteins to strengthen



them and reduce breakage.

While you're waiting for magnified lashes to appear, achieve the wide-eyed look by gently curling your lashes before using mascara, and then separating.

"A great technique to separate the lashes without clumps is to use a lash comb," advises make-up artist, Rae Morris. "Alternatively, use an old mascara wand from a previous mascara."

### Serum sensations

If you're feeling short-changed on the lash front once the falsies and mascara are removed at night, turn to the magic wands of permanent eyelash lengthening.

The latest lash-growth enhancing serums to flood the market aren't overnight miracle workers but with daily use they can produce dramatic fluttery effects within two to three months as you sleep.

Use once daily in the evening before bedtime, then twice a week to maintain the enviable condition.

"Applying a lash serum to your eyelashes is important for a couple of reasons, firstly it protects the lashes and secondly it can make them appear thicker," says L'Oréal Paris make-up artist Polly Osmond. "Using a serum at night will eventually help build a fuller lash fringe."

**direct** **High quality clothing**

**gardeur**

One of the largest selections of **gardeur** ladies clothing in Europe, at unbeatable prices.

**SALE NOW ON**

**UP TO 50% OFF**

Monday - Friday: 10am - 6pm  
Saturdays: 10am - 2pm

Rua Direita, Praia da Luz (parking available behind the Store on Rua do Ramalhão) Call 282 788 630 or [www.gardeurdirect.com](http://www.gardeurdirect.com)

**AGEING REVERSAL**  
**@ Salão Elysium**

**Immediate weight loss**  
**without liposuction**

**Wrinkle reduction**  
**without surgery**

**SALÃO ELYSIUM**  
Rua do Brasil • Vilamoura  
Tel: 289 301 768

[www.unifuturo.net](http://www.unifuturo.net)

**KIDS UNIVERSITY**

**ENROLMENT OPEN**  
**PRIMARY SCHOOL**

"My name is Leonardo. I am 7 years old. I learnt at KUNI that thinking is a fantastic thing, but that knowing how to think is even more fantastic."

**PROJECTS LEONARDO DA VINCI AND ALBERT EINSTEIN**

- Classes with maximum 16 pupils
- Trilingual education system
- Interactive boards in all classrooms
- Pupils work with laptops and iPads
- A teacher for each subject
- Philosophy for children, robotics, sculpturing, painting, violin and piano
- Specially developed methodology for reading and writing
- Centre for Gifted Children
- Partnership with the "Institute of Intelligence"
- Partnership with the "Research Centre Augusto Cury"
- Partnership with the "Sport Academy João Moutinho"
- Absent sick children can participate in the lessons from home
- Qualified national and international teaching staff
- Canteen, own kitchen/cooks, daily fresh, biological food, nutritionist
- Psychological and pedagogical coaching and assistance
- Access- and security system

Come and speak with us!  
Get to know the Kids University!

**Building the school of the future**

Rua Sidónio Pais, Lote 4  
8500-735 Portimão - Portugal  
[info@unifuturo.net](mailto:info@unifuturo.net)  
telefone 282 423 974

**UNIVERSIDADE DA CRIANÇA**



**ADVERTISING & PUBLICITY**

To ensure a great night out look for the restaurants & bars displaying

**www.goodmorningAlgarve.com**

The first website dedicated to promoting the best of the Algarve

In Algarve count on us to do your advertising in company gifts, radio, and press

**Inácio Alves** Marketing, Publicidade & Serviços

Have always offers, to give "away" to your clients!

**Umbrellas** since 2,50€ to 2,10€ Includes one side print area 6 x 9 cms

**Child multicolor Umbrella** since 2,30€ to 1,90€ Waterproof for child since 2,60€ to 2,20€ Includes one side print area 6 x 9 cms

**Wind/Rain Protection** Since 7,90 € to 7,30€

**Sweat-shirts and Polos** Ask for prices

For more information or ideas for other articles, contact us This prices includes printing 1 side/1 color Add postage and 21% VAT Sales Conditions: 50% with the order + 50% with your layout approval [www.amelhoropcao.com](http://www.amelhoropcao.com) / [www.inalves.com](http://www.inalves.com) 289 72 10 50 - 968 63 94 68 / inalves@mail.telepac.pt • OLHÃO

€ **MAKE MONEY FROM YOUR PROPERTY IN 2011**

[www.eastoffaro.com/advertise](http://www.eastoffaro.com/advertise)

project naming websites branding email headers graphic design brochures e-mailings creativity billboards

corporate identity advertising logo design e-banners

slide shows

**designworks!**

917 203 850 [design@suzsteinhofel.com](mailto:design@suzsteinhofel.com) [www.suzsteinhofel.com](http://www.suzsteinhofel.com)

**BLINDS & WINDOW FILMS**

**M2M BLINDS** **BLINDS & WINDOW FILMS**

- ♦ Made to measure internal window blind specialists
- ♦ Choose from our extensive range of fabrics
- ♦ Window film types include Privacy, UV Protection & Solar Protective
- ♦ Domestic & Commercial applications
- ♦ Covering all Algarve, most of Portugal & into Spain

**Call for a free no obligation quotation**

Denny 286 518 059 or 932 894 709 [www.m2mblinds.com](http://www.m2mblinds.com) • [m2mblinds@hotmail.com](mailto:m2mblinds@hotmail.com)

**Books**

**ALGARVE BOOK CELLAR**

Edifício "O Galeão" Loja 1 & 2  
Rua dos Pescadores  
8400-512 CARVOEIRO LAGOA

English Language Book Exchange  
Refunds on return  
New books to order  
Audio Books  
C.D.'s Cards  
DVD's

Temporary Tel. nº 282 354 310

Tue - Fri 9.30 - 5.00 Sat: 9.30am - 2.00pm  
[raymond.compton@gmail.com](mailto:raymond.compton@gmail.com)

Reach 6 potential clients for just 1 cent  
Call 707 500 677 TODAY

**BUREAUCRACY**

Need some help with your paperwork?

**CM-SERVICE CENTER can help you. Call 282 085 074**

Accounts, IRS, Administration, Licences, Registration & more.  
Mon-Fri: 09h00-17h00.  
Cm@netvisao.pt • Fax 282 086 446 • Mob 919 824 370  
R. Dr. Francisco Sá Carneiro, lote 23, Loja D, 8600-581 Lagos

**For Tax Assistance and Fiscal Representation**

**Contact the Specialists:**

Sovereign - Consultoria Lda  
+351 282 340 480  
[port@SovereignGroup.com](mailto:port@SovereignGroup.com)  
[www.SovereignGroup.com/Portugal](http://www.SovereignGroup.com/Portugal)

**SOVEREIGN**

The Portugal News is distributed at **FARO AIRPORT**  
Call 707 500 677 for details.

**CAR HIRE**

**GATWICK AIRPORT CAR RENTAL LTD**  
**FLYING TO GATWICK ?**

We offer a range of cars from **£99.00** per week.

Fully inclusive & insured, AA/RAC, Unlimited mileage.

**Phone 0044 1293 403404**  
Or visit our website [www.carhiregatwick.co.uk](http://www.carhiregatwick.co.uk)

**FAMILY RUN BUSINESS.**

Meet and greet at the airport, NO transfers, NO waiting.  
This is not a booking agency, you are DEALING DIRECT with the hire company.

**NO HIDDEN EXTRAS**

**COMPUTERS & OFFICE SUPPLIES**

We'll keep your company's IT systems backed up and safe with 24/7 support by Microsoft Certified engineers

**BlueChipIT**  
Ensuring your business IT works for YOU

Call 707 500 600 • Kurt Pardon • IT Director

We repair & maintain ANYthing to do with a computer or network

**PC SURGERY**

Call our Hotline 707 940 332

**DENTISTS**

**CLÍNICA DENTÁRIA**  
**Drª Cristina Fernandes**  
Médica - Dentista - U.P.

**HEALOZONE**  
The new method to heal your tooth decay  
Dental Surgeon  
English Spoken  
R. João Menezes Nº8 R/C near the old slaughterhouse  
8400 Lagoa  
Tel: 282 34 29 20

**EDUCATION**

**LEARN** and get connected

Intensive courses (3 weeks)  
Beginners courses (32 hours)  
Intermediate courses (32 hours)  
Conversation courses (year-long)

Portuguese recognised by:

Portimão - Jardim Gil Eanes - Tel: 282 430 250 Internet: [www.clcc.pt](http://www.clcc.pt) e-mail: [geral@clcc.pt](mailto:geral@clcc.pt)



## FASHIONS

*Fi-Line*  
*Fashions*

**AUTUMN STOCK  
NOW IN**

Sizes 12 - 22 available  
**SUMMER SALE STILL ON**

Open Monday to Friday 10am to 1pm 3pm to 6pm,  
Saturday 10 am to 1pm. Call Fiona for more information  
on 282 312 936. Located on Av do Rio, Ed. Almadraba, Loja  
B, Armazão de Pêra (Opposite the football ground)

**Hotline: 707 500 677**

## FLYSCREENS & MOSQUITO CANOPIES



### FLYSCREEN RANGE

- ◆ Many Different Flyscreen Types
- ◆ Vertical and Horizontal Operation
- ◆ Flat and Pleated Screens
- ◆ Many Colours of Aluminium to Choose From
- ◆ Choose at Home
- ◆ We Come to You
- ◆ 2 years Guarantee
- ◆ Phone Now for a Free No Obligation Quotation

**M2MBLINDS**

Contact Denny on 286 518 059 or 932  
894 709 or visit [www.m2mblinds.com](http://www.m2mblinds.com)  
or e-mail [m2mblinds@hotmail.com](mailto:m2mblinds@hotmail.com)

**INSECT SCREENS &  
ENCLOSURES TO  
ENHANCE THE  
COMFORT OF YOUR  
HOME & GARDEN**

**Simply screens**  
mosquito screens with style



Call. 282 798 080, email. [info@simply-screens.com](mailto:info@simply-screens.com),  
or visit [www.simply-screens.com](http://www.simply-screens.com)

## FURNISHINGS

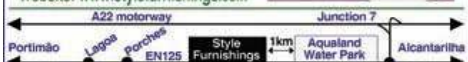
**English Beds in the Algarve**

**STYLE  
FURNISHINGS**

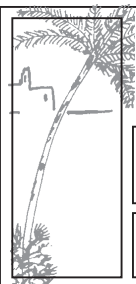
Monday - Friday 10.30am - 5pm  
Sat 10.30am - 2pm  
Tel/Fax: 282 322291

Website: [www.stylefurnishings.com](http://www.stylefurnishings.com)

Need a good night's sleep?



## GARDENING



**HARVEYS  
OF  
LOULÉ**

Garden Construction • Garden & Pool  
Maintenance • Home Renovations  
• Repairs & Painting • Villa Maintenance  
& Cleaning Service

Apt 3, Loulé 8100 - 606  
Tel: 289 412 462 Fax: 289 422 322  
Mob: 916 048 671 email: [harvcor@sapo.pt](mailto:harvcor@sapo.pt)

## GLASS & WINDOWS

**For all your glass  
requirements**

*made to measure...*



...shower doors  
...safety glass  
...mirrors  
...table tops  
...windbreakers  
...mosquito screens

**HOME**

EN125 • Sítio do Carmo • Lagoa  
Tel: 282 353 022 • Fax: 282 353 934  
[comercial@home.pt](mailto:comercial@home.pt)

## HEATING & COOLING

**Fires of Portugal**  
Woodburning

Geoff Waller's on site advice and quotation.  
Small building works, servicing and repairs.  
Reconditioned fires.  
Importers of the best in woodburning.  
TEL 289 489 958 • MOBILE: 967 721 209  
[sales@firesofportugal.com](mailto:sales@firesofportugal.com)  
[www.firesofportugal.com](http://www.firesofportugal.com)

Chimney Sweeping across the Algarve from 45€

**Villager Arrow fogo montanha**

**MC**  
**Mister Cool**  
**Keep warm with  
Mister Cool  
this winter**

- Air conditioning
- Refrigeration
- Solar panels
- Maintenance
- Pool construction, heating & covers
- Automatic pool covers
- Central vacuuming

Air conditioning by:

**FUJITSU GENERAL**

**DAIKIN**

**MITSUBISHI**

**HEAVY INDUSTRIES LTD**

**Solar panels**

• Pool Heaters



• Certikin

Open Saturday morning

Rua Mouzinho de Albuquerque  
- Lagoa Residence 2 - Loja 3  
8400 LAGOA - Algarve • Tel./Fax 282 381 364  
Email: [mistercool\\_telmorodrigues@hotmail.com](mailto:mistercool_telmorodrigues@hotmail.com)

Telmo Rodrigues  
Mobile: 917 175 818

[www.theportugalsnews.com](http://www.theportugalsnews.com)

## HEATING, COOLING & SOLAR SYSTEMS

Air Conditioning  
Solar Energy  
Home Heating & Cooling  
Pool Heating  
Automatic Pool Covers  
Jacuzzie & Spas

**sacL**

Vale de Lousas • EN125 • Alcantarilha  
Tel. 282 314 190 • Fax 282 314 191  
[sacL@mail.telepac.pt](mailto:sacL@mail.telepac.pt) • [www.sacL.net](http://www.sacL.net)

VISIT OUR SHOWROOM

**DOMUS**  
ELECTRIC FLOOR HEATING

The CHEAPEST way to heat your house

**NO gas, NO oil, NO maintenance**

[www.domus-heating.com](http://www.domus-heating.com)

EN-125 Sítio Benfarras, N° 552-a Boliqueime  
Tel: 289 322 852 • mail [domusheating@mac.com](mailto:domusheating@mac.com)

## MOTERING

**CARS & BOATS  
UPHOLSTERY**  
Original & Custom-made

Hoods for Cars  
Also  
Soft Furnishing &  
Upholstery available



Parque Industrial "O Infante" • Loja 30, Torre • 8600-256 Lagos  
Tel: 282 799 263 • Mob: 918 526 950

**CARROTRONICS**  
Auto Electronic Specialists

KEY & FOB PROGRAMMING  
ECU REMAPPING  
WARNING LIGHT RESET  
AIRBAG CRASH DATA RESET

ECU remapping service - Make fuel savings of up to 20% or  
increase power up to 35%. Money back guarantee!

Keys, remotes and fobs supplied and coded to your vehicle

**Call today**

967082962 [info@carrottronics.com](mailto:info@carrottronics.com) • [www.carrottronics.com](http://www.carrottronics.com)

To advertise, call our  
Sales Manager on 707 500 677

## PAINTING & DECORATING

MERCI GRACIAS OBRIGADO TACK BEDANKT GRAZIE THANK YOU DANKE  
**PAINTERS & DECORATORS**

- All painting jobs undertaken interior / exterior
- Treatment of wood & iron
- Varnish wood & flooring
- We also work with ecological odourless paint

**JOHN** Telm: 964 148 422  
Email: [vanya\\_64@hotmail.com](mailto:vanya_64@hotmail.com)



## TOFTS

Paul Tofts

Decorating & Painting

Mob: 918 938 004

After 6pm  
Tel: 289 399 370

### POOLS



### POOL SAFETY FENCING

IS YOUR POOL CHILD SAFE?

[poolfencing@aol.com](mailto:poolfencing@aol.com)

Tel: 919 892 518 or  
910 666 613

#### DROWNING - IT COULD BE A DANGER TO YOUR CHILD!

We fit composite fibreglass posts that will not bend or corrode like aluminium posts. These have a LIFETIME WARRANTY. A FULLY REMOVABLE FENCE IN MINUTES



### POOL HEATING

Air Energy Heaters - The leader in economical pool heating

- Digital Control
- Titanium Heat Exchanger
- High Performance - low power consumption
- Est. Over 20 years

### SAFETY FENCING - KEEP KIDS SAFE



- Can be completely removed or replaced within 2 mins.
- Helps prevent debris from reaching the pool
- Weather resistant • Professionally installed
- Easy for Adults - Safe for Kids
- Your child is safe even while you swim
- Developed over 30 years ago
- 99% transparent 'Securtext' mesh



PURE POOLS PISCINAS PURAS LDA

Tel: 282 760 033 • 919 517 868 • Fax 282 760 034  
[purepools@yahoo.com](mailto:purepools@yahoo.com) • [www.purepools.com](http://www.purepools.com)



### POOL COVER SPECIALISTS

Installations in 24 hours

Until 31/12/10 end of year clearance discount 5%

Tel: 282 763 605 • Tlm: 967 025 157

Eastern Algarve 967 465 305

[info@aquapura.com.pt](mailto:info@aquapura.com.pt) • [www.aquapura.com.pt](http://www.aquapura.com.pt)

### Pool Covers

Pool Roofing  
Heat Pumps  
Pool Systems



Quality • Variety  
Service

N125, Sítio do Troto, Almacil

Tel: 289 992 281

Fax: 289 992 922

Email: [salagua@salagua.com](mailto:salagua@salagua.com)

[www.salagua.com](http://www.salagua.com)

### Pool Construction & Renovation

Over 10 years in the Algarve constructing concrete pools, offering you strong structures & quality pool designs to suit your budget.

New to Europe, a shimmering pool finish with brilliant colours guaranteed not to fade.

Pool looking tired, cracked, tiles falling off, leaking? We can renovate your pool.

#### Pool Safety Nets

- Black Netting for Ponds, Tanks & Wells
- Easy On and Easy Off
- Pool & Garden ambience maintained

#### Pool Safety Fencing

- Removable in Minutes
- Convenient access for adults
- Meets French standard NF P 90-306

#### Pool Safety Cover

- Meets French standard NF P90-308
- Minutes to remove and replace
- Prevents heat loss and keeps kids safe

David & Amanda Mitchell  
Phone or Fax: 282 761116  
Mobile: 913 393 421  
Email: [info@iberiablue.com](mailto:info@iberiablue.com)



[www.iberiablue.com](http://www.iberiablue.com)



Hotline: 707 500 677

### PROPERTY MANAGEMENT



Tel/Fax: +351282 358 707  
Mobile: +351 963 900 319  
[algarve-urbauscenr@sapo.pt](mailto:algarve-urbauscenr@sapo.pt)  
[www.algarve-urbauscenr.com](http://www.algarve-urbauscenr.com)

### ALGARVE HOLIDAY CENTER

Well established rental firm  
trading since 2002

Villas and apartments  
wanted in Carvoeiro and  
surrounding areas

Full villa management  
Services offered

## Maximum Results Minimum Fuss!

[www.algarvegetaways.com](http://www.algarvegetaways.com)

For Professional and Effective  
Management of your Property



Contact us :  
289 586 899  
964 661 165  
[info@getaways.pt](mailto:info@getaways.pt)

We make it easy!

### PROPERTY SERVICES

**Blocked Drains?**  
**Call: ANDY**

- Camera inspection
- Power jet cleaning for blocked drains
- Root removal
- Fossa emptying
- New systems installed

[drinkingB@aol.com](mailto:drinkingB@aol.com)

**GUARANTEED SERVICE**  
24 HOUR

**DRAIN KING ESGOTO-REI**

Tel/Fax: 282 471 335 | Mobile 918 647 305

## Secure & Beautify your Property

- Honesty, Reliability & Quality Guaranteed
- All general Steel Work
- Bespoke Furniture, Buildings, Fencing, Mobile Welding
- Automated Gates
- Service & Restoration
- Across the Algarve

## GFS Metalworks



Call Andrew 933 555 387

Office: 282 449 270

[www.gfs-metalworks.com](http://www.gfs-metalworks.com)

[info@gfs-metalworks.com](mailto:info@gfs-metalworks.com)

## Villa Gates

bespoke designs available.

For gates & railings.

Swimming pool security.

Stainless steel, inox & Aluminium

welding service available

Internal/External concertina

security gates Call Andy: 912 642 477

Michael Dickhaut

House renovation,  
decoration, tiling  
Kitchens and bathrooms

Mini-digger Services  
Land clearance, tree  
cutting, landscaping  
Fencing, canal & drainage

Full property  
Management available

mob: 969117139/ 917316211  
email: [michaeldickhaut@yahoo.de](mailto:michaeldickhaut@yahoo.de)



The Portugal News has its distribution  
figures officially audited.  
Call 707 500 677 for details.



Heating & Hot Water  
with Renewable Energy

A New Generation of Heating  
Economical & Eco Responsible

- Underfloor / Central Heating
- Hot Water
- Swimming Pool Heating
- Construction Products

Dave Armstrong: 962 076 003

[dave.armstrong@raizverdeportimao.com.pt](mailto:dave.armstrong@raizverdeportimao.com.pt)

[www.raizverdeportimao.com.pt](http://www.raizverdeportimao.com.pt)

See page 2 for our exact  
print run this week.





**ChemDry**  
Drier, Cleaner, Healthier™

**Algarve**  
www.chemdryportugal.com

info@chemdryalgarve.com  
Tel: 289 092 624  
Tlm.: 910 690 966

Professional Cleaning  
Rugs • Carpets • Sofas

Treatment Weather-proofing  
Anti-mites • Anti-Allergy

Cleaning of floors  
Tiles • Mosaics • natural stone  
Cleaning & Hygiene  
Restauration of grout colour  
Sealing & Protection  
Cleaning & Sealing of Natural Stone




**NEIL & EMILY  
RICHARDSON**

Removals & Transport \* Packing  
Service & Storage \* Local, National  
& U.K. \* With 20 years experience  
We offer the Personal Touch

Members of  
British  
Portuguese  
Chamber of  
Commerce

Mob: 00351 939 486 870, 00351 939 486 807  
Tel: 00351 281 963 191 UK office: 0044 (0) 844 579 6577  
neilandem@sapo.pt • www.ne-internationalremovals.com

**TV • AUDIO • TEC**

**SATELLITE & REPAIR SERVICES**

**sky** **CANAL DIGITAL** **ZON** **freesat**

ENQUIRIES • BOOKINGS • HELPLINE  
**SONY • DENON • LOEWE • YAMAHA**

**CALL. 911 055 134**

**ALGARVE REMOVALS**  
Relax, your move is in safe hands.

- Removals: weekly one box to full or part load service to and from UK and Portugal with optional full or part packing service
- Storage: warehouses in both the UK & the Algarve
- Shop online: at main high street stores and have items delivered the following week **Call us now for a FREE quote**

UK Tel: 0044 (0)1245 468888 Algarve Tel: 00351 289 513851  
Mob: 0044 (0)7711 179842 Mob: 00351 968019226  
Email: sales@algarveremovals.com www.algarveremovals.com



**Hotline: 707 500 677**

**U-STORE SELF STORAGE**



- \* Individual locked units
- \* Daily access
- \* Dry and Clean
- \* For homes & business

\* Also storage for cars & caravans etc.

Urb. Industrial Marateca, lote 26 - Chinicato - 8600 LAGOS  
Tel / Fax: 282 798 490 - Telem: 917 010 365  
www.u-store-portugal.com • info@u-store-portugal.com



**Skynet**

**TELECOMMUNICATIONS & AUDIO**

"The Latest Equipment at the Best Prices"

All Satellites TV (English, German, Spanish, Dutch, French, Italian, Arabic, Russian TV...)  
Digiboxes (SD, Sky +, Sky HD, MultiCAM, PCMCIA, Freeview, Freesat HD)  
MultiCards & Much more

All BBC & ITV + Ch 4 & 5 + News + Movies + Kids  
+ Music + Sports + Many others + Radio  
Get 350 TV channels & 200 Radio stations **FREE**

**Terrestrial Digital** (Portuguese channels) **FREE**  
**Cable TV** (Movies + Sports + Knowledge + Kids  
+ News + Series + Adult + Video on Demand)  
**VCR, DVD HD, Internet** (Broadband)  
**Audio** (Hi-Fi, Background Sound, Home Cinema)  
**CCTV, Intercoms, Domotics**  
High-quality systems installed by qualified engineers  
Installations and technical support within 24hrs  
(a 3-Year Guarantee)

Tel: 964890260 Email: skynet@live.com.pt



**Absolutely Flawless**

**Floor Cleaning & Polishing Service.**

**Free advice. Free Quotations.**

Call: +351 282 789 904  
912 556 172 or 913 180 667  
Email: Absolutelyflawless@sapo.pt



Reach 6 potential clients for just 1 cent  
Call 707 500 677 TODAY

**European Removals**




Your expert team for national and international removals

ALL goods transported  
Storage from A - Z - large depots  
in Portugal and Germany

**BEST SERVICE GUARANTEED!**

Germany: Philipsstraße 9, D-35576 Wetzlar  
Tel.: +49 6441 309 29 68/67  
Fax: +49 6441 309 29 70  
www.european-umzuege.com

Portugal: Cerro do Ouro, 8200-468 Paderne  
Tel.: +351 289 368 880  
Fax: +351 289 368 881

**SATELLITE TV**



**Satellite TV in the Algarve!**

Specialized in English, Dutch and German TV since 1988

Contact us at:  
282 410400  
info@TV2029.com  
www.MarcElectronica.com

Marc Electronica Almonacid  
Av. Duarte Pacheco 51  
8135-104 Almonacid

Marc Electronica Portimão  
Sítio de poço seco Armazém 5 & 6  
Cardosas 8500-338, Portimão

**Sky Realm** Portugals Official  
**FREESAT installers!**

**DON'T LOSE YOUR VIEWING AT NIGHT!**



Sky Cards arranged  
We correct ALL problems on other companies work!  
**ALL AREAS COVERED**

Algarve 918 887 775  
Silver Coast 918 262 108  
Email: skyrealm@hotmail.co.uk

[www.theportugalnews.com](http://www.theportugalnews.com)

**SECURITY**

**VillaWatch.eu**

Our Villa Monitor System Lets You Control

- Who gets in and out
- When they have access
- How long they stay

Protecting Your Property with CCTV, Access Control and Intruder Alarms

<http://www.villawatch.eu> 9191 49900

**AIM**

**Removals & Storage**

On-site secure storage  
Local, National, UK and European removals  
International shipping • Professional packing service

Call into our office or visit us at [www.aim.com.pt](http://www.aim.com.pt)

Parque Ind. do Infante • Unit 8 • EN 125 • Torre • Odiáxere  
Tel: 282 799 141 • Fax: 282 799 146  
Email: info@aim.com.pt

**REMOVALS & STORAGE**

- \* Local, National & European Removals
- \* Scheduled Route - Portugal-UK-Portugal
- \* International Shipping
- \* Storage \* Packing
- \* Long established & professional service

**New Concept International**  
Armazém 3, Sítio do Além, Almonacid.  
Tel.: (00351) 289 395 105  
UK: 08 450 046 827 Mobile: 968 031 955  
Email: d.wright@mail.telepac.pt [www.newconceptint.com](http://www.newconceptint.com)

**ONIX SECURITY**

**ONLY UK EQUIPMENT INSTALLED**  
ALL TEXT AND DISPLAYS - USER MANUALS IN ENGLISH



Intruder - Fire - Auto-gates - CCTV - Door entry  
**SYSTEMS INSTALLED FROM €600**  
CALL - 967 926 778 Tel/Fax: 282 782 362  
Email - Sales@Onix-Security.eu or Web [www.onix-security.eu](http://www.onix-security.eu)



## Building Contractors

**PROJECT CASA**  
Almancil  
289 391 389

## Exclusive Jewellery

**LEITÃO & IRMÃO**  
Jewellers - Lisbon  
213 242 700

## Financial Services

**BLEVINSFRANKS**  
Tax and private wealth solutions  
FreePhone: 800 813 303

**BLACKTOWER FINANCIAL**  
**MANAGEMENT INTL. LTD.**  
Financial Solutions  
Tel: 289 355 685

**JYSKE BANK (GIB) LTD**  
Private Banking  
Tel: +350 606 33322

**THOUSAND MARKETS LDA**  
Mortgage brokers  
Tel: 213 866 109

## Health &amp; Beauty

**HOPE FARM RETREAT**  
Addiction Treatment Retreat, Elvas  
268 688 097

**CENTRO AUDITIVO DE TAVIRA**  
Hearing Centre, Tavira  
Tel: 289 090 663 / 913 796 640

**CRIS PISSSENS DENTAL CLINIC**  
Albufeira  
Tel: 289 589 080

**CLÍNICA DENTÁRIA**  
Dra. Cristina Fernandes (Dental  
Clinic) Lagoa. Tel: 282 342 920

**D. CONCEPT CLINIC**  
Dental Clinic Lagoa  
Tel: 282 763 496

**DENTAL SURGERY**  
Ma Parilha  
24hr call out Tel: 282 496 374

**DR. FRANCIS HALEY**  
Dental Surgeon, Cascais  
Tel: 214 863 012

**MONTE DA PALHAQUEIRA**  
Retirement Village, Stª B. de Nexe  
Tel: 289 990 900

**Hotline**  
**707 500 677**

## Heating &amp; Cooling

**DOMUS HEATING**  
Underfloor heating, Boliqueime  
Tel: 289 322 852

**FIRES OF PORTUGAL**  
Wood burning & Gas Fires  
Tel: 289 489 958

**MISTER COOL**  
Lagoa  
Mob: 917 175 818

## House Renovations

**JENSEN PORTUGAL**  
Boliquireme  
Mob: 964 739 566

## Interiors

**ALGARVE CURTAINS**  
Cushions, Cushions, Bedcovers,  
Fragrudo  
Tel: 282 493 238 Mob: 964 677 699

**BEDSPREADS FACTORY**  
**OUTLET**  
Soft furnishings, Lagoa  
Tel: 282 353 244

**LUZ DECOR**  
Interior Decor, Praia da Luz  
Tel: 282 789 849

**MÓVEIS MALHEIRO**  
Furnishings, Portimão  
Tel: 282 491 583

**STYLE FURNISHINGS**  
English beds, Vale de Lousas  
Tel: 282 322 291

## Landscaping etc

**HARVEYS OF LOULÉ**  
Garden Construction, Loulé  
Tel: 289 412 462

**Q GARDEN**  
EN125 Odiáxere  
Tel: 282 799 633

## Motoring

**TYRES R US**  
Repair, service & upholstery, Lagos  
Tel: 289 799 263

## Office supplies

**AA PC SURGERY**  
Everything in English  
Tel: 707 940 332

## Pets

**VIP VETERINARY SERVICES**  
Lagos  
Tel: 282 782 282

## Pools &amp; Building

**IBERIA BLUE**  
Pools & Equipment  
Tel: 282 761 116

**JOÃO NUNES**  
Building your home  
Tel: 289 417 867

**SAL ÁGUA**  
Pool covers & equipment, Almancil  
Tel: 289 992 281

**SOLAR SAFE POOL COVERS**  
Most cost effective way of pool  
heating  
Tel: 963 346 631

**WALL2WALL CONSTRUCTION**  
Construction - Albufeira  
Tel: 289 508 075, 962 848 744

## Property Agents

**LAND & HOUSES**  
Yellow Homes - Real Estate, Tavira.  
Tel: 281 320 281

**ALGARVE MANTA**  
Properties, Manta Rota  
Tel: 281 952 820

**ELLY VAN HULST**  
Between Loulé and S. Brás  
Tel: 289 842 992

**PALM PROPERTIES**  
Carvoeiro  
Tel: 282 352 100

**VILLAS LUZ LDA**  
São Martinho do Porto  
Tel: 282 989 452

**VENDAVILLA**  
Real Estate, Vilamoura  
Tel: 289 314 486

**SILVER HOLIDAYS**  
Real Estate, Vilamoura  
Tel: 289 314 312

## Property Services

**GFS METALWORK**  
Gates, grills etc  
Tel: 282 449 270

**PROPERTY AUCTIONS**  
Market your property privately  
Tel: 936 191 682

**JJ ENTERPRISES**  
Pest control & artificial grass etc  
Mobile 967 516 981

**LLOYDS PROPERTY SERVICES**  
Professional property management  
Tel: 282 792 630

**SIMPLY SCREENS**  
Flyscreens & Mosquito canopies  
Tel: 282 763 428

## Removals &amp; Delivery

**NEIL & EMILY RICHARDSON**  
Tavira  
Mob: 939 486 870 Tel: 281 963 191

**STORAGE**  
U-Store Self Storage  
Chimicoa  
Tel: 282 798 490 Mob: 917 010 365

## Retail &amp; Food

**COLLECTIONS**  
Ladies fashion, Alvor  
Tel: 282 476 574

**FI-LINE FASHIONS**  
Fashions, Armação de Pêra  
Tel: 282 312 936

**GUYS & DOLLS**  
Kids Shoes & clothes, Almancil  
Tel: 289 358 014 933 326 471

**LET THE MAGIC IN**  
British Supermarket, Algoz  
Tel: 282 575 061

## Security

**VILLA WATCH-SECURITY**  
Vilamoura  
Tel: 289 380 428

## Satellite systems

**SKYNET**  
Satellite systems  
Tel: 964 890 260

**MARC ELECTRONICA**  
Satellite, TV, Audio & Video,  
Portimão. Tel: 282 410 400

## Travel

**VIP CHAUFFEURS**  
Airport Transfers, Lagos  
282 695 074

**For more details**  
**please see**  
**our main advert**

## Baltimore Revisited

I spent the past 10 days in Baltimore, Maryland 21208. Much had changed, but a lot had not. Most of my friends from childhood still live there. They have husbands, grown children and lots of grandchildren. They drive shiny cars, live in respectable houses and interact with each other much the same as we, our parents and grandparents did generations ago.

I am the misfit. I left Baltimore in the 70's and never lived there again. Now my Portuguese zip code, 2750-357, is rejected every time I want to order products from the USA or even apply for a credit card there even though I am still a US citizen. Also markedly different there is restaurant etiquette. Waiters dance up to the table proclaiming, "Hi, I'm Johnny and I'll be your server for the evening."

They hover over you throughout your meal asking how you like the fish (never as tasty as here) and touting their fatty desserts while you are still eating your salad. The portions are so huge that I started asking to split my meals with friends instead of wasting half of them. Of course there's a surcharge for sharing as well.

Then the tipping: After 19 years of comfortable living in Portugal I have gotten used to rounding off the bill or even leaving the odd coins like my Portuguese friends do. It still feels miserly but that's the way they tip here. Not so in the USA. One evening I treated my friend Sandy to dinner at an upscale Italian restaurant. The total: 80 USD. The bill arrived with a place to sign but after the total for the meal was a line called: TIP: It would be a sacrilege to leave this line blank. So I asked, "Sandy, what is the tipping custom here?" "She answered "20%" and with discomfort I wrote \$16. Johnny picked up the credit card slip looked it over and gave me a perfunctory "Thank you." My Portuguese



Westheimer

friend told me that she and her husband were in a New York restaurant last month and left a few coins for a tip. When they approached the door the waiter met them there and forbade them to leave until they paid the customary 15-20% tip. Aside from tipping and portion size, much about the USA felt familiar. While my friends lead lives with far more material amenities than I have become accustomed to, we do still share childhood memories and values.

As we planned our upcoming high school reunion the dynamics felt familiar. Nancy was always the leader, and at our reunion meeting she was again. Sandy, the quiet one, took the notes. I, the rebel then and probably still today, suggested some offbeat activities for our party. The others talked about a visit to the local art museum. I promoted a swim in Chesapeake Bay. At our meeting two classmates came who were not in our original clique. They joined our class late in our high school years and told us they felt like outcasts socially and academically. I squirmed remembering I was not very kind to the newcomers. We were an established group and these late comers probably experienced what today is called bullying. Part of me wanted to discount their tales of teasing and struggling, but my other part, softer after life's ups and downs, wanted to apologize. I left that meeting agreeing to contact classmates whom we haven't heard from in years and also vowing to behave kindly to all who decide to attend, insiders and outsiders alike.

patwestheimer@gmail.com.

## WHERE TO WORSHIP

## Lisbon

**OCEAN CHRISTIAN COMMUNITY** - International Spirit-filled Church serving the Linha de Cascais area. Small group bible studies meet regularly. Sunday worship with a contemporary style at the Hotel Saboia, Rua Belmonte, No. 1, Estoril. Tel: 21 9282019

**BAPTIST MISSION - Esgueira (Aveiro)** Traditional Baptist church service in English on Sunday at 5pm. Contact: Pastor David Looph Tel: 963-986

**RIVERSIDE INT CHURCH**. Contemporary, caring, Christ-centered international and interdenominational Christian church. Sunday 11:00 (English). Centro Comercial S. Pedro, Rua Nunes Santos 21, S. Pedro do Estoril. (Auditorium inside small mall). Crèche and Children's Ministry provided. Church Office in Cascais. For more details: www.riversideintchurch.com

**THE DOOR** Christian Int. Church Cidade Desportiva, Praceta Carlos Capitulo, Loja "B" Massama / Queluz, Sunday 10:30am & 7:00pm. Pastor Frank Escobar at 21-467-3386 or Mobile 919 086 683

**ST GEORGE'S CHURCH; LISBON** (Church of England). Av. S. Jorge 6 (north of Estrela Gardens). Service 11:45am every Sunday. Tel: 214 692 303

**ST PAUL'S CHURCH, ESTORIL** (Church of England). Av. Bombeiros Voluntários 59 (behind Hotel Sana Estoril). Sunday School. Service 10:00 am every Sunday. Tel: 214 692 303

**ST. MARY'S, S. PEDRO DO ESTORIL** 268 Rua do Murtal, Massama each Sunday and Holiday 10:15am Tel. 214 673 771

**ST. ANDREW'S CHURCH OF SCOTLAND (PRESBYTERIAN)** Rua Arraiaga, 13, Lisbon: Sun. 11:00. Bi-lingual Sunday school & crèche is available. Minister's Tel: 218 043 410, www.standrewslisbon.com

**CASCAIS INT. CHRISTIAN CHURCH** Av. de Sintra, nº 1154, Cascais (Tel: 214 861 856). Sunday English worship 10:30. An int. evangelical fellowship, nursery provided, children's church programme, mid-week bible studies.

**THE SALVATION ARMY**, LISBON Reboloira Corps (Praceta Almada Negroiro, Lote 213 Loja Dt do Exército 11 A); Chelas Corps (Rua Rui de Sousa, Lote 65 A loja C); Laranjeiras Corps (Bairro de

Laranjeiras). At all these corps: Morning 9.30am Salvation Meeting 5.00pm Picheleira, Lisbon (21 805708).

**LISBON SYNAGOGUE:** Rua Alexandre Herculano 59, Tel 213 931 130 Fax 213 884 304, celsoaboa@mail.telepac.pt

**IGREJA BAPTISTA** de Queijas (close to Cascais) Rua Carlos Santos 88, Queijas Near the Olympic Stadium off the A5. Tel: 214 172 087. Sunday Service: English 10:15 Prayer and Bible Study: Thursday 8pm Traditional Baptist Service in English followed by Sunday School.

**JEHOVAH'S WITNESSES** - Public Talk in English. Rua João de Deus, 76, Sintra. (Behind Sintra train station). Sunday 1.30pm. Tel: 214 690 600. Also Rua da Barroca, 122 (Bairro Alto), Lisbon. Sunday 11am. Tel: 213 421 604. (Chinese: Saturday 3pm).

## The Algarve

**ALL SAINTS ANGLICAN CHURCH, ALGARVE** Holy Communion every Sunday. Almancil 10.30am with Adventist Worship Service at the Salvation Centre (ASPCA). Lagoa 6pm at Lagoa Convent Chapel. www.allsaints.algarve.org or 282 380 311.

**ST VINCENT'S ANGLICAN CHURCH** C of E. Sundays: 9.30am Igreja N Sra de Fatima, N125 between Quatro Estradas & Almancil, 11.30am St Luke's, Gorjões, 8.00am & 12noon Igreja N Sra da Luz, Praia da Luz, near Lagos 918 824 584.

www.stvincentsalgarve.org

**THE SALVATION ARMY** in São Bras de Alportel will hold on the 1st Sunday of each month an International Worship Service at the Salvation Army Citadel in São Bras at 5pm, Rua 25 de Abril, nº 19 (next to the Market).

**INT. CHRISTIAN FELLOWSHIP** Rua N.S.do Amparo (just off Avda 25 de abril) in "The Bridge" rooms, Cedoura Shopping Centre. Worship Sundays at 11am. Sunday School for children in English & Portuguese. For more info call 282 461 985 see <www.coaa.co.uk/icf.htm>

**INT. COMMUNITY CHURCH** in Lagos invites you to attend its services in English - Suncliff, 10.30am. Newfrontiers Sunday School 5 Travessa de Santo Amaro, Lagos, Tel. 282-086804 or 282-697546, www.icc-lagos.org.

**INT. EVANGELICAL CHURCH OF THE ALGARVE** Warmly welcomes residents & visitors of all nationalities

and denominations to their Sunday services in Vale Judeu at 10.30. Blue sign on the N125 between the Vilamoura entrance & the Atlântico Waterslide Park. Crèche and Sunday School. For further information: 289 328635.

**CHURCH IN LAGOS.** Sundays 10.30am at 14, Praça Luis de Camões. In the historic building, upper room, in the centre of the old walled city of Lagos. Messianic Assembly. Our mission Math: 28 v 18 to 20. Contact Stefan Saunders (Pastor) 963 165 983, stefansaunders@yahoo.co.uk

**LAGOA CHRISTIAN FELLOWSHIP.** English Speaking Calvary chapel of the Algarve, Christ Centred study of the Bible and modern worship, Sunday school available for toddlers to teens. Sunday services 11am Mid-week study 8pm Wednesdays. EN 125 Porches Retail Park, Vale de Lousas, Alcantarilha. Tel: 914 664 418 Pastor Jon Martin www.lagoafellowship.org for more info

**TAVIRA CHRISTIAN CENTRE** Meetings in English, Sundays at 10.30 am at Av. Mateus Teixeira de Azevedo, 61A (Opposite Skippers Bar) Full programme and further details from Jackie 281 322 857, Steve 917 872 665 and 917 872 559 or Maria 966 380 404. E-mail: jackieandmdo@yahoo.co.uk

**RESGATE DE VIDA, LAGOS.** Raising up a new generation according to Eph.4 v 11-12, Church with a Brazilian Portuguese speaking, Children Welcome. Meeting on Sundays 8pm - 10pm at Rua, Hospital S. João de Deus. For directions phone Pastors Sidney 963414757 or Anderson 962934005

**SALVATION ARMY** Service Sundays at 10.45am in Portuguese. Bible studies for children, adolescents and adults in Portuguese starting at 9.30 until 10.30. Rua 25 de Abril, nr. 19, São Brás de Alportel

**ALL NATIONS.** Todas as Nações, All welcome, contemporary worship service and children's club. Carvoeiro Tennis Club, Meto Serrão Carvoeiro, Sundays 10.30am-12.00pm, Luke and Shelley 913362221

**ERRE SHABAT** - For services Tel: 282 416710

**JEHOVAH'S WITNESSES** - Public Talk in English. The New Kingdom Hall of Jehovah's Witnesses, 25 Largo Engº Sarrea Prado, Portimão (Next door to the University). Sunday 10.30am. School Thursday 7.30pm Tel: 282 485 495. (Chinese: Saturday 4pm) No collection. ALSO Sítio de Lagoas,

Edifício Space Beautiful, Av 25 April. Ferreira, Albufeira. (Sunday 10am. School Wednesday 7.45pm Tel: 282 339 372.

## Oporto

**GREATER GRACE INTERNATIONAL FELLOWSHIP** has contemporary Christian gatherings on Sunday afternoons at 3rd Baptist Church, Rua Estação 133, Porto & Saturday evenings on the 1st floor at Confeitaria Palácio, Porto (across from the "Emergency" entrance of Hospital Santo Antonio); for meeting times, details and updated schedule visit www.NovaAurora.com, call 220 994 785 or send an SMS to 917 112 736.

**RIVERSIDE PORTO INTERNATIONAL CHURCH - Oporto.** A church that is fun and enriching; Bible based and relevant. Caring, supportive and international. Interdenominational meetings from 6pm Sundays at 1642 Avenida Sacadura Cabral, Aguda, VNC, between Aguda railway station and Miramar golf course. Call Tina or Bill Mason on 227 627 643 or 914 949 611 contact@riversideporto.com or www.riversideporto.com

**ST. JAMES'S CHURCH, ANGLICAN CHAPLAINCY OF OPORTO.** Largo da Maternidade, Júlio Dinis. Sun. 11am Details from Chaplain (22) 609 1006. www.stjamesoport.com

**THE SALVATION ARMY OPORTO** Pereiro Corps (Av. Vasco da Gama No: 675-2 E Ramalde), Service 10am, Salvation Meeting 5.00pm. Coloras Corps. (Praça dos Bombeiros Voluntários, Tel: 22 929 1077) Sun. 10am. Thurs 4.00pm Ladies Home League Meeting.

**JEHOVAH'S WITNESSES** - Public Talk in English. Praça Don Afonso V, 168. Sunday 10.30am. Tel: 226 160 976.

## Caldas da Rainha

**ANGELCAN EVENING WORSHIP IN ENGLISH.** At 6:00pm on the Second Sunday of each month. Held in the Evangelical Baptist Church, Rua Dr. José Soudade e Silva 27/29, between Railway Station and central 'Pingo Doce'. For details phone 262881393. No service on 14 November - instead please attend St George's Lisbon at 10.50 am.

**JEHOVAH'S WITNESSES** - Public Talk in English. Rua Adelino Amaro da Costa, next to CERCIPI. 2520 Peniche, Obidos. Sunday 11am (1st & 2nd Sunday of the month).

**Algarve Blessing**

All Saint's Anglican Church can arrange your Wedding or Marriage Blessing in a superb, if not idyllic setting. We also have special arrangements with a Wedding Planner who can offer superb locations for your Wedding or Blessing Ceremony and celebration, which include a beach setting, beautiful gardens (weather permitting), a Pavilion or Marquee for larger groups. Plus other arrangements including transport, accommodation, catering, photography.

**ALL Saints**  
ANGELCAN CHURCH

For more information please call 351 282 380 311 or go to [www.allsaintsalgarve.org](http://www.allsaintsalgarve.org)



## Announcements

**SUNDAY LUNCH** at the Colina Hotel, Almacil. For a long relaxing lunch call 289358792

**CANCER MEETINGS** Have you been affected by Cancer? Members of the women's cancer support group meet for advice or an informal chat on the first Wednesday of every month in Loulé. If you would like to join us, please contact Vi on 289 882 680 or 917962255.



**CASA - IS** a local social group established over 20 years ago. A friendly group who have a monthly newsletter and at least one activity per month, usually dinners at local venues. We have and annual trip to Spain or within Portugal, plus other activities. Open to everyone. For more information and a sample newsletter give Mary a call on 282 357 275.

**LIONS CLUBE** de Loulé Charity Sale, Sunday, November 21st. 9.30-12.00pm, Centro Comunitário, Almacil. Good quality clothes, linen, bric-a-brac, books and shoes at bargain prices. Donated items always appreciated. Following Sale January 23rd - more information tel. 289416659.



**ALBUFEIRA MARINA**  
Relaxing Atmosphere  
Caipirinhas/Mojitos/  
Margaritas  
Food served all day  
Tel: 289 516 130

## Bureaucracy

**PAPERWORK, TRANSLATIONS** and all your bureaucracy needs dealt with GB / P / D. Sandra Eckert 282314158 or 968427829 or eckert\_sandra@hotmail.com

**TRANSLATIONS - PERSONAL/LEGAL** - English/Portuguese/English. Many years experience. Tel/Fax: 282 484 776 Mobile: 919 194 319 E-mail: johnrussell72@gmail.com

## Business Opportunities

**HOTEL 12BED** with large restaurant for sale or rent near Quinta do Lago, Almacil 914574199

**LANGLEY HOG**  
Roasts - BBQ or  
DIY self service  
Ph. 912 501 752

## FOR SALE or RENT WITH OPTION TO BUY

Urgent health reasons. Bar in Lagos centre, 40 seater, fully licensed, equipped and recently refurbished, €75,000. Serious enquiries only. Tel: 913358837/ 938344920, e-mail: ange\_duncan@yahoo.co.uk

## Caravans & Motor Homes

**LUXURY MOBILE** home for sale. 37ft x 12ft 2 bedrooms one en suite plus shower room. Fully furnished and equipped to a high standard. Many extras. Espiche. €23,500. 914741870

## Charities

**THE NANDI ANIMAL** Charity Christmas Fair is scheduled for 21 November, from 09:00 to 15:30 at the Mercado do Levante in Lagos. On sale will be arts and crafts by Algarve artisans and vendors, clothes, jewellery and household items and more! Enjoy delicious pastries at the Nandi Café. It's the perfect place to find special Christmas gifts. Mark your calendar and come join us! All proceeds will help the animals of the western Algarve.



**AYAMONTE ANIMAL** Rescue Fund Raising Craft Fair & Car Boot Sale. Calico Park 0034 959053096.

**CAR BOOT** Sale held every 3rd Sunday of the month at Restaurant 'Quinta dos Areões', adjacent to the Veterinary Clinic in Espiche. Stallholders pay from €3. All proceeds go to Rosco's Charity Association. Call Alfred on 919886955 or contact us on our website www.roscofoundation.org for more information.

**CHARITY SHOP**, Montechoro, Albufeira (behind chemist's) needs volunteers to help in the shop. Please ring Lesley: 962 414 584

**WANTED: THE** Donkey Sanctuary needs your unwanted furniture, clothes, books and bric-a-brac for our charity shops in Lagoa and Monte Carvoeiro, all proceeds to aid donkeys in distress. We will collect larger items. Call Nan Richardson 962 633 811, for details of our work for animal welfare. Please help.

www.theportugalnews.com

**TAVIRA TREASURE** Charity Shop. Tavira Christian Centre, Av. Mateus Teixeira de Azevedo, 61A (Opposite Skippers Bar). Come and browse, come and bring clothing, bric-a-brac, books. Open Wednesdays, 2.30-4.30 and Saturdays 10.30-12.30. Phone 917872559/ 913617991 for further details. Volunteers needed so we can open more frequently.

**CHARITY BOOK** Sale & Coffee Morning. 2,000 nearly new paperbacks at 70c each. All proceeds in aid of The Boy's Home in Faro. Friendly atmosphere in pleasant surroundings. Every Friday from 10am to 12 noon, in the Village Hall, Monte da Palhagreira, Gorjões, Sta. Barbara de Nexe. Info. Tel: 289 990 901.

**ALBUFEIRA ABA** Charity shop, 41D Avenida do Ténis, open Tuesday to Saturday 10h30 until 2pm (next door to the Galeão Bar) on the road that leads to the Marina, from the dual carriageway. We are an independent charity, using the income from the shop for neutering animals. Please help us by donating items for sale.

**APAA CHARITY** Shops. Cerro Grande, Albufeira, Tuesday to Saturday 10.30am to 2pm; Dunas do Alvor, Tuesday to Saturday 10.30am to 2pm and Sunday 10.30am to 1pm; Rua da Mesquita, Silves, Monday to Saturday 10am to 2pm. Good quality clothes, bric-a-brac, books, jigsaws, etc. Stock and new volunteers always welcome. Help us to help abandoned dogs and cats.

**DO YOU** have some spare time? Would you like to make new friends and help animals, too? Become a volunteer for the Nandi Animal Charity Shops in Lagos. Most volunteers work one half-day a week. Join us! We are a friendly group and we need you! For more information, call Susan at 918575533.

**NEW CHARITY** Shop opened in Guia, situated one way street 3 doors up from Restaurant Atlântico opposite carpark (3 mins from Algarve Shopping turn into Guia at Chicken Roundabout). Open 10h30 to 18h00 each day except Saturday (10h30 to 13h30), closed Sundays. Books, excellent quality new and nearly new clothes for men, women, children and babies, toys, puzzles, bric-a-brac, towels, bed linen and many more quality items.

**ASSOCIATION BIANCA**, a registered Portuguese charity that runs an animal shelter near Lisbon (see more on www.bianca.pt/english) invites you to its online charity shop: http://www.fazendoanimaisfelizes.blogspot.com/You can buy or you can donate. Either way, you are helping to feed 250 dogs and 50 cats.

Place your  
classified on-line  
and get a  
10% discount

## Education

**ENJOYABLE, EFFECTIVE** Portuguese lessons. 10-day beginners course starts 25 November. Individual lessons: 2 students together pay for 1. Centro de Linguas de Lagos. Call 282761070. E-mail: info@centrodelinguas.com

**WRITING CIRCLE** in Lagoa Library with Jenny Grainer starting on October 12th at 10.30 then every 1st Tuesday in the month Tel: 963 518 184 jennygrainer@sapo.pt

## Entertainment & Leisure

**ALGARVEAN'S EXPERIMENTAL** Theatre Group are active all year and need you as a member. Are you good with a needle or do you like to paint? Happy to go on stage and perform or would you prefer to assist backstage? Young or old join in the fun. Why not take a look at our website? www.thealgarveans.com. Want to be part of our group? Ring Pat on 282 695 614 or email patnlesport@hotmail.com



**F2D - STUDIO**  
DAILY CLASSES  
AEROBICS, STEP, LEGS  
BUMS & TUMS  
TONE & SHAPE YOUR  
BODY  
STRETCH & RELAXATION  
- YOGA & PILATES  
EXERCISES  
BALLET, JAZZ & TAP  
DANCE  
NO JOINING FEE  
PAYMENTS PER CLASS  
OR PER MONTH, FAMILY  
DISCOUNTS.  
PHONE 96 8890671

**LIVE MUSIC** / karaoke / disco. Private parties or regular gigs. Christmas and New Year coming up. Book now to avoid disappointment. Any occasion. For more info call Stewart on 914 805 600.

## ART LESSONS TAVIRA

David Haines (Oil Painting) Mal Mudge (Acrylic Embellishing) Where you can enjoy new ideas, new brushstrokes & new friends in a relaxed atmosphere.

For more details, tel. David - 968290627 or Mal - 962111516

Classified Hotline  
707 500 646

Join www.

**TheAlgarveLink.com**  
FOR Free TODAY! Just imagine being able to:  
\* Create your own network \* Share Videos, Pictures, & Music That You Love. \* Browse Profiles of Other Like Minded Members. \* Meet New Friends. \* Find Dates \* Be Introduced to Local Hotspots & Cool Parties \* To use all other commercial aspects of the site you can upgrade your membership later on. - Classifieds to Both Buy & Sell - Advertise Your Business, Product, or Event - Promote your Property for sale or rent If you like the site please spread the word and invite your friends and family!



## For Sale Private

**LIFETIME COLLECTION** of collectables and antiques from around the world. November 20 and 21 from 11 - 4 hrs. Restaurant Bulan Maret - Porto de Lagos roundabout (road Portimão-Monchique). http://bulanmaretssales.webs.com. 918661567

**HOOVER CLOTHES** dryer. Bought new last year only used for 6 months. 245€ please call 915868265.

**DAPHNES SOFT** Furnishings, Almacil. Clearance of Second Hand Furniture, Curtains, Fabrics from 2€/m. Tel: 289393028.

**SINGLE AND** double beds for sale, from 35Euros, call 961470309. More furniture available.

**EXTENDABLE DINING** room table + 4 chairs, chest of drawers, sofa, plus more 962188708 Portimão



**100 EUROS** o.n.o. as new including cot bumper set. Tel: 916 643 236



\*Complete Bathroom Unit: €20 - \*Childs safety side bar: €15 - \*Single bed + mattress: €80. Tel. Portimao 926 613 119

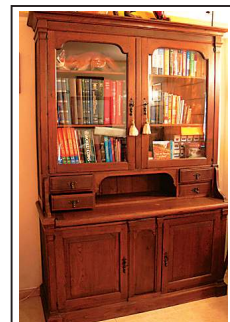


**SIGNED ERSTURGEON**  
Print SLE103 136/850  
Tor, Somerset  
Framed 70.5cm x 58cm  
80€ o.n.o.  
Chão-das-Donas  
Portimão  
918484938

**FOR SALE**  
- Stainless steel cutting machine with metal Diamond tip disk (Wurth): €1,300  
- Metal cutting machine (Matabo): €150  
- Ban saw, three phase: €2,500  
- MIG welding machine (monophase): €550  
- MIG welding machine, with aluminium welding torch (three phase) Wurth: €3,500  
- Bench drill with movable head and angle finding base: €600  
- TIG welding machine: €2,000  
- Arc welding machine: €500  
- Big grinder: €130  
- 5x small grinders: €250 each  
- Battery operated grinder (2 batteries): €220  
- 2x cordless drill (18V Wurth): €250  
- Cordless concrete drill (Wurth): €400  
- 2x electrical concrete drills (Wurth): €220 each  
Contact: Elmano Francisco - Portimão 961 386 805 or send an E-mail to: elmano@matrilioic.com



**BROWN METAL**  
Candle Holders  
Glass Shades  
117cm - 97.5cm - 78cm  
Never Used, Excellent  
Condition  
50€  
Chão-Das-Donas  
Portimão  
918484938



**2 PIECES OAK CABINET**  
height 81 inches  
width 54 inches  
useful as  
computer desk too.  
bj.143@hotmail.com  
Mob: 966 453 889





**DISPLAY CABINET,**  
183x170x46cm. Top detachable. Slight damage. €750. Buyer collects. Tel: 913321269

**LARGE SELECTION**  
off used furniture  
Beds from 35 euro's  
Vacaria Silves phone  
961470309



**HOME WOOD** bar with  
marble serving counter  
for sale. As new.  
Contact: 96 3289597

**2nd Hand DOORS & WINDOWS** – as new!  
Windows – 50 euros each  
Doors – 75 euros each

- \* 2 windows – 1400mmx1000mm
- \* Sliding window – 1500mmx1000mm
- \* Sliding window – 1460mmx1040mm
- \* Sliding door – 1040mmx400mm
- \* Door (half glass & half board) – 800mmx2000mm

966382378 or email  
kota1sonia@gmail.com

**DE LONGHI** gas heater, as new, boxed and all the paperwork. Must sell. Portimão area. Price: €80. Contact 914393736.

[www.theportugalsnews.com](http://www.theportugalsnews.com)

## Health & Beauty

**DRINKING MORE** than is good for you? For many alcohol is a harmless part of daily life, but for some it can be damaging. A recent UK report put alcohol above all illegal drugs for its destructive powers: it destroys lives, families, friendships, jobs. It needn't be so for you. Help is available for those wishing to control their drinking, address the underlying issues that alcohol medicates and get back on track so they can enjoy life. Call 914608828 or email [www.recoveryinreality.com](mailto:www.recoveryinreality.com) for more details and a confidential appointment with a professionally qualified and experienced Addictions Counsellor

VIEW THESE PAGES FREE  
[WWW.THEPORTUGALNEWS.COM](http://WWW.THEPORTUGALNEWS.COM)

**DENTAL COUNCIL** - General Dental Council UK registered dentist. Discounted prices available for NHS UK beneficiaries. We provide 24/7 emergency care (call 924088033 or 913299960). DENTAL COUNCIL @ Policlínica da Mó, Rua Sidónio Pais, Lote 1 Loja 4. Portimão. Please call 282427230. [dentalcouncil@gmail.com](mailto:dentalcouncil@gmail.com)



**Dental Council**  
[www.dentalcouncil.eu](http://www.dentalcouncil.eu)

## Heating & Cooling

**PENGUIN**  
**PENGUINAIRCON.COM**

Air Conditioning  
Solar Heating  
Installation & Servicing

**SERVICE HOTLINE:**  
**910 700 777**

Tel: 289 092 595 Fax: 289 392 660  
Email: [info@penguinaircon.com](mailto:info@penguinaircon.com)

**AIR CON.** Heating & Cooling, Daikin, Sanyo, Sharp, Haier, contact Paul Whitworth Tlm 917812325

**EUROCOOLING OFFERS**  
Air conditioning  
Pool heaters.  
Underfloor heating.  
Solar Panels that work on them cloudy rainy days.  
[www.eurocoolingalgarve.net](http://www.eurocoolingalgarve.net)  
00351912324600

**DOMUS**  
**ELECTRIC FLOOR HEATING**

**The CHEAPEST way to heat your house**  
**NO gas, NO oil, NO maintenance**

[www.domus-heating.com](http://www.domus-heating.com)

EN-125 Sítio Benfarras,  
Nº 552-a Boliqeime  
Tel: 289 322 852  
[domusheating@mac.com](mailto:domusheating@mac.com)

## Home Improvements

**WOODEN SHEDS,** Houses, Bungalows Playgrounds. See [www.jardimdeco.com](http://www.jardimdeco.com) or call (00351)282343645

**MASTER/JOINER**  
Carpenter- General Maintenance 20yrs+ fitting Kitchens, Doors, Locks, Decking etc Quality reliable service.  
926615244-281328648  
[masterjoiner@hotmail.co.uk](mailto:masterjoiner@hotmail.co.uk)

**SIMON ELLIS** property maintenance/manutenção de propriedades. All general maintenance and construction. central Algarve. 9 6 2 7 2 5 2 4 5 / 282574686

[www.theportugalsnews.com](http://www.theportugalsnews.com)

**INTERIOR FINISHING**  
plaster&plasterboardworks, ceilings, tiles, floors, painting, brickwork, free estimate, reasonable prices, call Dirk 911184178 [www.welldone.ws](http://www.welldone.ws)

## Jobs Offered

**OFFICE ADMINISTRATOR** required Part-Time for busy Villa Rental Company in Vilamoura. Good standard of written and spoken English essential. Portuguese an advantage. Must be proficient in word and excel. Please apply in writing to Silver Holidays Lda, Rua do Brasil, Casa Italiana Loja 5, Vilamoura 8125-479 Quarteira.

**TheAlgarveLink.com**  
**Business with Pleasure**

**ARE YOU READY TO JOIN A WINNING TEAM?**  
Then start your new career and join TheAlgarveLink team. We Offer: - Young Dynamic Team - Positions available throughout the Algarve - Excellent earning potential - Full training provided We ask for: - Enthusiasm - Portuguese / English - Car and laptop For further information or appointment call Carlos on 969 172 597 or send an email to: [CarlosCalvao@TheAlgarveLink.com](mailto:CarlosCalvao@TheAlgarveLink.com)

**OFFICE ADMINISTRATOR REQUIRED**  
Part-Time for busy Villa Rental Company in Vilamoura. Good standard of written and spoken English essential. Portuguese an advantage. Must be proficient in word and excel. Please apply in writing to Silver Holidays Lda, Rua do Brasil, Casa Italiana Loja 5, Vilamoura 8125-479 Quarteira.

## Marine

**ICCTRAINING** & Testing. RYA Sail / Motor Cruising & Powerboat courses. Tel: 965800702. Email: [martin.northey@mail.telepac.pt](mailto:martin.northey@mail.telepac.pt) [www.theiberianseaschool.com](http://www.theiberianseaschool.com)

## Office, Media & Technology

**ALGARVE COMPUTER** Solutions. English Desktops & Laptops, Repairs, Upgrades and Tuition at your home. Tel: 282471148 – 962598966 [www.algarvecomputer.com](http://www.algarvecomputer.com)

To place a classified call our  
**Classified Hotline on 707 500 646**

**COMPUTER TECHNICIAN**

Qualified professional with over 20 years experience.

Trouble shooter, upgrade recommendations, tuition and networking. Hardware and software resale available. Wireless specialist. IT intergration on building construction projects.

Tel: 282 094 093 / 918 411 488 or 962 719 488  
[marcus@starworld.pt](mailto:marcus@starworld.pt)

**BlueChipIT**  
Ensuring your business IT works for YOU

Call 707 940 337  
Kurt Pardon  
IT Director

## Personal

**GERMAN SINGLE**  
gentleman looking for a lady companion around 60 year old for possible long term relationship. Tranquil and stable lifestyle. Contact +351 282 358 707, [algarveurlaubcenter@sapo.pt](mailto:algarveurlaubcenter@sapo.pt)

**Explorers & Climbers**  
Mother & toddler group meets every Thursday at 10am - 12.15pm.



Crafts, songs and lots of fun ... Where? Lagoa Christian Fellowship hall, Vale de Louzas, EN125, Alcantarilha. Refreshments available. Contact Laura for more details on 914 393 935.

**ALCOHOLICS ANONYMOUS** - Algarve. WEEKLY MEETINGS: Mon.: Portimão 7.30pm. Tues.: Almarcil 1.00pm; Almarcil 6.30pm (Men's meeting); Albufeira 8.00pm. Wed.: Almarcil 7.30pm. Thurs.: Pêra 7.30pm. Fri.: Almarcil 1.00pm; Portimão 7.30pm. Sat.: Almarcil 5.30pm. Call 919 005 590, 10.00-7.30pm. Portuguese AA 917 483 478. GSO Lisbon AA Tel.: 217 162 969. We look forward to seeing you there.

**Mums & Tots**



Tuesdays 10.00am-12.00 Meet friends, coffee, fun, playing, puppets. ICC Church Hall, Lagos. For further details on location of Church and Sunday services (with Kidz Klub) & other activities and available courses at International Community Church, see web site [www.icc-lagos.org](http://www.icc-lagos.org) or call 282 697 546 or 282 086 804.

**Pets**



**TWO 6 WEEK**  
old kittens must find a home. Hand reared and litter trained. Affectionate and fun. Please help. Call 967922645.

**LOGICAL PET** And House Sitting by Vet Nurse 917758404 [www.animalalgarve.com](http://www.animalalgarve.com) [logical.pet@gmail.com](mailto:logical.pet@gmail.com)



**BELLA AND BRUNO** need a new home 18 months old, chipped, inoculated and spayed. 919511407

## Pools & Gardens

**ALGARVE TREE SERVICES**

- \* Pruning \* Felling
- \* Brush Chipper Hire
- \* Stump Grinding
- \* UK qualified arborists
- \* 20 years experience

**Tel.: 917 479 921**  
[www.algarvetreeservices.com](http://www.algarvetreeservices.com)

**GALEÃO LDA**

**Garden & Pool Management**

Pool service and repairs – refurbishments Domestic and Hotel SPAs Pool house, heat pumps, blankets

In-house workshop 25 years service in Algarve Tel. 289 515803 E-mail: [galeao@ip.pt](mailto:galeao@ip.pt)

## Property for Rent

**Villa owner?**

**Thinking of renting your VILLA ?**

Please visit [www.cosmicvillas.net](http://www.cosmicvillas.net)

**APARTMENT OVER** dwelling, fully furnished. Suit couple. Situated in the village of Agostos, near Santa Bárbara de Nexe. Down country lane. Most charming. Tel 917 26 79 48

**LONG-TERM** Winter Let Portimão/Praia da Rocha Recently renovated 1-bedroom apartment (Urb. Vila Rosa). Private Parking - walking distance to city centre, beach and marina. €420 per month (inc. water + electricity) Call 914 313 827.

**MESSINES 4KM**, T1 open-plan lounge kitchen/diner, T2 lounge/diner separate kitchen, 2 bathrooms. Terraces, sat/TV, pets possible, small development 6 units sharing pool, gardens, country views, 1km motorway, long-term, 350€ and 450€ plus services. 919384663

**ALENTEJO ALCÁCER** two villas V4 and V2 in large property €700 and €350/month respectively. Garden, air conditioning. Fully or partially furnished +351969035173

**PRAIA DA LUZ** Very spacious 2 bed 2 bath apartment to rent long term, furnished. Tm: 966196140

**PRAIA DA LUZ** - 3 bedroom, 2 bathroom house for long term rent. Front/rear gardens, lovely views, €650 per month. Tel. 914765966 e m a i l [pmsingleton@gmail.com](mailto:pmsingleton@gmail.com)

**VILAMOURA LONG** let T2, fully furnished, swimming pools, gardens, TV/Internet, BBQ terrace. 918725183

**LONG TERM** Rental. Santa Bárbara. QUALITY comfortable semi-detached villa with pool, quiet location, walk to village, all amenities, 3 bed, 2 bath + WC, fully equipped kit, open plan Living/dining, cent. heating, fireplace, elect shutters, air-cond. Tel 917812525.

**GOLDRA LONG** Term Rental renovated semi-detached farmhouse in quiet location, one bed + mezzanine, brand new Kit + Bath, open plan living, Air-cond. €500 per month Tel 917812525

**WINTER-LET** Ferragudo, 1 bedroom apartment, garden, pool, overlooking castle, river, sea. Tel: 917071294

**STUDIO APARTMENT**, well-equipped, excellent location, 100 m from Alvor beach, for holiday(summer) or short-term rentals. Will consider long term. Contact - 916 358 759 [alvorstudio@gmail.com](mailto:alvorstudio@gmail.com)

[www.theportugalsnews.com](http://www.theportugalsnews.com)

**SILVES AREA**, Single Storey Country Villa for rent, beautifully renovated. 2 bedrooms, partly furnished, fully equipped, all mod cons. Pets welcome. Call 309402269



**BEAUTIFUL CONVERTED** farmhouse with four bedrooms, three bathrooms air con/large pool/garden, 2 woodburning fires and separate annex suitable for office/playroom/bedroom with en suite bathroom. Situated in Benfarras, 5 mins Vilamoura International school/beaches/golf courses. 10 mins Almacil/Apolonia. Contact beccyalgarve@yahoo.com



**PEREIRO, ALCOUTIM**  
Totally refurbished traditional house, 2 Bed, Lounge/ Diner, Kitchen, Study, Bathroom, Patio, Corral & Store. E 99,995 (+351) 966016590 email info@eastalgarvehomes.com

## Property for Sale



Two Bedroom Townhouse - Praia da Luz €195,500  
[WWW.VILA5.COM](http://WWW.VILA5.COM)



VIEW THESE PAGES FREE  
[WWW.THEPORTUGALNEWS.COM](http://WWW.THEPORTUGALNEWS.COM)



**OLD HOUSE** Portimão centre. 663m2 with terrace Tel: 911790253



**LOVELY SEMI DETACHED 3** bedroom villa, 2 bathrooms, terraces on ground and first floor, fireplace, pre installation for central heating, garage, in quiet location in Portimão, covered area 180m. Will send more photos and information on request. Fantastic opportunity for only €235,000. Contact 961372026

## OFFERS

**IN ALMANCEL CENTRE**  
€100,000  
For a two bedroomed flat with 2 balconies, pantry, laundry & parking.

**WHEELCHAIR FRIENDLY**  
T2 under construction can choose finishings  
€145,000

**MORE LUXURIOUS**  
T3 with fireplace  
€165,000

If you want to see details of this and many more properties plus hundreds of photos, visit our page [www.johnhillproperties.com](http://www.johnhillproperties.com)

Contact John Hill Real Estate, Av. 5 de Outubro, No 20, 8135-101 Almacil. Tel.: 289 395 610 Fax: 289 397 212 Mobile: 917 238 517 Email: info@johnhillproperties.com AMI 576

## WELL LOCATED APARTMENT IN LAGOA

Top floor T3 on the outskirts of Lagoa, with views across the fields, while being a stone's throw from all facilities. Situated in a pretty, landscaped cul-de-sac, light and spacious lounge, 3 bedrooms, 2 bathrooms, kitchen and 2 balconies. Private Sale P.O.A. Call 933 308 800 or email: mail@infiniteinspire.com



[www.algarvepropertyfinder.org](http://www.algarvepropertyfinder.org)  
The site with many **APARTMENTS AND VILLAS** for sale

**PENELA, 3230-284**, one bedroom house, turn key, €37,500. Offers. Tel: 910554066

## Property Management

**GETAWAYS PROPERTY** Services Professional property management - 964 661 165. info@getaways.pt / [www.getaways.pt](http://www.getaways.pt)

[www.theportugalnews.com](http://www.theportugalnews.com)

## Property Agents



Property management, rental & maintenance in the Western Algarve.

Tel: 282 764 103  
Mob: 915 229 993  
[www.vilalia.com](http://www.vilalia.com)  
Office: Iberlagos, Bloco J, Loja 8, Lagos

## Property Services & Building

**NONPLUSULTRA Lda.**  
Property Management and Holiday Rentals in the Western Algarve. Professional and Reliable Service according to your needs. We are looking for Holiday Villas with Pool for our International Clients. Tel./Fax: 00351282764771 info@nonplusultra-lda.com [www.nonplusultra-lda.com](http://www.nonplusultra-lda.com)

**PURE CLEAN Window Cleaners.**  
Dirty windows you cannot reach? Problem solved - from ground floor up to 15mtrs. high, no scaffold or ladders used. Perfect results every time at an affordable price. Domestic & commercial. Call now for a free quotation Tel. 916591423 E-mail: pureclean.lagos@gmail.com

**LEAKING ROOF & terrace** problems solved. 20 years experience in Algarve. Call 913223402

**BUILDING WORKS**, all types and sizes carried out to a very high standard. 22 years experience in Algarve. Shoreland Properties Lda Tel. 913223402 or 282763000

**EXPERIENCED CLEANER** for thorough, detail jobs in luxurious property. Window and pressure cleaning. 925103402

**GERMAN TILER**, Painting & repairs. Contact telephone number 966 383 676 .

## Property Wanted

**ALL TYPES** of properties wanted across the Algarve for clients looking to purchase. Contact Touchelle 918864444 or email enquires@algarvevilla-marketing.com

[www.theportugalnews.com](http://www.theportugalnews.com)

## ARE YOU AN EX-SPEEDFRAME CLIENT?

No need to worry about maintenance and service. Experienced ex-Speed Frame technicians with wide knowledge of this product available. Frames need a brief and inexpensive six monthly maintenance check to keep them working smoothly. Speed Frame is no longer in business in Portugal, but we can perform most repair and maintenance tasks. We can obtain many original parts, if needed to replace a window or door, we can obtain units of a matching design.

Call us for quick and efficient service at reasonable prices  
969 410 952  
916 184 148

## Windows & Doors

MADE IN GERMANY  
5 YRS GUARANTEE  
FREE ESTIMATE  
FRIENDLY ADVICE  
MOST LANGUAGES

**Rudolf Stöhr**  
Tel. 283 925 007  
Telm. 933 836 999  
[r.stoehr@algarve.de](mailto:r.stoehr@algarve.de)

VIEW THESE PAGES FREE  
[WWW.THEPORTUGALNEWS.COM](http://WWW.THEPORTUGALNEWS.COM)

## Removals & Storage

**REMOVAL LORRY** Leaving UK for Portugal next few weeks. Space available both ways, inc cars. Nick 934491320 nickselling@hotmail.com

**MAN WITH VAN** Santarém Tomar Coimbra Area regular UK trips call Bill 914576584 249382335 billjude@hotmail.com

**LARGE VAN** going back to England November - December. Anything legal taken including cats & dogs. Mobile 966 187 812

**SK TRANSPORT** removals UK - Portugal - UK. Can transport pets. Large vans available. Quality service. Contact Kevin 00447764764317, [www.sktransportremovals.co.uk](http://www.sktransportremovals.co.uk)

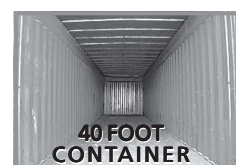
**Phoenix Transport.** UK/Portugal/UK. Local & international and Silver Coast. Door-to-door service. Removals & Storage. Also transport cats & dogs. 16 years Algarve. Call 966 187 812 or 967 225 357 or UK 0044 1482 213757 valalvor@yahoo.co.uk

## DLS COURIERS

Weekly service to and from England. Also local removals with full packing and storage. For a reliable helpful service.

Please phone  
919 873 075 / 289 399 946  
[david@discouriers.com](mailto:david@discouriers.com)

**2 MAN & VAN.** Light haulage. Cheap rates. INC. IKEA pick-ups. Tel. 925541182 davisstephen@hotmail.co.uk



**40 FOOT CONTAINER**  
UK - ALGARVE - UK  
Depots in Warrington (UK) and Loulé (Portugal)  
\*Delivery cycle every 3 weeks  
\*Local and National Collection/Delivery and removal service available  
\*Full Packaging service available  
\*Cars, Boats, Caravans, Mini Diggers welcome.  
\*Full Goods in Transit Insurance, no extra cost.  
\*Shipping - only €50 metre³  
Please ring  
Malcolm 910410410 (Portugal) or Michael 07966930554 (UK)  
[www.north-westcouriers.co.uk](http://www.north-westcouriers.co.uk)

## Retail

**DISCOUNT GAMESROOM**  
Equipment, pool, snooker, table tennis, foosball tables, 912264905, (Almacil), [www.fjnorth.net](http://www.fjnorth.net)

## Satellite

**TAVIRA SATELLITE TV** Services. BBC, ITV, 4, 5 etc. +Sky digital. New systems, upgrades and repairs (channels missing/ breaking up etc.) Experienced technician Tel. 964-721-714 [www.trevortronix.com](http://www.trevortronix.com)

## ELECTROSOL SISTEMAS PARABOLICAS

For all your satellite system needs plus much more  
Tel.: 282 357 843

## Services offered

**ENGLISH CARPENTER**, over 30yrs experience, all aspects of carpentry, full refurbishments to fitted kitchens, from Gazebos to complete roofs from off the peg to purpose made. call Ken probert for quotes 914400726

**3 TON MINI** digger and driver for hire, dumper truck available, all types of fencing supplied and fitted. Tel Neill 969417625, 282330640

**MAN WITH VAN**, local and international removals inc pets. House clearances. Hourly rates. Firewood delivered, any quantity Nick 9 3 4 4 9 1 3 2 0 nickselling@gmail.com

**ENGLISH - GERMAN** translations by qualified translator. Impress your German clients with a correctly translated website! Also small jobs like emails and menus. Email: translationsonline@hotmail.com

**ELECTRICAL PROBLEMS**, Single-/Three-Phase, will be solved fast and reliable. 24 hour service - 289991140 - 913034036

**FAMILY HISTORY.**  
A unique gift for any occasion. One line of your family researched back to early 1800s. For further details telephone 282 688283 or email: angie.sharp@sapo.pt

**ENGLISH PLUMBER** boilers pumps taps etc no call out charge 916767680

**MAN WITH LWB van**, Obidos Silver Coast. Collections, Deliveries, trips to Ikea etc. Local, Lisbon, Portugal, UK. Contact 913752867 milesphillips@sapo.pt

**GERMAN CARPENTER** experienced & reliable. Wooden roofs, terraces and carports. 966383676

**GENERAL HANDYMAN**  
All jobs considered  
Competitive prices  
Tel: 918 256 556

**John Will Fix It**  
Repairs Installations Painting Maintenance Flat Pack Furniture Assembly and much more...  
Tel: 282 442 279  
Mob: 932 731 709  
Email: jvergult@yahoo.com

## PAINTER & DECORATOR.

Clean, quick, reliable. Professional service at competitive price.

**INTERIOR & EXTERIOR**  
Tel: 914 245 464 (Port)  
914 122 898 (Eng)  
[freequotepainting@hotmail.com](mailto:freequotepainting@hotmail.com)



**PROPERTY MANAGEMENT COMPANY**

Carvoeiro based.  
Looking for more  
properties to manage.  
Full services supplied.  
Many years experience.  
Mob: 917 218 062



**ADD MORE CLOUT TO  
YOUR ADVERT BY  
ADDING A PICTURE**

Colour picture €15  
Black and white €10

**NEED  
FENCING?**

We do all types  
of fencing.  
Please call for  
FREE quotation  
932 868 804

Call our Hotline to  
place your advert  
**707 500 646**

**Travel****Park & Fly**

Park simply  
and safely

Call (+351) 914 929 901  
info@parkandflyfaro.com  
www.parkandflyfaro.com



**portugal News  
Travel Page**

Skyscanner  
Airline Links  
Travel news  
Live arrivals & Departures from  
Faro and 12 major airports  
www.theportugalnews.com

Add a photo to your  
advert for more  
impact:  
B & W, 4cm wide €10  
Colour, 4cm wide €15

**Vehicles**

**PEUGEOT 06 1.4 XT 2002**  
Blue metalli automatic  
Excellent condition Air  
cond/CD 5.000 Euros  
968222013 or  
289-393751

**FIAT STRADA**

Pick Up 1.90 diesel  
2001. Full service,  
with MOT.  
€3.500 o.n.o.  
Tel: 965 034 258



**RENAULT 4  
GTL 850 Euros,**  
tel: 934000333

**FRENCH PYRENEES**

Holiday accommodation  
in the village  
of Lasseube, near  
Oloron Ste Marie  
and Pau.

Super views  
and  
accommodation  
€50  
per couple  
per night  
B&B.  
Dinner  
by  
arrangement.

Write:  
M. and R. Ingram,  
Côte Blanche,  
64290 Lasseube, France. Phone: +33 559 042 548.

# November: Focus on Second-hand Furniture



Insert your  
furniture ad  
**FREE OF  
CHARGE**  
during the  
month of  
November

If you have any second hand furniture or soft furnishings to sell, or if you have a second hand furniture shop, you can place a free classified ad in The Portugal News in November.

Ads can only be placed by email and should not exceed 15 words. Pictures can be also be included, but only one free ad per advertiser may be submitted. Ads may only appear once.

email your ad to [classads@theportugalnews.com](mailto:classads@theportugalnews.com)

**Wanted**

**ENGLISH SPEAKING**  
Telemarketing assistants required. Must have telemarketing exp. Tel. 960249926 - John

**HELP US** with your unwanted baby clothes & equipment. Donations of packets of nappies or tins of formula, greatly received. We are need of your gifts of charity.  
Tel: 282 422 582

Every day 100 people start to lose their sight.  
Your support helps rebuild lives  
devastated by sight loss.

The Sunshine Fund for Blind Children (RNIB) need all your **NEW AND USED STAMPS**, which are sold to raise much-needed funds.

If you would like to help, post your stamps to:



**RNIB**

The Portugal News,  
Apartado 13, 8401-901,  
Lagoa. (and we will forward them on)

Tel.: +44 01268 565 646  
[terri@rnibstamps.org.uk](mailto:terri@rnibstamps.org.uk)  
[www.rnibstamps.org.uk](http://www.rnibstamps.org.uk)

**OR**

RNIB, 20 Bowers Rd,  
Benfleet, Essex, SS7  
5PZ, England.

## Classified Order Form

**COMPILE**

- ☐ Announcements
- ☐ Bureaucracy
- ☐ Bus. Opportunities
- ☐ Charities
- ☐ Education
- ☐ Entertainment
- ☐ For Sale Private
- ☐ Health and Beauty
- ☐ Heating and Cooling
- ☐ Home Improvements
- ☐ Jobs Offered
- ☐ Jobs Wanted
- ☐ Legal, Finance & Ins.
- ☐ Marine
- ☐ Miscellaneous
- ☐ Office, Media & Tech.
- ☐ Personal
- ☐ Pets
- ☐ Pools & Gardens
- ☐ Property Agents
- ☐ Property for Rent
- ☐ Property for Sale
- ☐ Property Services & Building
- ☐ Property Wanted
- ☐ Removals and Storage
- ☐ Retail
- ☐ Satellite
- ☐ Services Offered
- ☐ Travel
- ☐ Vehicles
- ☐ Wanted

**CALCULATE**

- ☐ Per word €0.50 ..... € .....
- ☐ Boxed ad €4 extra ..... € .....
- ☐ Boxed ad (red line) €6 extra ..... € .....
- ☐ Box number €4 extra ..... € .....
- ☐ Photo 4cm wide €10 extra ..... € .....
- ☐ Photo 4cm wide Colour €15 extra ... € .....

**Subtotal** ..... € .....  
x N° of Editions .....

**TOTAL** ..... € .....

All prices include VAT

**CONDITIONS**

Ads must reach us by 11am on **Tuesdays**. Prices shown are for copy to be set to our type specifications. Minimum of ten words per advert. Phone numbers and post codes count as one word. We reserve the right, without giving reasons, to decline any advertisement. In the case of an advertisement being repeated, the advertiser undertakes to advise **The Portugal News** of any error immediately after the first insertion.

**PAY**

- ☐ I enclose payment in the sum of €.....
- ☐ by cheque payable to ANGLOPRESS
- ☐ in cash
- ☐ Please debit my VISA credit card account:

N°

CREDIT CARDS ONLY  
Plus the security digits (the last 3 digits on the reverse of your card)

Expiry Date

Name

Address

Tel  Fax

**PLACE**

**By Post:** Apt 13 • 8401-901 Lagoa  
**By Fax:** 282 341 201  
**By Phone:** 707 500 646  
**By email:** [classads@theportugalnews.com](mailto:classads@theportugalnews.com)

**NEW !! Place your classified online - and save 10%**  
You can now place your classified adverts **DIRECT ONLINE** at  
[www.theportugalnews.com/ads/](http://www.theportugalnews.com/ads/)  
You will be able to choose from simple lineage ads, boxed ads, photo ads, and preview your classified before placing it. And it really IS simple!



# Lowly Naval hold Olhanense

Christopher Wright

Olhanense travelled to Figueira da Foz in the hope of picking up three valuable away points at bottom club Naval. But the Algarve side were in for an early surprise as Naval took the lead in the fourth minute when keeper Moretto could not hold on to a stinging cross shot and Bolivia was on hand to slot the ball home.

Olhanense were without centre-back Mauricio, suspended after accumulating five yellow cards, and Nuno Piloto still recovering from injury. Mexer came into the back four while Yontcha led the line up-front. Olhanense's wide men, Paulo Sérgio and Jorge Gonçalves, made

little impact early on against a Naval side fighting for every ball. As the first half progressed the visitors took more control of the game and looked capable of getting an equaliser. Within six minutes of the restart the scores were level.

Vinicius surged forward from

midfield and his cross was headed home by Cadu for his first goal of the season. Both sides looked for the winner and Moretto saved well from Naval's Fabio Junior Bolivia.

Olhanense brought on three forwards - Djalmir, Toy and Lulinha - but were unable to score

the decisive goal. A fair result with Olhanense struggling to rediscover their early season form that took them into the top three. With some surprise results over the weekend this 1-1 draw keeps Olhanense in mid table where three points separate seven teams. FC Porto's emphatic 5-0 win over Benfica leaves them ten points clear at the top while Sporting were surprisingly beaten at home by V. Guimarães.

With 70,000 fans watching these top two games, the remaining six games in the Premier Liga attracted a meagre 20,000 in total with only 1,063 turning up to watch the Algarve's other premier team Portimonense draw 2-2 with Académica at the Algarve Stadium.

Olhanense entertain last season's 2nd Division Champions Beira-Mar at the José Arcanjo Stadium, Olhão on Sunday kick-off 4.00pm. Beira-Mar had a great 3-2 win at Sp.Braga last weekend and have an identical record to Olhanense so there is all to play for.

Madeira side Nacional, riding high in 3rd place in the league, are the visitors for the 4th round of the Portugal Cup on Sunday, 21 November kick-off 4.00pm



Machado and Jardel challenge for the ball.



Cadu - scorer of the equaliser.

## SUPERLEAGUE FIXTURES WEEK 11

MATCH	DATE	TIME	TV
Nacional-Marítimo	Friday	20h15	SportTV
Guimarães-Braga	Saturday	19h15	SportTV
Académica-Sporting	Saturday	21h15	SportTV
Rio Ave-P. Ferreira	Sunday	16h00	
Leiria-Setúbal	Sunday	16h00	
Olhanense-Beira-Mar	Sunday	18h00	
FC Porto-Portimonense	Sunday	20h15	SportTV
Benfica-Naval	Monday	18h15	TVI

## The Algarve Freight Centre



[www.algarvefreight.com](http://www.algarvefreight.com)

Weekly transport & removal service UK - Algarve - UK

UK Tel: +44 (0)1268 523029 • Portugal Tel: +351 289396154

✓ removals

✓ storage

✓ freight

All major credit cards accepted



### Removals

- Weekly service UK-Portugal-UK
- Full packing service available
- Competitive rates, 1 box to full load
- Local & Europe wide service

### Storage

- Storage centre in the UK & the Algarve
- Safe, secure and fully alarmed Centres
- Free storage for limited periods when using our removal or freight service

### Freight

- Own fleet of modern vehicles
- Curtainsiders-Box trailers- reefers
- Tail-lifts -sliding roof- chilled/frozen loads

### Online Shopping Delivery Service

With Algarve Freight online shopping delivery to the Algarve couldn't be easier.

### Online Retailers



Plus many more...

visit [www.algarvefreight.com](http://www.algarvefreight.com)

email: [info@algarvefreight.com](mailto:info@algarvefreight.com)



# Tame Benfica thrashed by brilliant FC Porto

 **Brendan de Beer**


FC Porto players Hulk (L) and Varella celebrate after scoring a goal against Benfica during the First League football match at the Dragão Stadium, in Oporto on 7 November. (Photo: Lusa / José Coelho)

Defending Portuguese champions looked anything like the country's best football team over the weekend as they were systematically taken apart by bitter rivals FC Porto in a 5-0 drubbing. FC Porto are now ten points clear at the summit of the Portuguese Liga table and look a sure bet to wrestle back from Benfica the silverware they conquered with such ease last season.

FC Porto were quick this week to quash talk that the title is already won. But a quick look at the 2009/10 league table shows that Benfica lost fewer points for the duration of last season than they have during the first ten matches of this season. Despite this poor showing, the Lisbon club has somehow managed to secure enough points to currently stand joint second with Vitória Guimarães, but ten points adrift of the leaders.

The manner in which FC Porto demolished Benfica last Sunday evening would suggest the two clubs should be playing in different leagues.

While FC Porto have more than compensated losing star players Raul Mereiles (Liverpool) and Bruno Alves (Zenit St. Petersburg), Benfica have looked

a completely different team without Angel Di Maria (Real Madrid), despite having kept their star-studded defence together.

But the defence, which includes David Luiz, Fabio Coentrão, Luisão and Maxi Pereira, and who were all linked with English Premiership clubs in the off-season, has remained unchanged and yet are struggling to emulate last season's form.

A number of leading Benfica supporters publicly called for the sacking of manager Jorge Jesus, but he was given the support of the president and looks safe in his job for now.

After the 5-0 thrashing, the manager accepted defeat but rued

some ill-fortune, saying Benfica reaped no reward from their five shots on goal in the first half, while FC Porto scored three times from their four chances.

The next few weeks, including the club's performances in the remaining Champions League matches will be telling. FC Porto will look to continue their form this Sunday when they host the Algarve's Portimonense, while Benfica will be looking to exorcise the demons that linger from their visit to Oporto when they host bottom-club Naval in a fixture where anything but a win might see a change at who is running the club for their next league encounter at Beira-Mar on November 28.

**lojadobras**  
mediação de obras  
**ALL WORKS IN ONE STORE**

**WILL OPEN IN  
PORTIMÃO,**

**20TH NOVEMBER**

Rua Francisco Alvo, lote 16, Loja 8  
Edifício Solar da Horta - Horta de S. Pedro  
8500-579 Portimão

Telephone: 304 500 422 | Fax: 304 500 432

[www.lojadobras.com](http://www.lojadobras.com) | [info@lojadobras.com](mailto:info@lojadobras.com) | [portimao@lojadobras.com](mailto:portimao@lojadobras.com)

**707456272**

We invite you for a

# 9 & Dine experience!



Embrace a memorable round of golf at one of the most original golf courses in the region. Built in a pinewood setting with tree lined fairways running parallel along the Atlantic Ocean, the Pine Cliffs Golf Course offers breathtaking views along the Algarvian coastline together with a true test of golfing precision.

Tea off now with our 9 & dine offer and benefit from 1 round of golf on Pine Cliffs Golf Course, followed by lunch at the relaxing Clubhouse with a selection of pastas, fresh salads or our delicious sandwiches. €62 per person (excluding beverages).

For further information and bookings, please contact 289 500 113 or e mail [golf.algarve@luxurycollection.com](mailto:golf.algarve@luxurycollection.com).

Pine Cliffs Golf & Country Club  
Praia da Falésia, PO BOX 644, 8200 - 909 Albufeira. Tel: +351 289 500 113. Fax: +351 289 500 117  
[golf.algarve@luxurycollection.com](mailto:golf.algarve@luxurycollection.com) | [luxurycollection.com/golftalgarve](http://luxurycollection.com/golftalgarve)



**All properties on web site**

**Carvoeiro: 282 354 165**

**Silves: 282 441 237**

**Lagoa/Poço Partido:**

**282 352 100**

**AMI 6105**  
**[www.algarve-palm.com](http://www.algarve-palm.com)**